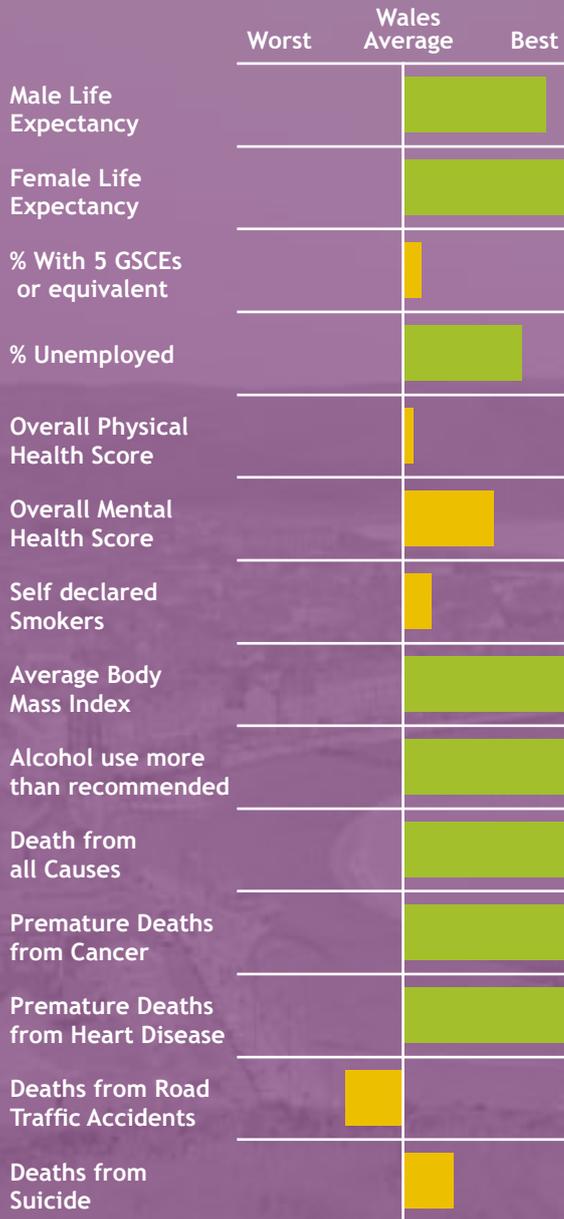




A Picture of Health in Ceredigion



Ceredigion has one of the best general health profiles in Wales. Life expectancy, death rates and some lifestyle indicators are positive. It has an ageing population and a term-time student population that create demands on the delivery of health in the community. One issue for concern is that the majority of small areas in Ceredigion fall within the worst 25% for access to services.

Positives for health:

- Indications from these summary measures show a community that has a healthy lifestyle choices and experience little deprivation.

Challenges for the community:

- The rate for smoking prevalence is disproportionate when compared with other lifestyle indicators.
- Rurality is a factor for this community which will increasingly impact on access to services in coming years.

This local picture of health is a first attempt at raising awareness of general health with the public by the Wales Centre for Health. As such we welcome feedback and discussion about how best to engage and inform the public about general health issues.



Notes:

The spine chart shows the relative position of an area between the best and worst results in Wales. **Green bars** show a result that is significantly better than the Wales Average. **Red bars** show a result significantly worse than the Wales average. **Yellow bars** show results within the average range.

For more information please see the Wales Centre for health website www.wch.wales.nhs.uk, or contact 029 2022 7744.

