

# **Newborn Bloodspot Screening Wales Policies and Standards**

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**Version 4**

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# **NEWBORN BLOODSPOT SCREENING WALES POLICIES AND STANDARDS**

## **INTRODUCTION**

The Screening Division of Public Health Wales is responsible for the planning, preparation and delivery of the Newborn Bloodspot Screening Wales (NBSW) programme. The programme offers every newborn baby who is resident in Wales at day 5 of life bloodspot screening and every infant who becomes resident in Wales, up to one year of age.

The policies and standards in this document outline what needs to be achieved in all aspects of the programme.

The Newborn Bloodspot Screening Wales System (NBSWS) has been developed to support the management of a safe and sustainable programme across Wales. This system collects and collates information across the programme to monitor the quality of newborn bloodspot screening and provides Quality Assurance and management reports based on the policies and standards.

NBSWS also identifies babies the programme expects to receive either a bloodspot card or decline for the test(s), and initiates failsafe procedures for possible 'missed' babies.

## **Definitions**

### **Eligible babies (newborn)**

- A baby who is resident in Wales at day 5-6 of life
- A baby who is resident in Wales at day 5-6 of life, but is registered with an English GP
- A baby whose usual place of residence is outside Wales if they are under routine midwife care in Wales at day 5-6 of life

Babies who have been recorded as having died before the age of 5 days are not eligible.

### **Eligible babies (all)**

- All babies up to one year of age who are resident in Wales
- A baby whose place of residence is outside Wales if they are under routine midwifery care in Wales at the time the newborn bloodspot test is due

Babies who have been recorded as having died before the age of 5 days are not eligible.

**Screen positive result**

Screening results are not 100% conclusive. Instead they provide presumptive results. A screen positive result is a result which shows that the child is likely to have the condition for which they are screened. Sometimes people will say that the child is affected. Positive screening results are then confirmed using diagnostic tests. For example, a screen positive result for congenital hypothyroidism (CHT) means that it is highly likely that the child has CHT, but this must be confirmed by further tests. A screen positive result will be reported as 'suspected'.

**Screen negative result**

Screening results are not 100% conclusive. Instead they provide presumptive results. A screen negative result is a result which suggests that the child is highly unlikely to have the condition for which they are being screened. Sometimes people will say that the result is 'normal'. For example, a screen negative result for cystic fibrosis (CF) means that it is highly likely that the child does NOT have CF. This screen negative result is NOT usually confirmed using further tests, but it is assumed the child is not affected. A screen negative result will be reported as 'not suspected'.

**Conclusive result**

A conclusive result is any of the following; not suspected, suspected, not suspected other disorder or carrier. This includes any results that were tested by DNA for sickle cell disorders. For babies greater than 8 weeks of age, not tested for CF is also a conclusive result.

**Calendar Days**

Calendar days are all days in a month including weekends and holidays. For some of the standards the timelines refer to calendar days because there is a clinical need for a definitive time in which an action should be taken. For example, an avoidable repeat sample should be taken within three calendar days.

**Working days**

For the purpose of newborn bloodspot screening working days are currently Monday to Friday with the exception of bank holidays. Working days are referred to in the standards to take into account the normal working days for the Newborn Screening Laboratory and Royal Mail.

**Parent/guardian surveys**

Parent/guardian surveys will be carried out to gather views of parents/guardians on their experience of newborn bloodspot screening. These surveys will also be used to monitor the performance of NBSW in

the *informed consent* and *information provision* standards. The survey will include the views of those who accept screening and also of those who decline screening.

## The Conditions

### **Congenital hypothyroidism (CHT)**

Congenital hypothyroidism (CHT) is a condition where the baby's thyroid gland fails to develop or work properly and fails to make the thyroid hormone called thyroxine. Thyroxine is needed for normal growth and development. Without thyroxine, babies do not grow properly and can develop permanent, serious physical problems and learning disabilities. Babies with CHT can be treated early with thyroxine tablets and this will allow them to develop normally.

### **Cystic fibrosis (CF)**

Cystic fibrosis (CF) is one of the UK's most common inherited life-limiting disorder. CF is a disorder in which abnormal movement of salt and water into and out of cells causes a build-up of thick, sticky mucus. This occurs particularly in the lungs and digestive system, making people with CF prone to chest infections and gut malabsorption. People with CF diagnosed through newborn screening have on average better lung function and are better nourished than those diagnosed through clinical presentation. Lung function and nutrition are the strongest predictors of life expectancy in CF.

### **Inherited metabolic disorders (IMDs):**

#### **-Medium-chain acyl-CoA dehydrogenase deficiency (MCADD)**

MCADD is a rare inherited condition in which there is a deficiency in the enzyme medium-chain acyl-CoA dehydrogenase which is needed for the breakdown of certain stored fats (medium-chain fatty acids).

