Mae Brechu yn achub bywydau
Vaccination saves lives

GIG CYMRU NHS WALES | Iechyd Cyhoeddus Cymru Public Health Wales

NHS Wales RSV Vaccination programme for older adults

Visual aid for Healthcare Professionals

This information is for health professionals delivering the NHS RSV vaccination programme for older adults across Wales

Background

On 1 September 2024, NHS Wales introduced a routine RSV vaccination programme for **older adults**. The RSV programme is based on JCVI advice[1]. From **1 April 2026**, eligibility expanded based on updated JCVI advice[2].

Which RSV vaccine is available?

- Abrysvo®

How to order Abrysvo®

- Abrysvo® can be ordered from **ImmForm.**
- Remember to use the appropriate supply when ordering for **older adults.**

Who should be offered the RSV vaccine and when?

- Adults turning 75 years of age (within 12 weeks of their birthday).
- Adults aged 75 years and over (as part of an extended catch-up programme).
- All residents of care homes for older adults, regardless of age.

Review the individual's vaccination record and offer any outstanding vaccines. Where appropriate, consider co-administering the RSV vaccine with other vaccines that the individual may be eligible for, including COVID-19, shingles and pneumococcal vaccines.

RSV vaccine co-administration

Vaccines commonly administered to older adults	Can they be administered together?	
Abrysvo® and Shingrix®	✔	
Abrysvo® and Pneumovax 23®	✔	
Abrysvo® and COVID-19 vaccine	✔	
Abrysvo® and Influenza vaccine	✔ * (don't routinely schedule)	*Ideally, Abrysvo® should not be co-administered with the flu vaccine in older adults

* Giving Abrysvo® with the seasonal influenza vaccine may reduce the immune response to both the RSV and influenza (H3N2) components. This could potentially lower protection against severe respiratory disease in older adults. However, if the individual is unlikely to return for their influenza vaccine, they can be given at the same time.

Clinical and operational reminders

- RSV vaccination is not seasonal and should be offered year-round.
- Invite adults who turn 75 years of age within 12 weeks of their birthday.
- Offer the RSV vaccine to individuals eligible for the catch-up programme.
- Ensure arrangements are in place to vaccinate residents of older adult care homes as they become eligible, including outside seasonal programmes such as COVID-19.
- Use a call, recall and reminder system to invite all eligible individuals.

Are booster doses required?

No. Currently, a single dose is required. Vaccine trials show the vaccine gives good protection for at least two years and is likely to last longer.

Further information

- **RSV - Information for health professionals - Public Health Wales**
- **Immunisation training resources and events - Public Health Wales**
- **Public Health Wales - Training** (only accessible to HCPs with an NHS email address)
- **RSV: the green book - GOV.UK** (external site)
- **RSV programme: information for healthcare professionals - GOV.UK** (external site)
- **Update on RSV vaccination programme 2026 (WHC/2025/053) | Welsh Government** (external site)
- **RSV Frequently asked questions - Public Health Wales**
- **Routine immunisation schedules for Wales - Public Health Wales**
- **Video: Preparation | Abrysvo®▼ (RSV) | PfizerPro UK** (external site)
- ***Free*** resources to support vaccination clinics: **Health Information Resources - Public Health Wales**
- Guidance on Patient Group Directions: **Patient Group Directions (PGD) - Welsh Medicines Advice Service** (external site)
- Abrysvo® Summary of Product Characteristics (SmPC): **Abrysvo powder and solvent for solution for injection - SmPC - (emc)** (external site)
- **Yellow Card | Making medicines and medical devices safer** (external site)
- **Abrysvo▼ (Pfizer RSV vaccine) and Arexvy▼ (GSK RSV vaccine): be alert to a small increase in the risk of Guillain Barré syndrome following vaccination in older adults - GOV.UK** (external site)

Scan me for more information on RSV

References
1. JCVI RSV immunisation programme: JCVI advice, 7 June 2023 (updated 11 September 2023) - GOV.UK
2. RSV immunisation programme for adults aged 80 years and older: JCVI advice, 16 July 2025 - GOV.UK

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Rhaglen frechu RSV GIG Cymru ar gyfer oedolion hŷn

Cymorth gweledol i Weithwyr Gofal Iechyd Proffesiynol

Mae'r wybodaeth hon ar gyfer gweithwyr iechyd proffesiynol sy'n cyflwyno rhaglen frechu RSV y GIG ar gyfer oedolion hŷn ledled Cymru

Cefndir

Ar 1 Medi 2024, cyflwynodd GIG Cymru raglen frechu RSV reolaidd ar gyfer **oedolion hŷn.** Mae'r rhaglen RSV yn seiliedig ar gyngor gan y Cyd-bwyllgor ar Imiwneiddio a Brechu (JCVI)[1]. O **1 Ebrill 2026**, ehangwyd cymhwysedd ar sail cyngor JCVI sydd wedi'i ddiweddaru[2].

Pa frechlyn RSV sydd ar gael?

- Abrysvo®

Sut i archebu Abrysvo®

- Gellir archebu Abrysvo® gan **ImmForm.**
- Cofiwch ddefnyddio'r cyflenwad priodol wrth archebu ar gyfer **oedolion hŷn.**

Pwy ddylai gael cynnig y brechlyn rhag RSV a phryd?

- Oedolion sy'n troi'n 75 oed (o fewn 12 wythnos i'w pen-blwydd).
- Oedolion 75 oed a hŷn (fel rhan o raglen dal i fyny estynedig).
- Holl breswylwyr cartrefi gofal ar gyfer oedolion hŷn, waeth beth fo'u hoedran.

