

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Week 62 (7th to 13th June 2021)

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey interviews approximately **600 randomly selected individuals** every other week. The survey includes a set of routine questions asked each survey week, with other questions changing depending on emerging issues. Survey data are adjusted to represent the Welsh population by age, sex and deprivation*.

We thank the people of Wales for giving us their valuable time to support this work.



600 Welsh residents aged 18 years and over were interviewed in week 62 of the survey (7th to 13th June 2021).

42%

of people said they were not at all worried about catching coronavirus, up from 30% in week 58*.

43%

of people said they understood the restrictions in place in Wales to reduce the spread of coronavirus ‘very well’; a decrease from 51% in week 58*.

50%

of people disagreed with the statement “I think most people are following social distancing guidance”.

35%

of people said they had come into close contact with more than 10 people from outside their household in the last seven days (meaning within one metre).

35%

of people said they had been out to eat at a café, pub or restaurant in the last seven days.

15%

of people said they had been worrying ‘a lot’ about their mental health and wellbeing in the last 7 days; down from 20% in week 58*.

Do you think you have or have had coronavirus?

Yes	16%
Don't know	4%

Have you been tested for coronavirus or had an antibodies test?

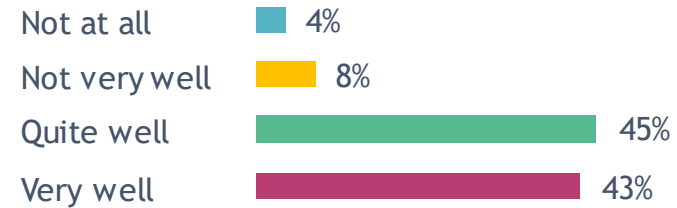
Had a coronavirus test	53%
Had an antibodies test	10%

How worried are you that you could get coronavirus?

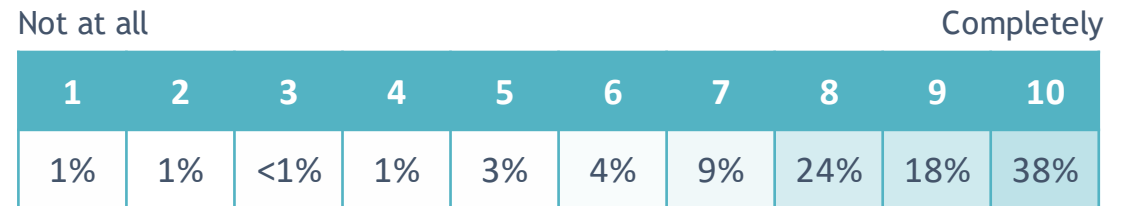
Not at all	42%
A little	31%
Moderately	21%
Very	7%

Knowledge and compliance with restrictions

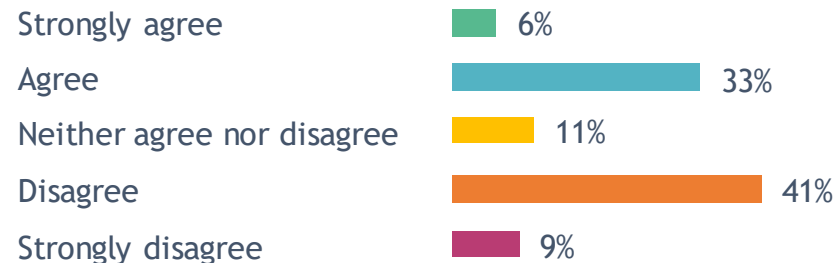
How well do you feel you understand the current restrictions in place in Wales to reduce the spread of coronavirus?



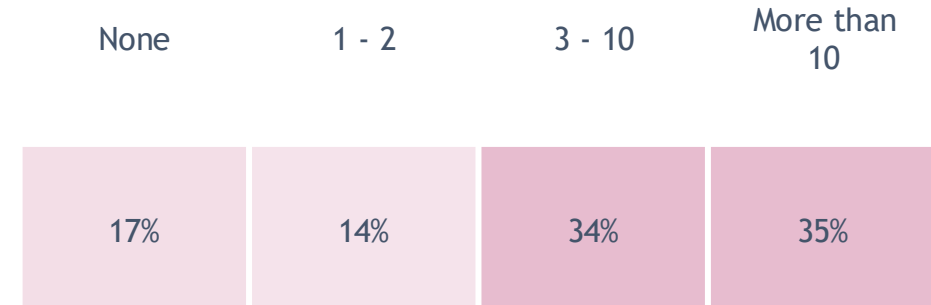
On a scale of 1 to 10 where 1 is *not at all* and 10 is *completely*, how much would you say you are following the restrictions?