Fatty acids are an important energy reserve during periods of poor calorie intake, prolonged periods between meals or during infections and sickness. As a result of not being able to use their fat reserves, babies or children with MCADD quickly use up glucose and may develop hypoglycaemia. The high levels of partially broken down fatty acids and low blood glucose concentrations can result in metabolic crisis, with serious life threatening symptoms including drowsiness, seizures, brain damage and even death. MCADD can cause death at the first episode of metabolic crisis experienced.

Affected babies or children are usually well until potentially life threatening symptoms become apparent.

Newborn bloodspot screening means that babies who have MCADD can be identified early. The management of babies with MCADD focuses on avoiding metabolic crises by the adherence to a regular 'safe' feeding schedule, and the active management of febrile illnesses or vomiting. This care can prevent serious illness and allow babies with MCADD to develop normally.

### **-Phenylketonuria (PKU)**

Phenylketonuria (PKU) is a rare inherited condition in which there is a build-up of phenylalanine in the body. Phenylalanine is an amino acid and is present in many foods. The build-up of phenylalanine is neurotoxic and harmful to the brain. Without treatment PKU can cause severe, irreversible mental disability.

Screening is beneficial as the adverse effects of PKU can be prevented if treatment for the disorder is started early. It is recommended that treatment should begin by 14 days of age to minimise adverse effects.

The management of babies with PKU is a phenylalanine restricted diet with supplements.

### **-Maple syrup urine disease (MSUD)**

Maple syrup urine disease (MSUD) is a rare inherited condition that prevents the breakdown of some of the building blocks of protein, the amino acids leucine, isoleucine and valine in the blood.

For people with MSUD, eating normal amounts of protein can cause a harmful build-up of these amino acids in the blood. Many babies with MSUD become unwell when they are a few days old. Without treatment, this leads to a coma and permanent brain damage. In older children a minor illness, such as a chest infection or a tummy upset, can lead to serious problems. As in babies, this can lead to a coma unless treated correctly.

MSUD can be treated with a protein-restricted diet. A different regime is required when the child is ill, and they may need to be hospitalised. The condition is named maple syrup urine disease because high levels of these amino acids can cause an unusual sweet smell in the urine and sweat.

### **-Isovaleric acidaemia (IVA)**

Isovaleric acidaemia (IVA) is a rare inherited condition that prevents the breakdown of a building block of protein, the amino

acid leucine. This then causes a harmful build-up of a substance called isovaleric acid in the blood. Children with IVA can become severely unwell. Without treatment, this can lead to a coma and permanent brain damage. Some babies start to develop symptoms of a metabolic crisis in the first days or weeks of life. These symptoms can include poor feeding, irritability, sleepiness, vomiting, breathing difficulties and fast breathing and coldness. If the baby is not treated they may deteriorate, have fits, become unconscious and are at risk of dying.

Newborn bloodspot screening means that babies who have IVA can be identified early and be given treatment, and parents can be made aware of the management of their baby if they become unwell. Treatment aims to reduce the build-up of toxins which can cause metabolic crisis and learning difficulties. This is dietary management and medication and needs to be undertaken with advice from a specialist metabolic team including a specialist dietitian. The baby has a low protein diet with the aim to reduce the amount of leucine. Foods are measured to ensure that the right amount of protein is eaten each day with sufficient for normal growth and development.

### **-Glutaric aciduria type 1 (GA1)**

Glutaric aciduria type 1 (GA1) is a rare inherited condition that prevents the breakdown of certain building blocks of protein, in particular the amino acids lysine and tryptophan, and can cause a harmful build-up of a substance called glutaric acid in the blood..

Babies with GA1 are at risk of developing a metabolic crisis when they have an illness (such as an infection or vomiting), and these symptoms can include poor feeding, floppiness and sleepiness. If the baby is not treated they may deteriorate, become unconscious and go in to a coma. Unfortunately after a coma most babies or children have permanent brain damage. The brain damage causes problems with muscle control which can cause difficulties relating to movement (abnormal posture and involuntary jerky movements), feeding and breathing.

Newborn bloodspot screening means that babies who have GA1 can be identified early and given treatment, and parents can be made aware of the management of their baby if they become unwell.

Treatment aims to reduce the build-up of toxins which can cause metabolic crisis and brain damage. This is mainly dietary management and needs to be undertaken with the advice of a specialist metabolic team including a specialist dietitian. The baby

has a low protein diet to reduce the amount of the amino acids lysine and tryptophan in the diet.

