



Mae Brechu yn achub bywydau
Vaccination saves lives



Royal College
of Midwives



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Maternal vaccines

Why vaccinate?

Vaccinations save lives and help protect mothers and their babies from some serious diseases.

Vaccinating during pregnancy provides essential immunity to the baby in the first few weeks of life before their routine vaccinations.

All maternal vaccines are safe to give in pregnancy and have been rigorously tested by the Medicines and Healthcare products Regulatory Agency (MHRA).

What is my role as a midwife in vaccination?

Midwives are a key source of **trusted information** and play a vital role in **promoting public health** for pregnant women, their babies and families.

You can provide **trusted and evidence-based information** that supports women to make informed decisions about vaccination during pregnancy.



What vaccines are given in pregnancy?

The following vaccines are recommended in each pregnancy:

Pertussis (whooping cough)	At 16 - 32 weeks
Respiratory syncytial virus (RSV)	At 28 - 36 weeks
Flu	At any stage of pregnancy during the autumn and winter months

It is important that vaccines are given at the recommended times. If vaccines are delayed, they can be given later in pregnancy but may offer less protection to the baby. You should support women to catch up on any missed doses as soon as possible.

What information is available for pregnant women?



Scan me for more information about vaccinations in pregnancy



Scan me to read the How to protect you and your baby booklet

What information is available for midwives?

- **Vaccinations in pregnancy - Information for health and social care professionals at** <https://phw.nhs.wales/vaccinations-in-pregnancy-professionals/>
- **Vaccine resources and training for healthcare professionals at** <https://phw.nhs.wales/vaccines-professionals>
- **Immunisation eLearning at** <https://phw.nhs.wales/topics/immunisation-and-vaccines/immunisation-elearning/>
- **Make Every Contact Count to support discussions on healthy behaviours at** <https://phw.nhs.wales/services-and-teams/making-every-contact-count/> (external site)
- **Royal College of Midwives at** <https://rcm.org.uk/> (external site)