

Wales Centre for Health Canolfan Iechyd Cymru

A Picture of Health in **Powys**

	Worst A	Wales verage	Best
Male Life Expectancy			
Female Life Expectancy			
% With 5 GSCEs or equivalent	-		
% Unemployed			
Overall Physical Health Score			
Overall Mental Health Score			1 and a
Self declared Smokers			
Average Body Mass Index			1
Alcohol use more than recommended			111
Death from all Causes	AL		191
Premature Deaths from Cancer	-PPF		
Premature Deaths from Heart Disease			1313
Deaths from Road Traffic Accidents		田	
Deaths from Suicide			
		-	



Powys has a profile of health largely better than the average for Wales. The majority of small areas in Powys are less deprived than the average for Wales however, there are some pockets of relative deprivation. There is a growing older population that will influence the demand on health services in the future.

Positives for health:

• Education and Unemployment, key determinants of overall health, are significantly better than the average for Wales. Powys also has better life expectancy and lower premature death rates than the Welsh average for cancer and heart disease.

Challenges for the community:

• Powys has a worse rate for Road Traffic Accidents (but this is not significantly different to Wales), this may be a reflection of the rural nature of the area. There are also slightly worse death rates for suicides than the Wales average.

This local picture of health is a first attempt at raising awareness of general health with the public by the Wales Centre for Health. As such we welcome feedback and discussion about how best to engage and inform the public about general health issues.



Notes:

The spine chart shows the relative position of an area between the best and worst results in Wales. Green bars show a result that is significantly better than the Wales Average. Red bars show a result significantly worse than the Wales average. Yellow bars show results within the average range.

For more information please see the Wales Centre for health website www.wch.wales.nhs.uk, or contact 029 2022 7744.