### **-Homocystinuria (HCU)**

Homocystinuria (HCU) is a rare inherited condition that prevents the breakdown of a building block of protein, the amino acid homocysteine. This then causes a harmful build-up of homocysteine in the blood. Without early diagnosis and early start of treatment, children can develop damage to the brain, including learning difficulties. Children may also have thin bones (osteoporosis), bone and joint problems and may develop blood clots or strokes.

Treatment is given to prevent the build-up of homocysteine. In some babies with HCU the level of homocysteine can be controlled by giving vitamin B6 (pyridoxine). If this is not effective then HCU can be treated with a special low protein diet and extra supplements and medications.

### **Sickle cell disorders (SCD)**

Sickle cell disorders (SCD) is a term that describes a group of disorders in which haemoglobin in red blood cells is abnormal in structure. This causes red blood cells to take up a shape like a crescent moon or farmer's sickle when de-oxygenated. Sickled red blood cells are not as flexible as normal red blood cells and can cause blockages within small blood vessels.

Clinical effects arise from tissue and organ damage caused by blockages of blood vessels and from the increased red blood cell breakdown. The effects of SCD can include pain, anaemia, jaundice, stroke, pulmonary hypertension, renal failure enlarged spleen and infections.

Screening for SCD allows the start of early treatment to prevent infections and to start health monitoring and parental education. It has been shown that newborn bloodspot screening when linked to timely diagnostic testing, parental education and clinical monitoring, reduces morbidity and mortality for sickle cell disorders in infancy and childhood.

Babies with a sickle cell disorder are given prophylactic antibiotics to prevent infection, folic acid to maintain the increased rate of red cell production and medication for painful crisis. Parents are given education and support to deal with the episodes of pain and to recognise the signs of a sickle cell crisis to help prevent serious complications

### **Further Information**



[Newborn Bloodspot Screening Wales website](#)

## **Summary of Policies and Standards**

Policy 1 – Completeness of offer and coverage

Policy 2 – Informed consent

Policy 3 – Timely sample collection

Policy 4 – Quality of bloodspot sample and information on the card

Policy 5 – Timely receipt of a sample in the newborn screening laboratory

Policy 6 - Timely processing of bloodspot cards

Policy 7 - Timely receipt into clinical care

Policy 8 - Timely despatch of results to parents

## POLICY 1 - COMPLETENESS OF OFFER AND COVERAGE

### Policy Statement

Every newborn baby whose usual place of residence is Wales will be offered bloodspot screening at day 5-6 of life. Every infant who becomes resident in Wales, up to the age of one year, will be offered bloodspot screening unless there is evidence that they have had appropriate screening in the UK already, or that it has been declined in the UK. Cystic fibrosis is not offered to babies over the age of 8 weeks as the test is unreliable after this time.

### Standards

Standard 1a	Completeness of offer (newborns)
Description	Eligible newborn babies who have a notification of receipt of the bloodspot card in the laboratory by day 14 of life. This informs the programme of the percentage of eligible newborn babies who have and have not been offered screening.
Rationale	To ensure that eligible newborn babies are offered screening within an effective timeframe.
Data Definition	$\text{Babies offered testing (newborn)} \div \text{Eligible babies (newborn)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Babies offered testing (newborn)</i> are the total number of eligible newborn babies for whom there is a record of screening having been accepted or declined by day 14 of life</li> </ul>
Threshold	99%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for offering the screening test</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 1b</b>	<b>Completeness of offer (all)</b>
Description	All eligible babies (up to one year of age) who have a notification of receipt of the bloodspot card in the laboratory or notification of UK result or decline of screening, within 18 calendar days of being registered on the information system. This informs the programme of the percentage of eligible babies who have and have not been offered screening.
Rationale	To ensure that all eligible babies have been offered screening.
Data Definition	$\text{Babies offered testing (all)} \div \text{Eligible babies (all)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Babies offered testing (all)</i> are the total number of eligible babies for whom there is a record, within 18 calendar days of being registered on the information system, of screening having been accepted or declined</li> </ul>
Threshold	99%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for offering the screening test</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 1c</b>	<b>Coverage (newborns only)</b>
Description	Eligible newborn babies who have a conclusive bloodspot screening result for all 9 conditions by day 17 of life. This informs the programme of the percentage of eligible newborn babies who have taken up the offer of screening and for whom the laboratory has a conclusive result recorded, within this timeframe.
Rationale	To ensure that all eligible newborn babies for whom offer of screening is accepted have conclusive screening results recorded within an effective timeframe.
Data Definition	$\text{Tested babies (newborn)} \div \text{Eligible babies (newborn)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Tested babies (newborn)</i> are the total number of</li> </ul>

