



# Read this before you have your COVID-19 vaccine

**Information you need to know**



This document was written by **Public Health Wales**. It is an easy read version of '**COVID-19 pre-vaccine checklist**'.



**Mae Brechu yn achub bywydau**  
**Vaccination saves lives**

**January 2021**

# How to use this document



This is an easy read version. The words and their meaning are easy to read and understand. But you may need support to read and understand this document.



Words in **bold blue writing** may be hard to understand. They have been explained in a box below the word. If the hard word is used again it is in **normal blue writing**.



**For more information contact:**

**Website:**

[111.wales.nhs.uk/coronavirus\(2019ncov\)](http://111.wales.nhs.uk/coronavirus(2019ncov))



**Phone: 111** or **0845 46 47** if 111 is not available in your area

Calls to NHS 111 Wales are **free** from landlines and mobiles. Calls to 0845 46 47 cost 2p per minute on top of what your phone provider charges.



Hawdd ei Ddeall Cymru  
Easy Read Wales

This document was made into easy read by **Easy Read Wales** using **Photosymbols**.

# Please read this carefully before you have your COVID-19 vaccine



**COVID-19** is an illness caused by a virus called **Coronavirus**.

**COVID-19** is a new illness. It is the reason we have had to stay home and wear masks.

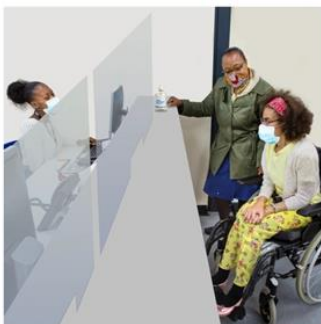


A **vaccine** is a medicine that helps keep you safe from catching an illness.

## Do you have any of these?

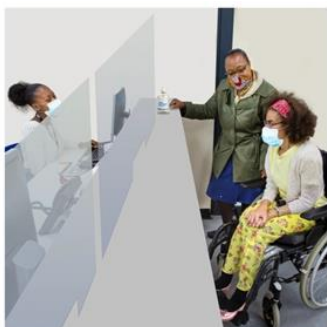


- A new cough that will not stop
- A very high temperature. This is called a fever
- You are not be able to taste or smell things



If you have any of these, go to reception straight away. They will tell you what to do.

## Are you waiting for the result of a COVID-19 test?



If you are waiting for the result of a test for **COVID-19**, go to reception straight away. They will tell you what to do.

## Can you answer yes to any of these questions?



- Do you feel ill today?
- Have you had a cough, high temperature or no taste or smell in the last 4 weeks?
- Have you had a test for **COVID-19** that said you had **COVID-19** in the last 28 days?
- Did you have **COVID-19** more than 28 days ago but you are still feeling very tired or ill?
- Are you **allergic** to anything? For example, some people start, itching or have difficulty breathing if they eat something they are allergic to.
- Are you allergic to **polyethylene glycol (PEG)**? This is an ingredient in some foods, cosmetics and medicines.



- Have you ever taken a medicine, food or **vaccine** that made you so ill you had to see a doctor or go to hospital?



- Do you have a medical condition that makes it easier for you to catch other illnesses?

- Have you had any other **vaccine** in the last 7 days?



- Did you have bumpy itchy skin rash after your first **Covid-19 vaccine**?

- Do you bleed a lot if you get a cut? Or do you take any medicines that thin your blood?



- Do you take any medicines that make it easier for you to catch other illnesses?

- Are you pregnant?



- Could you be pregnant?

- Are you breastfeeding?

- Do you work in health or social care?

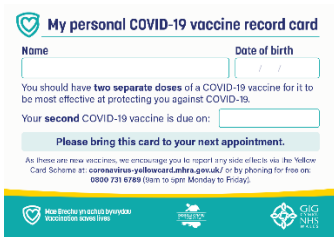




If you have answered **yes** to any of these questions, you **must** tell the nurse when you go to have your **COVID-19 vaccine** injection.



If you do not understand anything in this leaflet, ask the nurse when you go to have your **COVID-19 vaccine** injection.



When you have had your **COVID-19 vaccine** you will be given a **Vaccine Card**.



A **Vaccine Card** is a card that shows what **vaccine** you have had, when you had it, and when you need your second injection.



Keep your **Vaccine Card** safe and bring it with you when you have your second injection.





Before you leave today, make sure you know where and when you will have your second injection.

After you have had the [COVID-19 vaccine](#) you **must** still follow the rules to keep everyone safe:



- Stay 2 metres away from people you do not live with
- Wear a face mask
- Wash your hands well and often
- Follow the rules about meeting other people in your area

## More information

You can find out more about the **vaccine** on the NHS 111 Wales website:

[111.wales.nhs.uk/coronavirus\(2019ncov\)](https://111.wales.nhs.uk/coronavirus(2019ncov))

and

[www.gov.uk/government/collections/mhra-guidance-on-coronavirus-covid-19](https://www.gov.uk/government/collections/mhra-guidance-on-coronavirus-covid-19)



If you have any **side effects** after having the **COVID-19 vaccine**, please go to the website and fill in the form:

[coronavirus-yellowcard.mhra.gov.uk](https://coronavirus-yellowcard.mhra.gov.uk)



**Side effects** are when you take a medicine or have a **vaccine** and it makes you feel ill. **Side effects** do not happen to everyone and usually do not last long.

Find out how the NHS uses information about you on the NHS 111 Wales website:

[111.wales.nhs.uk/lifestylewellbeing/yourinfoyourrights](https://111.wales.nhs.uk/lifestylewellbeing/yourinfoyourrights)



Get more copies of this leaflet from the Public Health Wales website:

[phw.nhs.wales/services-and-teams/health-information-resources](https://phw.nhs.wales/services-and-teams/health-information-resources)

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