

**Current level of influenza activity:** *Circulation at low levels.*

**Trend:** *Decreasing*

**Confirmed cases since 2018 week 40: 2,847** (99.4% influenza A and 0.6% influenza B. Of influenza A cases, 47.6% were A(H1N1)pdm09, 25.6% were A(H3) and 26.8% were untyped)

## Key points – Wales

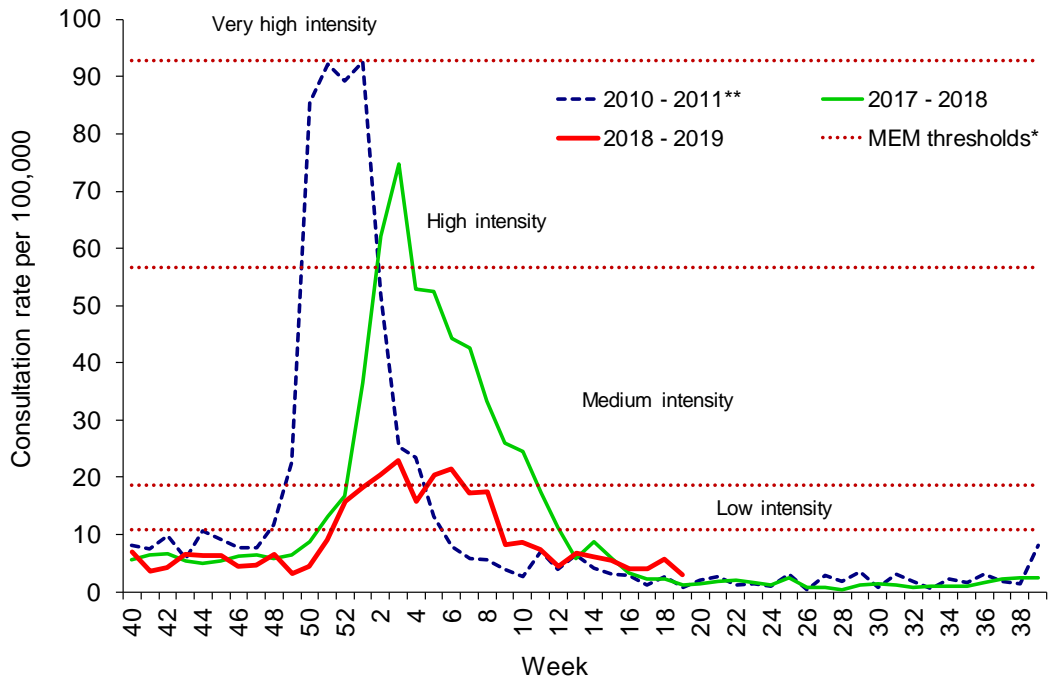
### Surveillance indicators suggest that influenza is circulating in Wales.

The sentinel GP consultation rate for influenza-like illness (ILI) remained below baseline levels during week 19 (ending 12/05/2019). Influenza continues to be confirmed in patients with ILI, particularly those attending hospitals. Influenza A(H3N2) was dominant during week 18, although A(H1N1)pdm09 remains dominant for the season overall. Rhinovirus is now the most commonly detected cause of Acute Respiratory Infection (ARI) in hospital and non-sentinel GP patients, with 37 confirmed cases. Other causes of ARI, including adenovirus, parainfluenza and human metapneumovirus, also continue to be detected.