	<p>eligible newborn babies for whom there is a record of screening having been accepted, and for whom a conclusive result for all 9 conditions is recorded by day 17 of life</p> <ul style="list-style-type: none"> <li>• Date of birth is day 0 and tested date is the date the result is on the system</li> </ul>
Threshold	95%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>• Health Boards for offering the screening test</li> <li>• Screening Division for monitoring</li> </ul>

<b>Standard 1d</b>	<b>Coverage (all)</b>
Description	Eligible babies (up to one year of age) who have a conclusive bloodspot screening result for all 9 conditions within 21 calendar days of being registered on the information system. This informs the programme of the percentage of eligible babies who have taken up the offer of screening and for whom the laboratory has a conclusive bloodspot screening result recorded, within this timeframe.
Rationale	To ensure that all eligible babies for whom offer of screening is accepted have conclusive screening results recorded within an effective timeframe.
Data Definition	<p><i>Tested babies (all) ÷ Eligible babies (all)</i></p> <ul style="list-style-type: none"> <li>• Expressed as a percentage</li> <li>• <i>Tested babies (all)</i> are the total number of eligible babies for whom there is a record of screening having been accepted, and for whom a conclusive result for all 9 conditions is recorded within 21 calendar days of being registered on the information system.</li> <li>• The tested date is the date the result is on the system</li> </ul>
Threshold	95%
Reporting	Data to be collated from NBSWS monthly, to be reported

	to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"><li>• Health Boards for offering the screening test</li><li>• Screening Division for monitoring</li></ul>

## POLICY 2 - INFORMED CONSENT

### Policy Statement

A person with parental responsibility must receive sufficient information and have opportunity to ask questions such that they are able to give informed consent for bloodspot screening.

A person with parental responsibility must receive sufficient information and the opportunity to decline consent to be contacted for future research.

### Standards

Standard 2a	Information provision
Description	A person with parental responsibility must receive the 'Newborn Bloodspot Screening - information for parents' leaflet and have the opportunity to ask questions to an appropriate health professional.
Rationale	A person with parental responsibility must receive the information leaflet outlining the screening process and the conditions screened for, so that they are informed as to the nature of the screening and can ask relevant questions.
Data Definition	$\text{Received leaflets} \div \text{Eligible babies (sample)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Received leaflets</i> - core question to be asked on survey</li> <li><i>Eligible babies (sample)</i> - representative sample to be agreed</li> </ul>
Threshold	100% of completed surveys demonstrate that the leaflet has been received and that there has been the opportunity to ask questions
Reporting	To be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for providing information</li> <li>Screening Division for monitoring. Survey of parents' views will be undertaken annually</li> </ul>

<b>Standard 2b</b>	<b>Informed consent</b>
Description	A person with parental responsibility must give informed consent for bloodspot screening for their baby.
Rationale	Newborn bloodspot screening is an invasive medical procedure and cannot be undertaken on babies without informed consent from a person with parental responsibility.
Data Definition	$\text{Consent informed} \div \text{Eligible babies (sample)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Consent informed</i> – core question to be asked on survey</li> <li><i>Eligible babies (sample)</i> – representative sample to be agreed</li> </ul>
Threshold	100% of completed surveys demonstrate informed consent
Reporting	To be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for gaining consent</li> <li>Screening Division for monitoring. Survey of parents' views will be undertaken annually</li> </ul>

## POLICY 3 – TIMELY SAMPLE COLLECTION

### Policy Statement

The newborn bloodspot sample should be taken on day 5 of life (counting day of birth as day 0) irrespective of current medical condition, prematurity or feeding status. In exceptional circumstances, such as when the baby has had a blood transfusion, the sample can be taken between day 6 and day 8 inclusive.

### Standards

Standard 3a	Timely collection of sample (day 5-6 of life)
Description	The sample should be taken between day 5 and day 6 of life (counting day of birth as day 0).
Rationale	Taking the sample on day 5-6 of life is the UK standard to support correct outcomes of screening and for appropriate care to be initiated.
Data Definition	$\text{Sample taken (day 5-6)} \div \text{All cards received (newborns)}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Sample taken (day 5-6)</i> equals all initial routine newborn bloodspot screening cards that are received in the laboratory that have a sample recorded as taken on day 5-6 of life, counting day of birth as day 0</li> <li><i>All cards received (newborns)</i> equals all initial routine newborn bloodspot screening cards that are received in the laboratory that are from eligible babies</li> </ul>
Threshold	95%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for completing and returning cards</li> <li>Newborn Screening Laboratory for recording receipt of sample</li> <li>Screening Division for monitoring</li> </ul>