I think most people are following social distancing guidelines



Apart from the people in your own household or a permitted support bubble*, in the last 7 days, how many other people have you come into close contact with, meaning within one metre?



Apart from the people in your own household or a permitted support bubble*, in the last 7 days, how many people have come into your house?



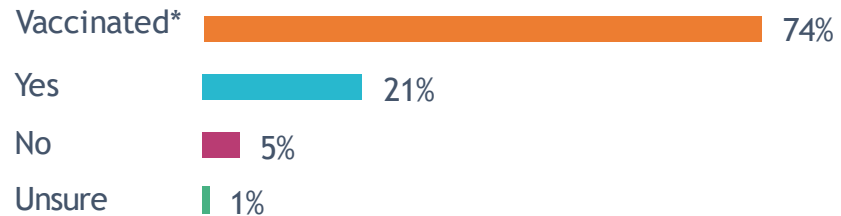
In the last 7 days, how many other people's houses have you been into - not including that of a permitted support bubble*?



*Now extended household.

If you were offered a coronavirus vaccination...

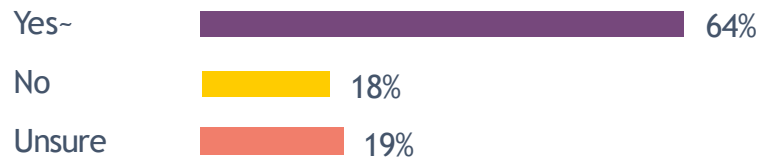
Would you personally want to be vaccinated?



*Already received a coronavirus vaccination.

*For those with children in the household**:*

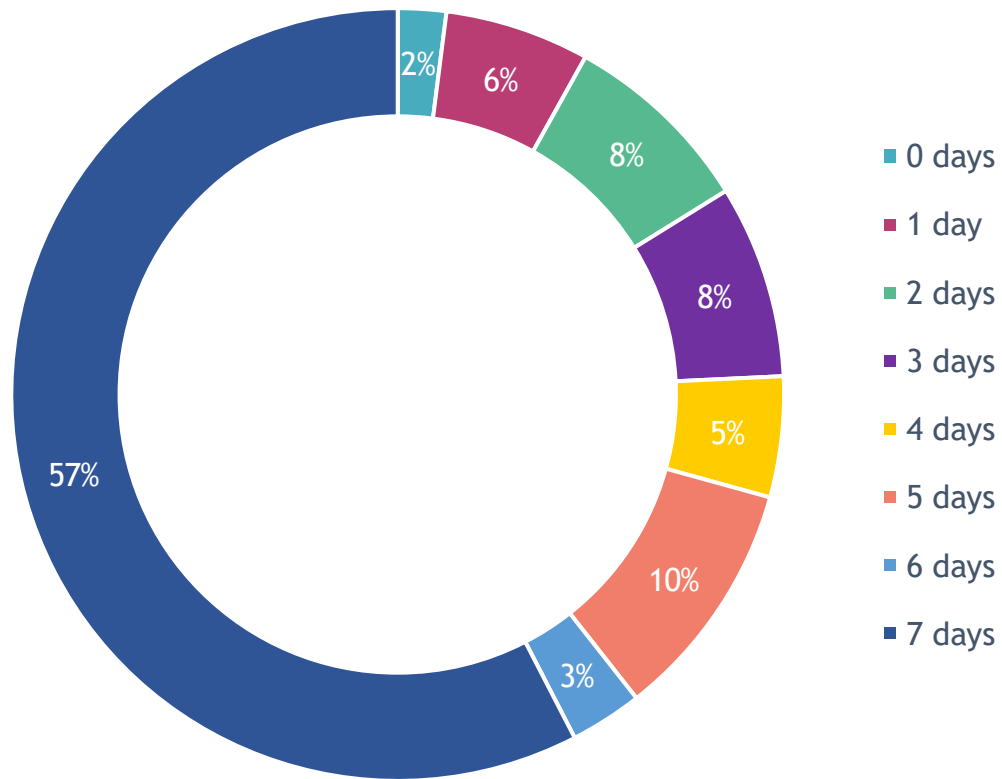
Would you want your children to be vaccinated?



