If you have a cough, or fever, or shortness of breath and have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau
- Vietnam
- Cambodia
- Laos
- Myanmar
- Northern Italy (north of Pisa)

Stay indoors and call NHS Direct Wales on 0845 4647 or 111 Wales, if available in your area.

If you have returned from these specific areas:

- Iran
- Specified towns in the Lombardy and Veneto regions in Northern Italy
- Daegu or Cheongdo in South Korea
- Hubei province (returned in the past 14 days)

Make your way to your residence. Stay indoors and call NHS Direct Wales on 0845 4647 or 111 Wales, if available in your area, even if you do not have symptoms.

Visit phw.nhs.wales/coronavirus/ for more information.