

Case Study

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What did you hope to learn from your placement at Public Health Wales?

I wanted to learn more about the role of Public Health Wales and its projects.

What did you find most interesting?

Finding out about projects I had not previously known about and observing how these are initiated and maintained through collaboration between people with different job roles and from different organisations e.g. creating a dementia friendly walking route required PHW and NRW input & I saw how PHW liaise with midwives and dieticians for Foodwise in Pregnancy.

Has your placement influenced your choice of career in any way?

It has reinforced my interest in public health and my desire to work in this field.

Any other comments?

I had a brilliant week that has really helped my understanding of public health Wales and reinforced what I've learnt on the Public Health Masters that I'm studying at Cardiff Met. I found the placement very interesting and varied and the team made me feel very welcome.