Coronavirus
Isolate your household
Stay at home

If you or anyone in your household has a high temperature or a new and continuous cough – even if it’s mild

- Everyone in your household must stay at home for 14 days and keep away from others.
- **DO NOT** go to the GP, pharmacy, or hospital.
- Go to [nhsdirect.wales.nhs.uk](http://nhsdirect.wales.nhs.uk) to check your symptoms and follow the specialist medical advice. Only call NHS 111 if your symptoms worsen.
- **Protect** older people and those with existing health conditions by avoiding contact.

Find out how to isolate at home at [phw.nhs.wales/coronavirus](http://phw.nhs.wales/coronavirus)