<b>Standard 3b</b>	<b>Timely collection of avoidable repeat bloodspot samples</b>
Description	If a repeat sample is requested because of insufficient or poor quality bloodspots or incomplete/incorrect information recorded on the card (avoidable repeat sample), then this must be taken within 3 calendar days of the request.
Rationale	Minimising the time for a repeat sample to be taken and despatched increases the likelihood of correct screening outcomes, and allows appropriate care to be initiated in a timely manner.
Data Definition	$\frac{\text{Repeat samples received (taken within 3 days of request)}}{\text{Repeat samples requested}}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Repeat samples received (taken within 3 days of request)</i> are those samples defined above that are received in the laboratory and indicate that the repeat was taken within 3 calendar days of the notification to the health board that a repeat was required.</li> <li><i>Repeat samples requested</i> are all samples that need to be repeated due to either insufficient/unsuitable blood on the card or insufficient information completed on the card. This does not include repeats necessary for confirmation of any of the conditions</li> </ul>
Threshold	95%
Reporting	<i>Data to be collated</i> from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for completing and returning cards</li> <li>Newborn Screening Laboratory for issuing repeat sample request and for recording sample date</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 3c</b>	<b>Timely CHT second sample collection for preterm babies</b>
Description	All babies born at less than 32 weeks gestation (less than or equal to 31 weeks +6 days) should be offered a second

	preterm CHT test at day 28 of life (counting day of birth as day 0) or on day of discharge home, whichever is the sooner.
Rationale	Preterm infants may have lower thyroid stimulating hormone levels at the time of the first routine newborn bloodspot screening test, which would affect the screening outcome.
Data Definition	<p><i>Preterm babies second sample (CHT) ÷ Preterm babies</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Preterm babies second sample (CHT) equals</i> all babies born at less than 32 weeks gestation who have a second bloodspot card received in the laboratory which was collected at day 28 of life or on day of discharge</li> <li><i>Preterm babies</i> equals all babies born at less than 32 weeks gestation who have an initial routine screening bloodspot card received in the laboratory</li> </ul>
Threshold	95%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for completing and returning cards</li> <li>Newborn Screening Laboratory for recording sample dates</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 3d</b>	<b>Timely second sample collection for borderline thyroid stimulating hormone (TSH)</b>
Description	All babies with a borderline TSH result should be offered a second bloodspot sample for TSH between 7 and 10 days after the initial borderline sample. The analysis of TSH in the bloodspots is the basis for CHT screening.
Rationale	Minimising the time for the second sample to be taken and despatched increases the likelihood of correct screening outcomes, and allows appropriate care to be initiated in a timely manner.
Data	<i>Second sample for borderline TSH ÷ Borderline TSH</i>

Definition	<i>results</i> <ul style="list-style-type: none"><li>• Expressed as a percentage</li><li>• <i>Second sample for borderline TSH equals</i> all babies with a borderline TSH result who have a second bloodspot card for TSH received in the laboratory which was collected between 7 and 10 days after the initial borderline sample</li><li>• <i>Borderline TSH results</i> equals all babies who have an initial borderline TSH result</li></ul>
Threshold	95%
Reporting	An annual audit will be undertaken by the Newborn Screening Laboratory, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"><li>• Health Boards for completing and returning cards</li><li>• Newborn Screening Laboratory for recording sample dates</li><li>• Screening Division for monitoring</li></ul>

## POLICY 4 – QUALITY OF BLOODSPOT SAMPLE AND INFORMATION ON THE CARD

### Policy Statement

The bloodspot sample must be of good quality to maximise the accuracy of the screening test and to prevent the need for an avoidable repeat sample.

A good quality bloodspot sample is taken at the correct time, contains sufficient blood and has not been contaminated. The card must state the baby's NHS number and have complete and accurate demographic information recorded. The screening card must arrive in the laboratory within 3 working days of the sample being taken.

### Standards

Standard 4a	Avoidable repeat rate
Description	Repeat bloodspot cards that are required because of poor quality bloodspots or incomplete/incorrect information recorded on the card.
Rationale	Minimising the need for repeat samples maximises correct and timely screening outcomes. Repeat samples requested for avoidable reasons cause delays in identification and treatment of screen positive babies, anxiety and distress to families and wastes health care resources.
Data Definition	<p><i>Avoidable repeats ÷ All cards received</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Avoidable repeats</i> equals all repeat requests issued which are due to: <ul style="list-style-type: none"> <li>Insufficient/poor quality bloodspot sample</li> <li>Valid NHS number for baby not recorded</li> <li>Unsuitable sample/card - sample contaminated, bloodspots compressed, sample taken when baby was too young (on or before day 4), sample in transit for &gt;14 days</li> <li>Card expired</li> </ul> </li> <li><i>All cards received</i> equals all bloodspot cards received in the laboratory except for cards stating all screening declined</li> <li>Data to be collected by specific reason for repeat</li> </ul>

	request
Threshold	≤2%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>• Health Boards for completing the bloodspot card correctly</li> <li>• Newborn Screening Laboratory for recording repeats</li> <li>• Screening Division for monitoring</li> </ul>

