



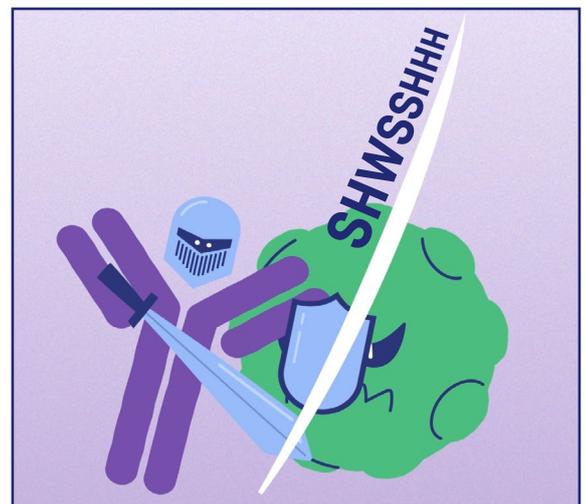
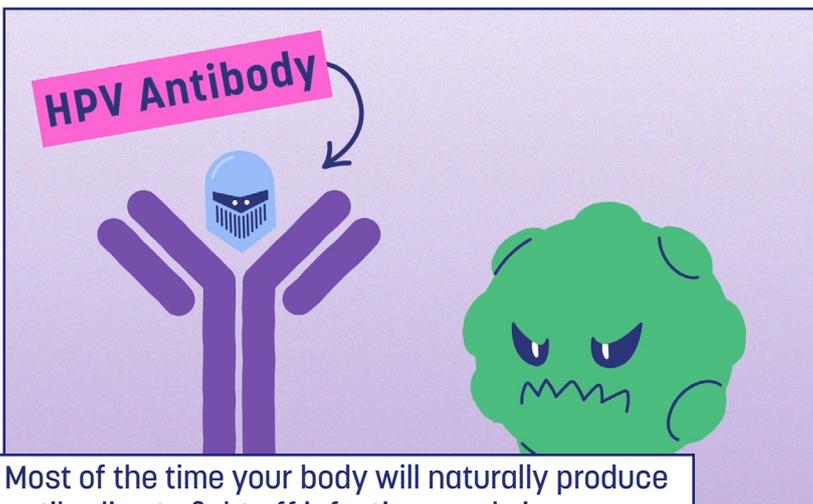
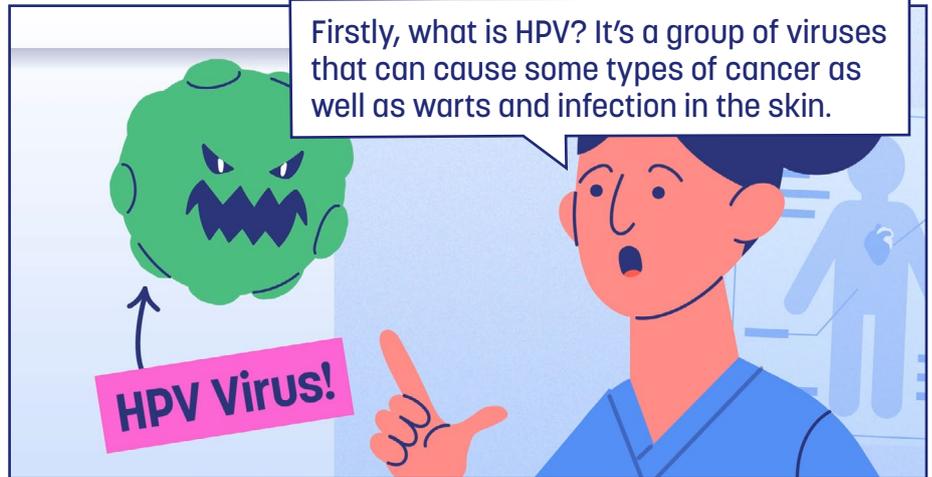
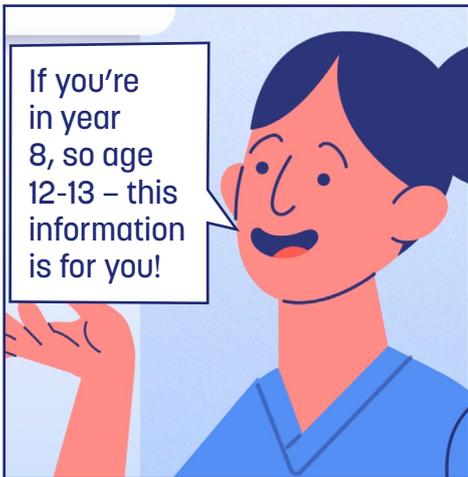
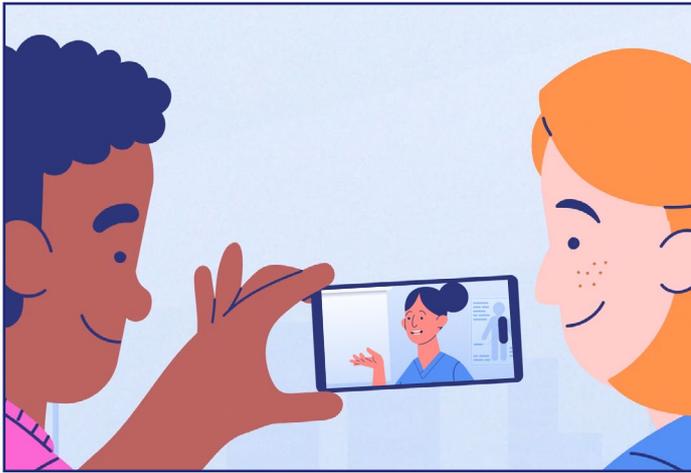
Mae Brechu yn achub bywydau  
Vaccination saves lives