- The Sentinel GP consultation rate for influenza-like illness (ILI) in Wales during week 19 was 3.0 consultations per 100,000 practice population. The consultation rate was highest in patients aged 35-44 years (6.3 per 100,000 practice population) (Table 1).
- The ILI consultation rate decreased compared to week 18 (5.7 per 100,000), and remains below baseline levels (Figure 1).
- The total number of consultations with Out of Hours (OOH) doctors in Wales reported to Public Health Wales during week 19 was 12,399. The proportion of respiratory-related consultations with OOH doctors increased to 15.6% (Figure 5). The percentage of calls to NHS Direct Wales which were 'influenza-related' (cold/flu, cough, fever, headache and sore throat) during week 18 increased to 13.7% (Figure 6).
- No surveillance samples from patients with ILI, collected by sentinel GPs during week 18 (latest data available), had been received by Public Health Wales Microbiology as at 08/05/2019 (Figure 3).
- During week 18 (latest data available), 281 specimens were received and tested by Public Health Wales Microbiology from hospitalised and non-sentinel GP patients with acute respiratory symptoms. The following numbers of patients tested positive: 16 influenza A(H3N2), four influenza A (not typed), one influenza B, one RSV, 37 rhinovirus, 18 for parainfluenza, 22 adenovirus, 15 human metapneumovirus, six coronavirus, four enterovirus and two mycoplasma (Figure 4). The proportion of samples from hospital patients positive for influenza decreased to 10.0%.
- During week 19, there was one outbreak of acute respiratory illnesses (ARI) reported to Public Health Wales Health Protection teams, an influenza A outbreak in a prison.
- At the end of week 19, uptake of influenza vaccine was: 68.3% in those aged 65 years and older, 44.1% in patients aged six months to 64 years at clinical risk, and 49.4% in children aged two and three years. In the 1,373 primary schools visited so far as part of the universal childhood influenza programme, uptake was 69.9%.

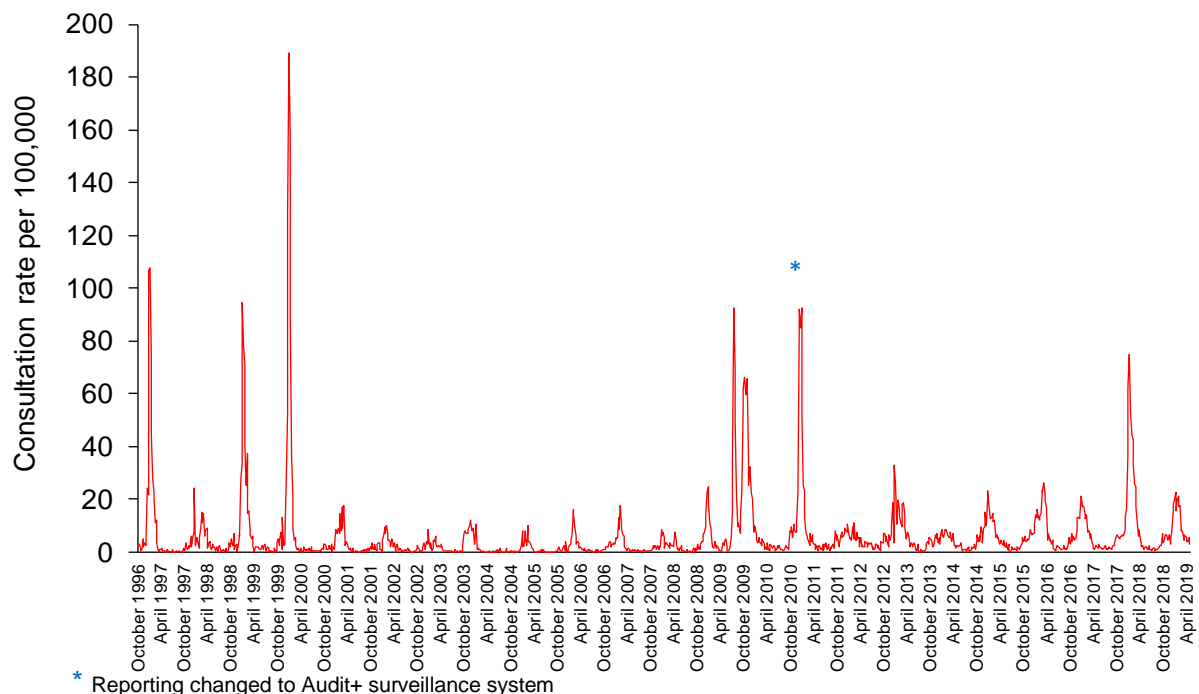
## Influenza activity in Wales

**Figure 1. Clinical consultation rate per 100,000 practice population in Welsh sentinel practices (as of 15/05/2019).**



\* The Moving Epidemic Method has been adopted by the European Centre for Disease Prevention and Control to calculate thresholds for GP ILI consultations for seasonally expected influenza activity in a standardised approach across Europe. The threshold calculated for Wales ILI consultation rates is 10.8 per 100,000. MEM thresholds used in this chart are based on influenza from 2010-11 to 2017-18 seasons.

