



Mae Brechu yn achub bywydau
Vaccination saves lives

Shingles vaccine for the immunocompromised

Up until now, it has not been possible for people with a very weakened immune system to have a shingles vaccine, as the one used in the UK (called Zostavax[®]) is a live vaccine, so is not suitable for this group.

From 1st September 2021, there is a non-live shingles vaccine available. It is called Shingrix[®] and is suitable for people who have a very weakened immune system.

This means that people who are eligible for a shingles vaccine due to their age, but whose immune system is very weak, may now have this vaccine to help protect them.

This vaccine is available from your GP surgery if you are eligible.

Find out more about **Shingrix[®]** at: www.medicines.org.uk/emc/



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Brechiad yr eryr ar gyfer y rhai ag imiwnedd gwan

Tan nawr, nid yw wedi bod yn bosibl i bobl â system imiwnedd wan iawn gael brechiad yr eryr, gan fod yr un a ddefnyddir yn y DU (o'r enw Zostavax[®]) yn frechiad byw, felly nid yw'n addas ar gyfer y grŵp hwn.

O 1af Medi 2021 ymlaen, mae brechiad eryr nad yw'n fyw ar gael. Ei enw yw Shingrix[®] ac mae'n addas ar gyfer pobl sydd â system imiwnedd wan iawn.

Mae hyn yn golygu y gall pobl sy'n gymwys i gael brechiad yr eryr oherwydd eu hoedran, ond y mae eu system imiwnedd yn wan iawn, gael y brechiad hwn bellach i helpu i'w hamddiffyn.

Mae'r brechiad hwn ar gael o'ch meddygfa os ydych chi'n gymwys.

Mwy o wybodaeth am **Shingrix[®]** yn: www.medicines.org.uk/emc/