

Wales Centre for Health Canolfan Iechyd Cymru

A Picture of Health in Carmarthenshire

		ales erage Best	
Male Life Expectancy			
Female Life Expectancy			
% With 5 GSCEs or equivalent			
% Unemployed	<u>.</u>	and a set of the set	
Overall Physical Health Score		the local	
Overall Mental Health Score	P.		
Self declared Smokers			
Average Body Mass Index	and the Ba		
Alcohol use more than recommended			
Death from all Causes		All Share	
Premature Deaths from Cancer		N. Contraction	
Premature Deaths from Heart Disease		Sale Frank	
Deaths from Road Traffic Accidents			
Deaths from Suicide			
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Carmarthenshire has a general health profile that is around the same as the average for Wales. The area is currently experiencing an increase in life expectancy for men and women and the older population is living longer. There are some small areas within Carmarthenshire that have high levels of deprivation contributing to poor health.

Positives for health:

- Determinants of health, such as unemployment and education, are better than the average for Wales.
- Carmarthenshire's education rate is significantly better than Wales.

Challenges for the community:

- Smoking rates are higher than the rest of Wales which is likely to have an impact on future health.
- Deaths from Road Traffic Accidents and Suicides appear higher than the rest of Wales.

This local picture of health is a first attempt at raising awareness of general health with the public by the Wales Centre for Health. As such we welcome feedback and discussion about how best to engage and inform the public about general health issues.



Notes:

The spine chart shows the relative position of an area between the best and worst results in Wales. Green bars show a result that is significantly better than the Wales Average. Red bars show a result significantly worse than the Wales average. Yellow bars show results within the average range.

For more information please see the Wales Centre for health website www.wch.wales.nhs.uk, or contact 029 2022 7744.