**Figure 2. Clinical consultation rate per 100,000 practice population in Welsh sentinel practices (week 47 1996 – week 19 2019).**

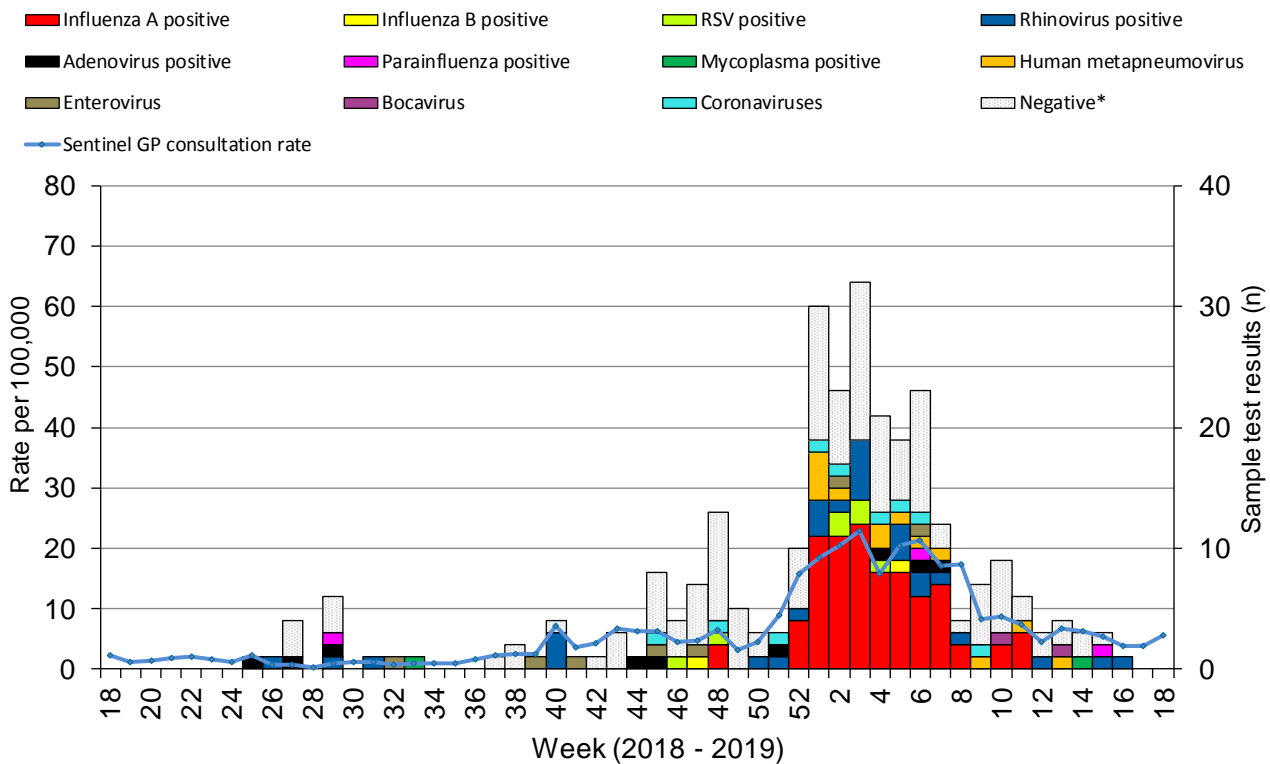


\* Reporting changed to Audit+ surveillance system

**Table 1. Age-specific consultations (per 100,000) for influenza in Welsh sentinel practices, week 14 – week 19 2019 (as of 15/05/2019).**