**Unweighted data; limited to those with children living in the household; excluding those responding 'not applicable'.

~Includes those already vaccinated.

In the past 7 days, on how many days have you left your home or garden?



In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	52%	8%	6%	33%
...to shop	17%	55%	16%	12%
...to exercise	35%	19%	12%	34%
...to meet family/friends	40%	41%	12%	7%
...to eat at a café, pub or restaurant	65%	29%	4%	1%

How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 10%



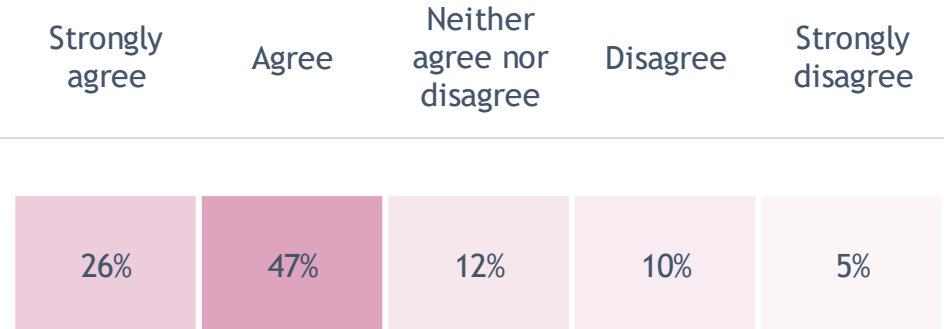
About right 77%



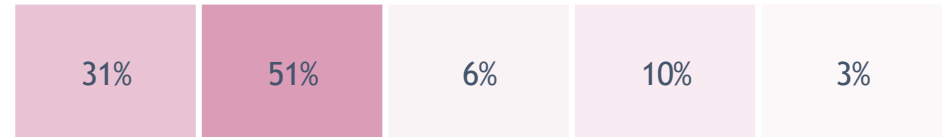
Too much 12%



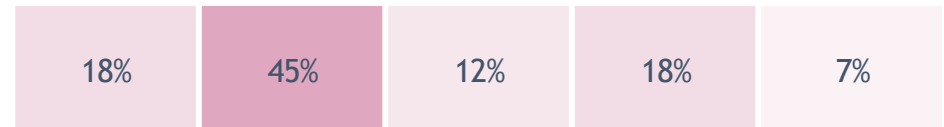
I think that **Welsh Government** is responding to the problems caused by coronavirus well



I am confident that the **NHS** would be able to adequately care for me if I became seriously ill with coronavirus



I trust the **police** to use their powers to restrict people's movement sensibly



What are we worried about?

Over the past week, how much have the following been worrying you?

	Not at all	A little	A lot
Losing someone you love to the virus	50%	29%	21%
The wellbeing of your children*#~	27%	38%	35%
Your children's education*#~	35%	24%	41%
Losing your job or not being able to find one#~	73%	16%	11%
Your finances	68%	20%	13%
Going out in public places#	48%	38%	14%
The impacts of Brexit	67%	21%	12%

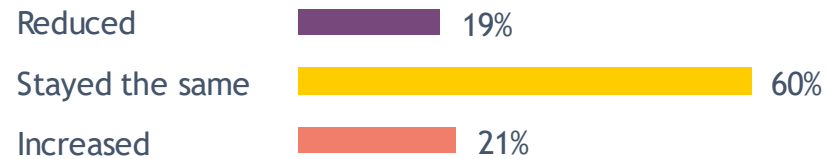
*Limited to those with children in the household; #Excludes those responding 'not applicable'; ~Unweighted data.

Compared to this time a year ago, before the coronavirus situation, would you say the following are...