Standard 4b	Quality of sample
Description	Repeat bloodspot cards that are required because of poor quality bloodspots.
Rationale	Minimising the need for repeat samples maximises correct and timely screening outcomes. Repeat samples requested for avoidable reasons cause delays in identification and treatment of screen positive babies, anxiety and distress to families and wastes health care resources.
Data Definition	<p><i>Avoidable repeats for poor quality samples ÷ All cards received</i></p> <ul style="list-style-type: none"> <li>• Expressed as a percentage</li> <li>• <i>Avoidable repeats for poor quality samples</i> equals all repeat requests issued which are due to:             <ul style="list-style-type: none"> <li>○ Insufficient bloodspot sample</li> <li>○ Incorrect application – poor quality samples</li> <li>○ Sample contaminated, compressed or damaged</li> </ul> </li> <li>• <i>All cards received</i> equals all bloodspot cards received in the laboratory except for cards stating all screening declined</li> <li>• Data to be collected by specific reason for repeat request</li> </ul>
Threshold	≤1.5%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.

Responsibility	<ul style="list-style-type: none"> <li>• Health Boards for completing the bloodspot card correctly</li> <li>• Newborn Screening Laboratory for recording repeats</li> <li>• Screening Division for monitoring</li> </ul>
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<b>Standard 4c</b>	<b>NHS number on bloodspot card</b>
Description	Bloodspot cards received in the Newborn Screening Laboratory that have a valid NHS number for the baby recorded.
Rationale	A valid NHS number is required to properly identify the baby with whom the sample is associated, and prevents the need for a repeat sample to be taken.
Data Definition	<p><i>Cards with an NHS Number ÷ All cards received</i></p> <ul style="list-style-type: none"> <li>• Expressed as a percentage</li> <li>• <i>Cards with an NHS Number</i> equals all bloodspot cards received in the laboratory that have a valid NHS number for the baby recorded</li> <li>• <i>All cards received</i> equals all bloodspot cards received in the laboratory except for cards stating all screening declined</li> </ul>
Threshold	99%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>• Health Boards for completing the bloodspot card correctly</li> <li>• Newborn Screening Laboratory for recording NHS numbers</li> <li>• Screening Division for monitoring</li> </ul>

Standard 4D	Samples taken by registered sample takers
Description	<p>Bloodspot cards received in the Newborn Screening Laboratory that have been taken by registered sample takers and that have the sample taker's ID code (NMC PIN or NBSW ID code) correctly recorded.</p> <p>This standard has not become mandatory and will only be used for monitoring purposes.</p>
Rationale	<p>Registration of sample takers and compliance in recording their sample taker ID code on the card enables the accurate reporting of bloodspot sampling performance for the maternity, neonatal, paediatric and health visiting services. This allows identification and management of training needs to improve sample quality.</p>
Data Definition	<p><i>Cards with an NMC PIN or NBSW ID code recorded which is accepted by LIMS ÷ All cards received</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Cards with an NMC PIN or NBSW ID code recorded which is accepted by LIMS</i> equals all bloodspot cards received in the laboratory that have been taken by registered sample takers and that have the sample taker's ID code (NMC PIN or NBSW ID code) correctly recorded and accepted on LIMS</li> <li><i>All cards received</i> equals all bloodspot cards received in the laboratory except for cards stating all screening declined</li> </ul>
Threshold	98%
Reporting	<p>Data to be collected from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.</p>
Responsibility	<ul style="list-style-type: none"> <li>Health boards for registration of sample takers and completing the bloodspot card correctly</li> <li>Newborn Screening Laboratory for recording sample taker ID codes</li> <li>Screening Division for monitoring</li> </ul>

## POLICY 5 – TIMELY RECEIPT OF A SAMPLE IN THE NEWBORN SCREENING LABORATORY

### Policy Statement

The newborn bloodspot sample must be received in the newborn screening laboratory within 3 working days of being taken. To facilitate this, the sample should be sent to the Wales Newborn Screening Laboratory on the same day it has been taken, using the prepaid NBSW envelope.