Dylid adolygu cofnod brechu'r unigolyn a chynnig unrhyw frechiadau sydd heb gael eu rhoi. Lle bo'n briodol, ystyriwch roi'r brechlyn rhag RSV ar y cyd â brechlynnau eraill y gallai'r unigolyn fod yn gymwys i'w cael, gan gynnwys brechlynnau rhag COVID-19, yr eryr a niwmococol.

Cyd-weinyddu'r brechlyn RSV

Brechlynnau a weinyddir yn gyffredin i oedolion hŷn	A ellir rhoi'r brechlynnau gyda'i gilydd?	
Abrysvo® a Shingrix®	✔	
Abrysvo® a Pneumovax 23®	✔	
Abrysvo® a brechlyn COVID-19	✔	
Abrysvo® a brechlyn y ffliw	✔ * (peidiwch â'u cyd-weinyddu fel mater o drefn)	*Yn ddelfrydol, ni ddylid rhoi Abrysvo® ar yr un pryd â'r brechlyn ffliw i oedolion hŷn.

* Gall rhoi Abrysvo® gyda'r brechlyn ffliw tymhorol leihau'r ymateb imiwnyddol i gyfansoddion RSV a'r ffliw (H3N2). Gallai hyn o bosibl leihau'r amddiffyniad rhag clefyd anadlol difrifol ymhlith oedolion hŷn. Fodd bynnag, os nad yw'r unigolyn yn debygol o ddychwelyd am ei frechlyn rhag y ffliw, gellir ei roi ar yr un pryd.

Negeseuon atgoffa clinigol a gweithredol

- Nid yw'r brechiad rhag RSV yn un tymhorol, a dylid ei gynnig drwy gydol y flwyddyn.
- Dylid gwahodd oedolion sy'n troi'n 75 oed o fewn 12 wythnos i'w pen-blwydd.
- Cynigiwch y brechlyn rhag RSV i unigolion sy'n gymwys ar gyfer y rhaglen dal i fyny.
- Sicrhau bod trefniadau ar waith i frechu preswylwyr cartrefi gofal ar gyfer oedolion hŷn wrth iddynt ddod yn gymwys, gan gynnwys y tu allan i raglenni tymhorol fel COVID-19.
- Defnyddiwch system galw, galw'n ôl ac atgoffa i wahodd pob unigolyn cymwys.

A oes angen dosau atgyfnerthu?

Nac oes. Un dos sydd ei angen ar hyn o bryd. Mae treialon o'r brechlyn wedi dangos bod y brechlyn yn rhoi amddiffyniad da am o leiaf dwy flynedd a'i fod yn debygol o bara'n hirach.

Cyfeiriadau

1. Rhaglen imiwneiddio RSV JCVI: Cyngor JCVI, 7 Mehefin 2023 (diweddarwyd 11 Medi 2023) – GOV.UK (safle allanol, Saesneg yn unig)
2. Rhaglen frechu RSV ar gyfer oedolion 80 mlwydd oed a hŷn: cyngor y JCVI, 16 Gorffennaf 2025 – GOV.UK (safle allanol, Saesneg yn unig)

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Rhagor o wybodaeth

- **RSV - Gwybodaeth i weithwyr iechyd proffesiynol - Iechyd Cyhoeddus Cymru**
- **Adnoddau a digwyddiadau hyfforddiant imiwneiddio - Iechyd Cyhoeddus Cymru**
- **Iechyd Cyhoeddus Cymru - Hyfforddiant** (Saesneg yn unig) (dim ond ar gael i weithwyr gofal iechyd â chyfeiriad e-bost y GIG)
- **RSV: Llyfr Gwyrdd - GOV.UK** (safle allanol, Saesneg yn unig)
- **Rhaglen RSV: gwybodaeth i weithwyr iechyd proffesiynol - GOV.UK** (safle allanol, Saesneg yn unig)
- **Gwybodaeth ddiweddaraf am raglen frechu RSV 2026 (WHC/2025/053) | Llywodraeth Cymru** (safle allanol)
- **Cwestiynau cyffredin am RSV Iechyd Cyhoeddus Cymru** (Saesneg yn unig)
- **Amserlenni imiwneiddio arferol i Gymru**
- **Fideo: Paratoad | Abrysvo® (brechlyn RSV) | PfizerPro UK** (safle allanol, Saesneg yn unig)
- Adnoddau ***am ddim*** i gefnogi clinigau brechu: **Adnoddau Gwybodaeth Iechyd - Iechyd Cyhoeddus Cymru**
- Canllawiau ar Gyfarwyddiadau Grwpiau Cleifion: **Templedi a chanllawiau Cyfeiriadau Grwpiau Cleifion (PGDs) - Gwasanaeth Cyngor ar Feddyginiaethau Cymru** (safle allanol)
- Abrysvo® Crynodeb o Nodweddion y Cynnyrch (SmPC): **Powdr a hydoddiant Abrysvo ar gyfer hydoddiad ar gyfer chwistrelliad - SmPC - (emc)** (safle allanol, Saesneg yn unig)
- **Cerdyn Melyn | Gwneud meddyginiaethau a dyfeisiau meddygol yn fwy diogel** (safle allanol, Saesneg yn unig)
- **Abrysvo▼ (brechlyn RSV Pfizer) ac Arexvy▼ (brechlyn RSV GSK): byddwch yn wyliadwrus o gynnydd bach yn y risg o syndrom Guillain-Barré ar ôl brechu mewn oedolion hŷn - GOV.UK** (safle allanol, Saesneg yn unig)

Sgania fi am ragor o wybodaeth ar RSV