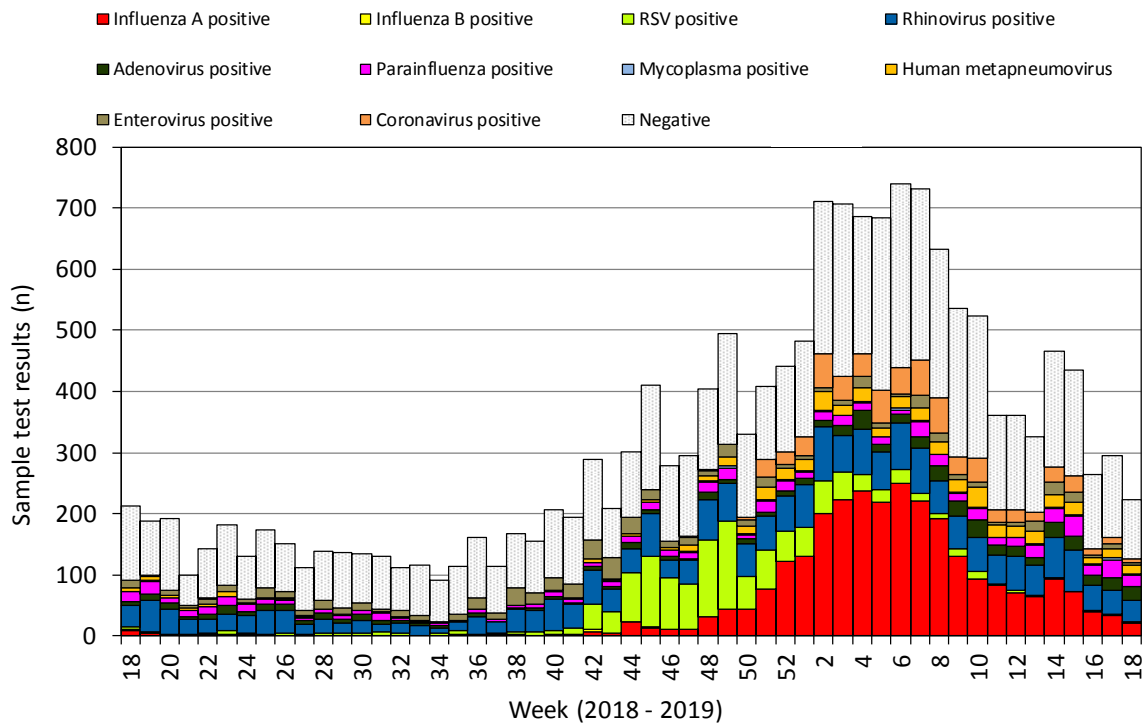
Age group	14	15	16	17	18	19
< 1	0.0	0.0	0.0	0.0	0.0	0.0
1 - 4	0.0	0.0	0.0	0.0	0.0	6.2
5 - 14	4.6	4.6	4.6	0.0	0.0	2.3
15 - 24	12.8	8.6	6.4	2.1	6.4	0.0
25 - 34	6.0	9.9	4.0	7.9	7.9	2.0
35 - 44	6.3	4.2	0.0	6.3	10.5	6.3
45 - 64	8.4	6.5	5.6	1.9	4.7	4.7
65 - 74	2.2	4.3	4.3	8.6	6.5	2.2
75+	2.5	0.0	2.5	5.0	7.5	0.0
<b>Total</b>	<b>6.2</b>	<b>5.5</b>	<b>4.0</b>	<b>4.0</b>	<b>5.7</b>	<b>3.0</b>

**Figure 3. Specimens submitted for virological testing by sentinel GPs as of 08/05/2019 (latest data available), by week of sample collection, week 18 2018 - week 18 2019.**



\* Tested negative for influenza, adenovirus, rhinovirus, RSV, parainfluenza, mycoplasma, human metapneumovirus, enterovirus, bocavirus and coronaviruses.