### Standard

Standard 5	Timely receipt of bloodspot card in the newborn screening laboratory
Description	Bloodspot cards received within 3 working days of the card being completed (for samples or declines).
Rationale	Minimising the time for a sample to be received in the laboratory increases the likelihood of correct screening outcomes and allows appropriate care to be initiated.
Data Definition	<p><i>Cards received (within 3 working days) ÷ All cards received</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Cards received (within 3 working days)</i> equals all bloodspot cards that are received in the laboratory within 3 working days of being completed</li> <li><i>All cards received</i> equals all initial routine screening bloodspot cards (including those stating decline) that are received in the laboratory</li> </ul>
Threshold	95%
Reporting	Data to be collated from NBSWS monthly, to be reported to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for completing and despatching bloodspot cards</li> <li>Newborn Screening Laboratory for recording bloodspot card receipt</li> <li>Screening Division for monitoring</li> </ul>



## POLICY 6 – TIMELY PROCESSING OF BLOODSPOT CARDS

### Policy Statement

Bloodspot cards must be analysed and the results reported in a timely manner.

### Standards

Standard 6a	Timely processing of all IMD and CHT screen positive samples
Description	Samples should be analysed and clinical referral initiated within 3 working days, for babies with an IMD (excluding HCU) or CHT.
Rationale	Processing the sample and initiating clinical referral within 3 working days maximises the opportunity for prompt and appropriate intervention.
Data Definition	<p><i>Number of screen positive results and clinical referral initiated within 3 working days of sample receipt ÷ All screen positive results obtained</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Number of screen positive results available and clinical referral initiated within 3 working days of sample receipt</i> equals those screen positive results obtained for the IMDs and CHT and where clinical referral is initiated within 3 working days of receipt of a suitable bloodspot sample into the laboratory</li> <li><i>All screen positive results obtained</i> equals all screen positive results available for the IMDs and CHT</li> </ul>
Threshold	100%
Reporting	Data to be collated from LIMS and NBSWS annually, to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Newborn Screening Laboratory for processing samples</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 6b</b>	<b>Timely processing of all CF screen positive samples</b>
Description	Samples should be analysed and clinical referral initiated within 25 days, for babies with CF.
Rationale	Processing the sample and initiating clinical referral within 25 days maximises the opportunity for prompt and appropriate intervention.
Data Definition	<p><i>Number of screen positive results and clinical referral initiated within 25 days of sample receipt ÷ All screen positive results obtained</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Number of screen positive results available and clinical referral initiated within 25 days of sample receipt</i> equals those screen positive results obtained for CF and where clinical referral is initiated within 25 days of receipt of a suitable bloodspot into the laboratory</li> <li><i>All screen positive results obtained</i> equals all screen positive results available for CF</li> </ul>
Threshold	95%
Reporting	Data to be collated from LIMS and NBSWS annually, to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Newborn Screening Laboratory for processing samples</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 6c</b>	<b>Timely processing of all SCD screen positive samples</b>
Description	Samples should be analysed and clinical referral initiated within 42 days, for babies with SCD.
Rationale	Processing the sample and initiating clinical referral within 42 days maximises the opportunity for prompt and appropriate intervention.
Data Definition	<i>Number of screen positive results and clinical referral initiated within 42 days of sample receipt ÷ All screen</i>

	<i>positive results obtained</i> <ul style="list-style-type: none"><li>• Expressed as a percentage</li><li>• <i>Number of screen positive results and clinical referral initiated within 42 days of sample receipt</i> equals those screen positive results obtained for SCD and where clinical referral is initiated within 42 days of sample receipt into the laboratory</li><li>• <i>All screen positive results obtained</i> equals all screen positive results for SCD</li></ul>
Threshold	95%
Reporting	Data to be collated from LIMS and NBSWS annually, to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"><li>• Newborn Screening Laboratory for processing samples</li><li>• Screening Division for monitoring</li></ul>

## POLICY 7 - TIMELY RECEIPT INTO CLINICAL CARE

### Policy Statement

Babies who have screen positive results for one or more of the conditions screened for must be received into clinical care in a timely manner.

