Bowel screening test kit instructions You will need...

Test kit (enclosed)

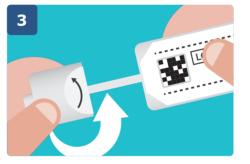
Something to catch your poo, such as an old, clean container

or toilet paper.

Very important Write the date you take the sample on the test kit or we may not be able to test it. 1) LOT 02/02/19 Date of sample



Put a container or toilet paper into the toilet to catch your poo.

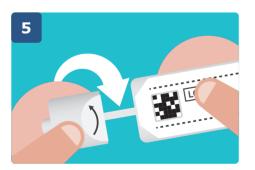


Unscrew the lid of the tube to remove the stick.



Pen

Dip the end of the stick into your poo sample. Only fill the two small grooves at the end of the stick (as shown above).



Place the stick back in the tube. Close the tube by screwing the lid back on.



Remember to wash your hands.



Post your completed test kit straight away using the purple prepaid envelope. (You do not need a stamp.)

Sgrinio Coluddion Cymru Wales



YMRU YMRU VHS VALES Wales

0800 294 3370 | www.phw.nhs.wales/bowel-screening We welcome phone calls in Welsh.