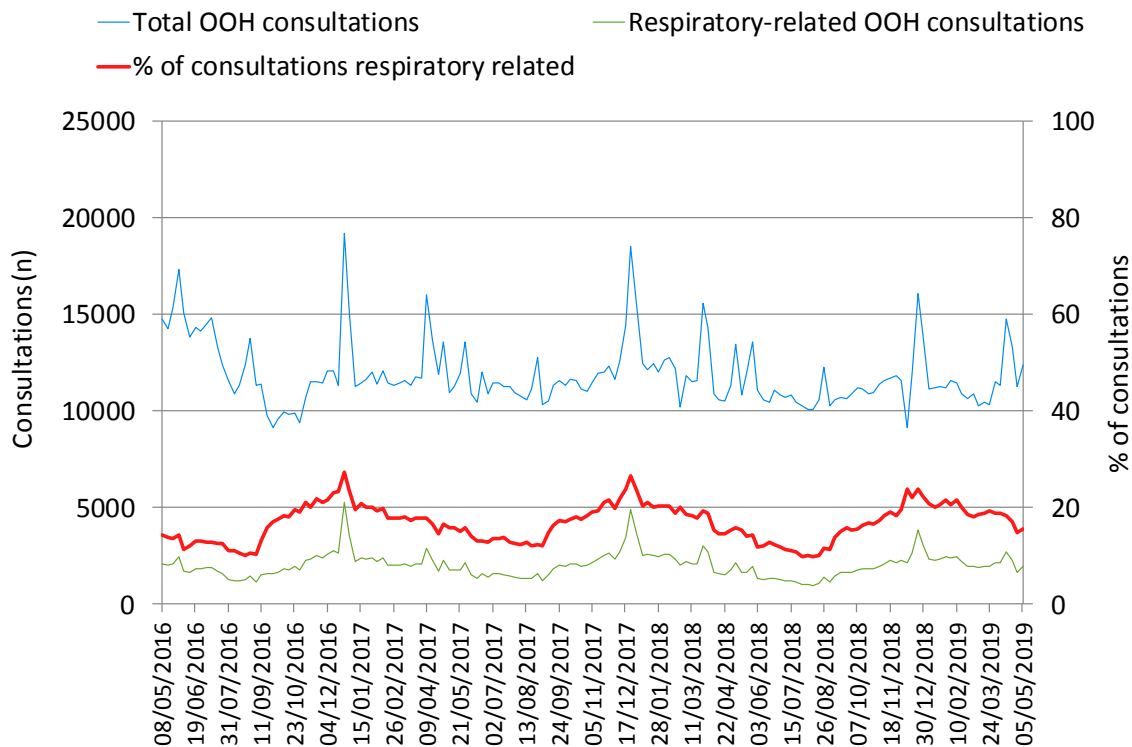
**Figure 4. Specimens submitted for virological testing for hospital patients and non-sentinel GPs as of 08/05/2019 (latest data available) by week of sample collection, week 18 2018 – week 18 2019.**



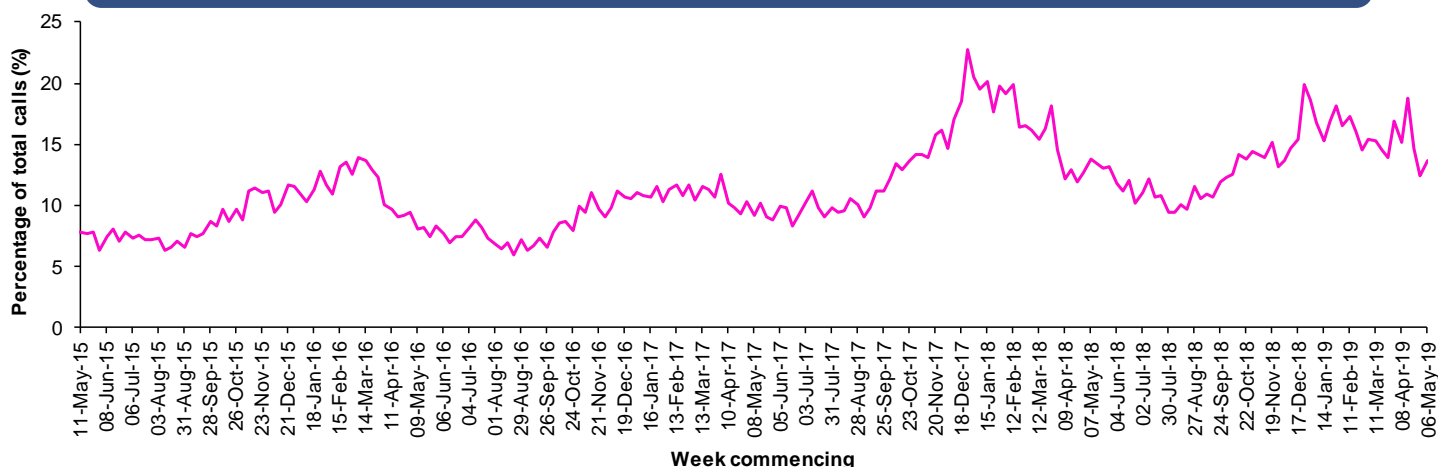
Combined data for tests carried out in Public Health Wales Microbiology: Cardiff laboratory, provided by Public Health Wales Microbiology Cardiff Specialist Virology Centre.