### Standards

Standard 7a	Timely receipt of babies with screen positive results for IMDs into clinical care
Description	Babies identified as screen positive for any of the IMDs (excluding HCU) should attend their first clinical appointment by day 14 of life.
Rationale	Receipt into clinical care by day 14 of life permits timely diagnostic confirmation and initiation of treatment.
Data Definition	$\text{Received into clinical care} \div \text{Screen positive results}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Received into clinical care</i> equals all babies that have a screen positive result for any of the IMDs and attend their first clinical appointment by day 14 of life</li> <li><i>Screen positive results</i> equals all babies that have a screen positive result for any of the IMDs</li> <li>Reported individually for GA1, HCU, IVA, MSUD, MCADD and PKU</li> </ul>
Threshold	100%
Reporting	Data to be collated from the Newborn Screening Laboratory annually, to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for collecting and returning the bloodspots to the laboratory</li> <li>Newborn Screening Laboratory for processing bloodspot samples and initiating referral of babies</li> <li>Health boards for receiving babies into clinical care</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 7b</b>	<b>Timely receipt of babies with screen positive results for CHT into clinical care</b>
Description	Babies identified as screen positive for CHT following the initial screening sample should attend their first clinical appointment by day 14 of life. Babies who have an initial borderline result that are then identified as screen positive on the repeat sample should attend their first clinical appointment by day 21 of life.
Rationale	Receipt into clinical care within the timeframes specified above permits timely diagnostic confirmation and initiation of treatment.
Data Definition	$\text{Received into clinical care} \div \text{Screen positive results}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Received into clinical care</i> equals all babies that have a screen positive result for CHT on the initial screening sample and attend their first clinical appointment by day 14 of life, and those babies that have a screen positive result for CHT following an initial borderline result and attend by day 21 of life</li> <li><i>Screen positive results</i> equals all babies that have a screen positive result for CHT</li> </ul>
Threshold	100%
Reporting	Data to be collated from the Newborn Screening Laboratory annually, to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for collecting and returning the bloodspots to the laboratory</li> <li>Newborn Screening Laboratory for processing bloodspot samples and initiating referral of babies</li> <li>Health boards for receiving babies into clinical care</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 7c</b>	<b>Timely receipt of babies with screen positive results for CF into clinical care</b>
Description	Babies identified as screen positive for CF should attend their first clinical appointment by day 28 of life.
Rationale	Receipt into clinical care by day 28 of life permits timely

	diagnostic confirmation and initiation of treatment.
Data Definition	<p><i>Received into clinical care ÷ Screen positive results</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Received into clinical care</i> equals all babies that have screen positive result for CF and attend their first clinical appointment by day 28 of life</li> <li><i>Screen positive results</i> equals all babies that have a screen positive result for CF</li> </ul>
Threshold	95%
Reporting	Data to be collated from the Newborn Screening Laboratory annually to be reported annually to the NBSW Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"> <li>Health Boards for collecting and returning the bloodspots to the laboratory</li> <li>Newborn Screening Laboratory for processing samples and initiating referral of babies</li> <li>All Wales Medical Genomics Service for processing samples for CF mutation screen</li> <li>Health boards for receiving babies into clinical care</li> <li>Screening Division for monitoring</li> </ul>

<b>Standard 7d</b>	<b>Timely receipt of babies with screen positive results for SCD into clinical care</b>
Description	Babies identified as screen positive for SCD should attend their first clinical appointment by day 90 of life.
Rationale	Receipt into clinical care by day 90 of life permits timely diagnostic confirmation and initiation of treatment.
Data Definition	<p><i>Received into clinical care ÷ Screen positive results</i></p> <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Received into clinical care</i> equals all babies that have a screen positive result for SCD and attend their first clinical appointment by day 90 of life</li> <li><i>Screen positive results</i> equals all babies that have a screen positive result for SCD</li> </ul>
Threshold	90%
Reporting	Data to be collated from the Newborn Screening Laboratory annually to be reported annually to the NBSW

	Clinical Governance and Quality Assurance Group.
Responsibility	<ul style="list-style-type: none"><li>• Health Boards for collecting and sending the bloodspots to the laboratory</li><li>• Newborn Screening Laboratory for processing bloodspot samples and initiating referral of babies</li><li>• Health boards for receiving babies into clinical care</li><li>• Screening Division for monitoring</li></ul>

## POLICY 8 – TIMELY DESPATCH OF RESULTS TO PARENTS

### Policy Statement

Parents of babies who have had a newborn bloodspot screening sample tested, or a bloodspot card stating decline received in the laboratory, will be sent a letter stating the screening results or test(s) declined within 6 weeks of completion of the bloodspot card by the sample taker. An information leaflet explaining the screening results will be sent to the parents with this letter.

### Standard

Standard 8	Communication of results to parents
Description	A letter stating the screening test results or test(s) declined for all babies will be sent to parents within 6 weeks of completion of the bloodspot card by the sample taker.
Rationale	It is important that the results of the screening tests are made known to the parents within 6 weeks to reduce any anxiety.
Data Definition	$\text{Results despatched (6 weeks)} \div \text{Babies tested}$ <ul style="list-style-type: none"> <li>Expressed as a percentage</li> <li><i>Results despatched (6 weeks)</i> equals all babies for whom results of the screening tests are sent to the parents within 6 weeks of completion of the bloodspot card</li> <li><i>Babies tested</i> equals all babies for whom an initial routine screening bloodspot card has been received by the laboratory for testing, or stating decline of test(s)</li> </ul>
Threshold	100%
Reporting	It is not currently possible to collect data from NBSWS as system changes are required to do this.
Responsibility	<ul style="list-style-type: none"> <li>Screening Division for sending results and for monitoring</li> </ul>