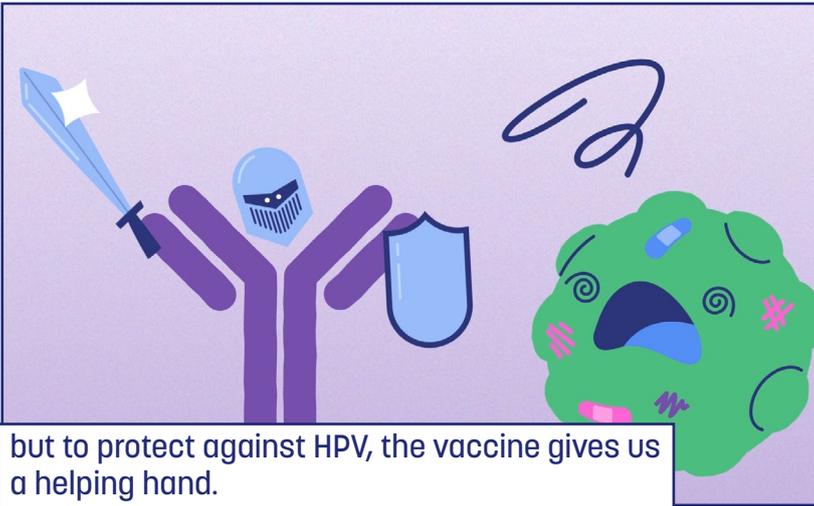


GIG  
CYMRU  
NHS  
WALES

YOUR HEALTH  
YOUR **FUTURE**  
DY IECHYD  
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# What is the HPV vaccine?

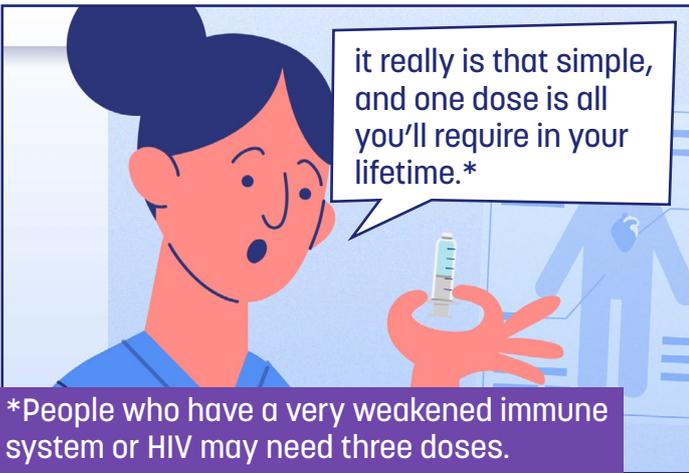




but to protect against HPV, the vaccine gives us a helping hand.