### Out of Hours consultations and calls to NHS Direct Wales

**Figure 5. Weekly total consultations to Out of Hours services in Wales and numbers of respiratory-related diagnoses (as of 15/05/2019).**



**Figure 6. Influenza related calls to NHS Direct Wales<sup>1</sup> (as a percentage of total calls) from week 19 2015 - week 19 2019 (as of 15/05/2019).**



<sup>1</sup> Data supplied by Health Statistics and Analysis Unit, Welsh Government.

Flu related calls are the sum of calls recorded as 'cold/flu', 'cough', 'headache', 'fever' and 'sore throat'.

Following changes to the NHS Direct calls system, including the start of the 111 pilot, there has been a change in the way in which denominator data are calculated for this chart, NHS Direct Wales now count the total number of nurse triaged calls (ie calls which could have symptom data recorded against them), note that 111 includes out-of-hours calls.

## Influenza Vaccine Uptake in Wales

**Table 2. Uptake of influenza immunisations in GP Practice patients, school children and NHS staff in Wales 2018/19 (as of 15/05/2019).**

Influenza immunisation uptake in the 2018/19 season	
People aged 65y and older	68.3%
People younger than 65y in a clinical risk group	44.1%
Children aged two & three years	49.4%
Children aged four to ten years	69.9%
NHS staff	53.4%
NHS staff who have direct patient contact	55.5%

The end of season report Influenza in Wales 2017/18 is available to download and contains a full breakdown of vaccination uptake amongst eligible groups.

Link to report: <http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=55714>

## Key points – Influenza activity in the UK and Europe

- As of week 18, influenza activity indicators have decreased below baseline consistent with influenza no longer circulating widely in the community in the UK. Influenza GP consultations increased slightly in Scotland to 2.2 per 100,000 and in Northern Ireland to 2.8 per 100,000, but remain below baseline activity in both countries. The weekly ILI GP consultation rate in England reported through the RCGP system increased to 2.7 per 100,000 but remains below the MEM threshold for baseline activity (13.1 per 100,000). The weekly ILI consultation rate through the GP In Hours Syndromic Surveillance system was at 2.4 per 100,000 during week 18.
- During week 18, no samples tested positive for influenza through UK GP sentinel swabbing schemes. Of the 1,427 respiratory test results reported through Public Health England's DataMart scheme, there were 53 (3.7%) positive for influenza (two influenza A(H1N1)pdm09, 35 influenza A(H3), 14 influenza A(unknown subtype) and one influenza B). UK summary data are available from the [Public Health England National Influenza Report](#).
- The WHO and the European Centre for Disease Prevention and Control (ECDC) reported that as of week 18, influenza activity is at baseline levels in all reporting countries, indicating that the influenza season is coming to an end in the WHO European Region. During week 18, a total of 105 sentinel specimens were tested for influenza, four (3.8%) of which were positive (three influenza A(H3N2) and one influenza B). For more information on European level influenza surveillance see Flu News Europe: <http://www.flunewseurope.org/>

## World update

- The WHO reported on 13/05/19 that in the temperate zones of the northern hemisphere, influenza activity decreased overall. In the temperate zones of the southern hemisphere, influenza detections increased in southern Australia and South Africa. Influenza activity remained at inter-seasonal levels in South America. Worldwide, seasonal influenza subtype A accounted for the majority of influenza detections.
- Based on FluNet reporting (as of 10/05/2019), during the time period from 15/04/19 – 28/04/19, National Influenza Centres and other national influenza laboratories from 120 countries, areas or territories reported influenza surveillance data. The WHO Global Influenza Surveillance and Response System laboratories tested more than 78,989 specimens during that time period, 11,262 were positive for influenza viruses, of which 6,777 were typed as influenza A (1,111 influenza A(H1N1)pdm09, 2,330 influenza A(H3N2) and 7,821 influenza A(not subtyped)) and 4,485 influenza B (of the characterised influenza B viruses 89 belonged to the B-Yamagata lineage and 3,285 to the B-Victoria lineage).

**Source:** WHO influenza update:

[http://www.who.int/influenza/surveillance\\_monitoring/updates/en/](http://www.who.int/influenza/surveillance_monitoring/updates/en/)

## Update on influenza activity in North America

- The USA Centers for Disease Control and Prevention (CDC) report that during week 18 (ending 04/05/19) influenza activity continues to decrease in the United States. Nationally, 175,020 (16.1%) out of 1,102,884 specimens have tested positive for influenza since week 40, of these positives 166,200 (95.0%) were influenza A and 8,820 (5.0%) were influenza B. Further characterisation has been carried out on 77,361 specimens by public health laboratories, and 40,864 tested positive for influenza, 39,378 (96.4%) were influenza A (21,608 influenza A(H1N1)pdm09 (57.1%), 16,205 influenza (H3N2) (42.9%), and subtyping was not performed on 1,565 specimens) and 1,486 influenza B (3.6%).

