

Wales Centre for Health Canolfan Iechyd Cymru

A Picture of Health in Blaenau Gwent

Wales Worst Best Average Male Life Expectancy Female Life Expectancy % With 5 GSCEs or equivalent % Unemployed **Overall Physical** Health Score Overall Mental **Health Score** Self declared Smokers Average Body **Mass Index** Alcohol use more than recommended Death from all Causes Premature Deaths from Cancer **Premature Deaths** from Heart Disease **Deaths from Road Traffic Accidents** Deaths from Suicide



Blaenau Gwent has one of the worst overall health profiles in Wales compared to the average. Many of the reasons are historic and underlying. However, health is being improved in this community.

Positives for health:

- Life expectancy has consistently improved since 1996 for men and women.
- Smoking rates are within the average range compared with Wales and are showing sustained improvement.

Challenges for the community:

- Lifestyle outcomes, while generally worse than Wales, are improving.
- Mortality outcomes for Cancer and Heart Disease are significantly worse than the Wales average.

This local picture of health is a first attempt at raising awareness of general health with the public by the Wales Centre for Health. As such we welcome feedback and discussion about how best to engage and inform the public about general health issues.



Notes:

The spine chart shows the relative position of an area between the best and worst results in Wales. Green bars show a result that is significantly better than the Wales Average. Red bars show a result significantly worse than the Wales average. Yellow bars show results within the average range.

For more information please see the Wales Centre for health website www.wch.wales.nhs.uk, or contact 029 2022 7744.