This clever solution teaches your body how to protect itself against HPV,

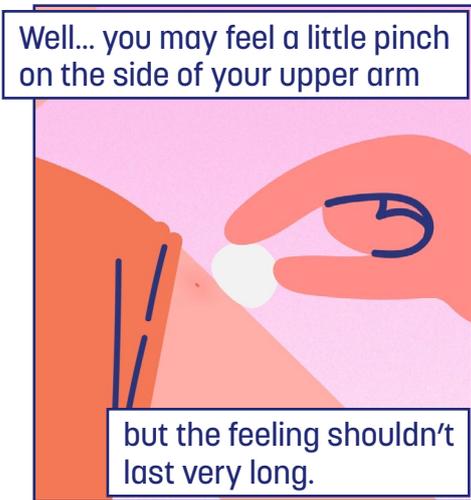


it really is that simple, and one dose is all you'll require in your lifetime.\*

\*People who have a very weakened immune system or HIV may need three doses.



So, I'm sure you're wondering, does the HPV vaccine hurt?



Well... you may feel a little pinch on the side of your upper arm

but the feeling shouldn't last very long.



If you are worried at all, the Nurse will understand and can offer some reassurance.

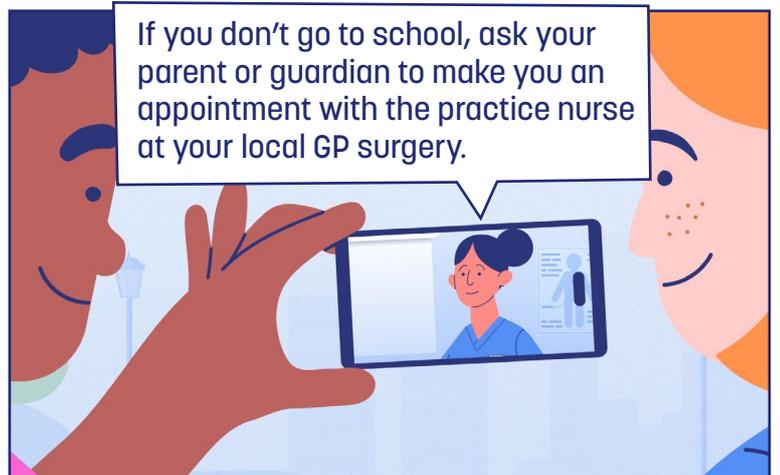
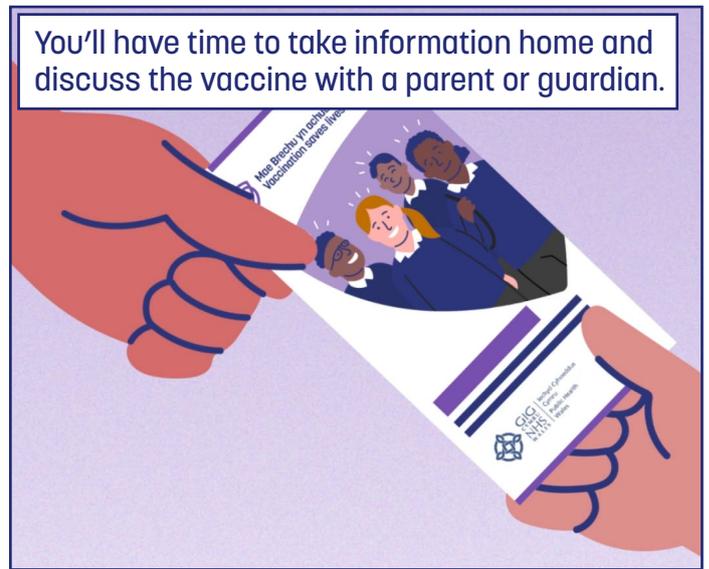


As it's something new for your body to get used to,

sometimes the HPV vaccine can cause a sore head or an achey arm where you had the vaccine,



but this usually goes away quickly.



**Why not share what you've learned about HPV with your parents or guardians by showing them this or they can head to the Public Health Wales website.**

**Join over 280 million people worldwide who have had their HPV vaccination – Talk to your parent or guardian about protecting your future health today**  
[phw.nhs.wales/hpvvaccine](http://phw.nhs.wales/hpvvaccine)