**Source:** CDC Weekly US Influenza Surveillance Report <http://www.cdc.gov/flu/weekly/>

- The Public Health Agency of Canada reported that during week 18, influenza activity continues to decline, however influenza A(H3N2) and influenza B continue to circulate in many regions this week in Canada.
- During week 18 the percentage of visits to healthcare professionals that were due to ILI was 0.7%. The percentage of tests positive for influenza decreased to 11% in week 18.

**Source:** Public Health Agency of Canada

<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html>

## Middle East respiratory syndrome coronavirus (MERS-CoV) – latest update from WHO and ECDC

- On 09/05/19 WHO reported 45 additional cases of Middle East Respiratory Syndrome coronavirus (MERS-CoV) in Saudi Arabia, including 13 deaths. Globally, 2,419 laboratory confirmed cases of human infection with MERS-CoV, including 836 associated deaths, have officially been reported to WHO since September 2012.  
Source: WHO Global Alert and Response website: <http://www.who.int/csr/don/archive/year/2019/en/>
- The majority of the MERS cases continue to be reported from the Middle East, and specifically from Saudi Arabia. Rapid risk assessments of the situation from ECDC, which contain epidemiological updates and advice for travellers and healthcare workers, are available from: <https://ecdc.europa.eu/en/middle-east-respiratory-syndrome-coronavirus>
- Further updates and advice for healthcare workers and travellers are available from WHO: <http://www.who.int/emergencies/mers-cov/en/> and from NaTHNaC: <http://travelhealthpro.org.uk/news/237/mers-cov-update-travelhealthpro-country-pages>

## Human infection with avian influenza A(H7N9), China – latest update from WHO

- The latest WHO Influenza at Human-Animal Interface summary (13/02/2019 to 09/04/2019) reports that one new case of avian influenza A(H7N9) was reported. Since February 2013, a total of 1,568 laboratory-confirmed cases of human infection with avian influenza A(H7N9), including at least 615 deaths, have been reported:  
[http://www.who.int/influenza/human\\_animal\\_interface/HAI\\_Risk\\_Assessment/en/](http://www.who.int/influenza/human_animal_interface/HAI_Risk_Assessment/en/)  
[http://www.fao.org/ag/againfo/programmes/en/empres/H7N9/Situation\\_update.html](http://www.fao.org/ag/againfo/programmes/en/empres/H7N9/Situation_update.html)
- The risk of international spread of avian influenza A(H7N9) is considered to be low at present. However, it is important that clinicians are aware of the possibility of human infection with animal influenza, in persons presenting with severe acute respiratory disease, while travelling or soon after returning from an area where avian influenza is a concern. Updates are available from the WHO Global Alert and Response website: <http://www.who.int/csr/don/en/>

## Links:

Public Health Wales influenza surveillance webpage:

<http://www.publichealthwales.org/flu-activity>

GP Sentinel Surveillance of Infections Scheme:

<http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=27918>

NICE influenza antiviral usage guidance:

<http://www.nice.org.uk/Guidance/TA158>

Wales influenza information:

<http://www.wales.nhs.uk/sitesplus/888/page/43745>

England influenza surveillance:

<https://www.gov.uk/government/collections/seasonal-influenza-guidance-data-and-analysis>

Scotland influenza surveillance:

<http://www.hps.scot.nhs.uk/resp/seasonalinfluenza.aspx>

Northern Ireland influenza surveillance:

<http://www.publichealth.hscni.net/directorate-public-health/health-protection/influenza>

European Centre for Communicable Disease:

<http://ecdc.europa.eu/>

European influenza information:

<http://flunewseurope.org/>

Advice on influenza immunisation (for NHS Wales users)

<http://nww.immunisation.wales.nhs.uk/home>

For further information on this report, please email Public Health Wales using:

[surveillance.requests@wales.nhs.uk](mailto:surveillance.requests@wales.nhs.uk)