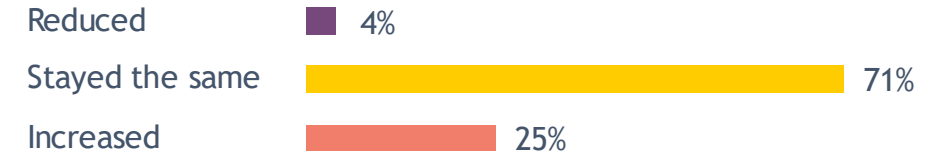
	Much better	A bit better	The same	A bit worse	Much worse
Your physical health	6%	8%	53%	21%	12%
Your physical fitness	8%	11%	45%	23%	13%
Your mental health	3%	4%	60%	21%	13%
Your dental health	2%	3%	67%	21%	8%
Your family relationships	6%	8%	73%	9%	4%
Your social relationships	2%	4%	43%	34%	17%
Your financial situation	7%	13%	64%	10%	6%
Your employment or work prospects	7%	6%	78%	4%	6%

Compared to this time a year ago, before the coronavirus situation, would you say the following have reduced, stayed the same or increased?

Your alcohol consumption



Your concerns about climate change



Your weight



Of this list of potential policy areas, which do you think should be the first, second and third priorities for 2021?

	1 st priority	2 nd priority	3 rd priority	Included in top three priorities
NHS waiting lists	32%	25%	14%	70%
Coronavirus	33%	13%	10%	57%
Education	16%	20%	19%	55%
Mental health	7%	17%	20%	44%
Climate change	6%	11%	15%	32%
Unemployment	4%	9%	15%	28%
Brexit	2%	6%	7%	14%

How healthy do you feel today?

0 = Very unhealthy

10 = Very healthy

0-3

4-6

7-10

10%

33%

58%

How happy do you feel today?

0 = Not at all happy

10 = Completely happy

0-3

4-6

7-10

6%

29%

66%

How anxious do you feel today?

0 = Not at all anxious

10 = Completely anxious

0-3

4-6

7-10

56%

23%

21%

On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?

0 days

1-4 days

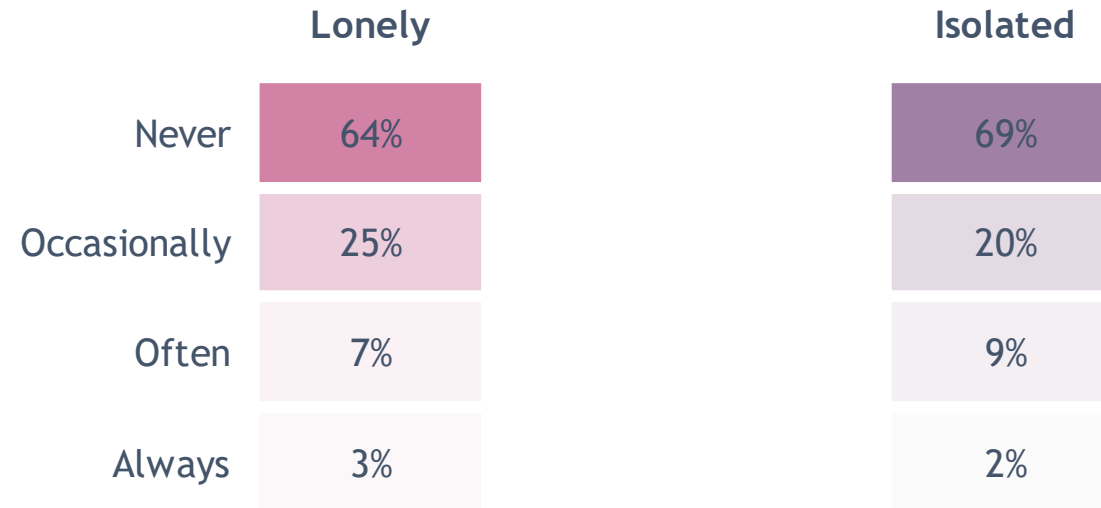
5+ days

21%

44%

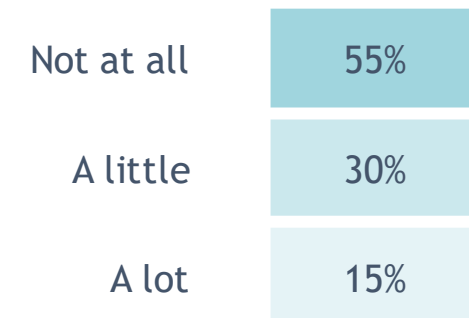
35%

In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?

Your mental health and wellbeing



Published 18th June 2021

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World Health Organization
Collaborating Centre
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Health and Well-being

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Phwwhocc

How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing



Email

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phw.nhs.wales

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