

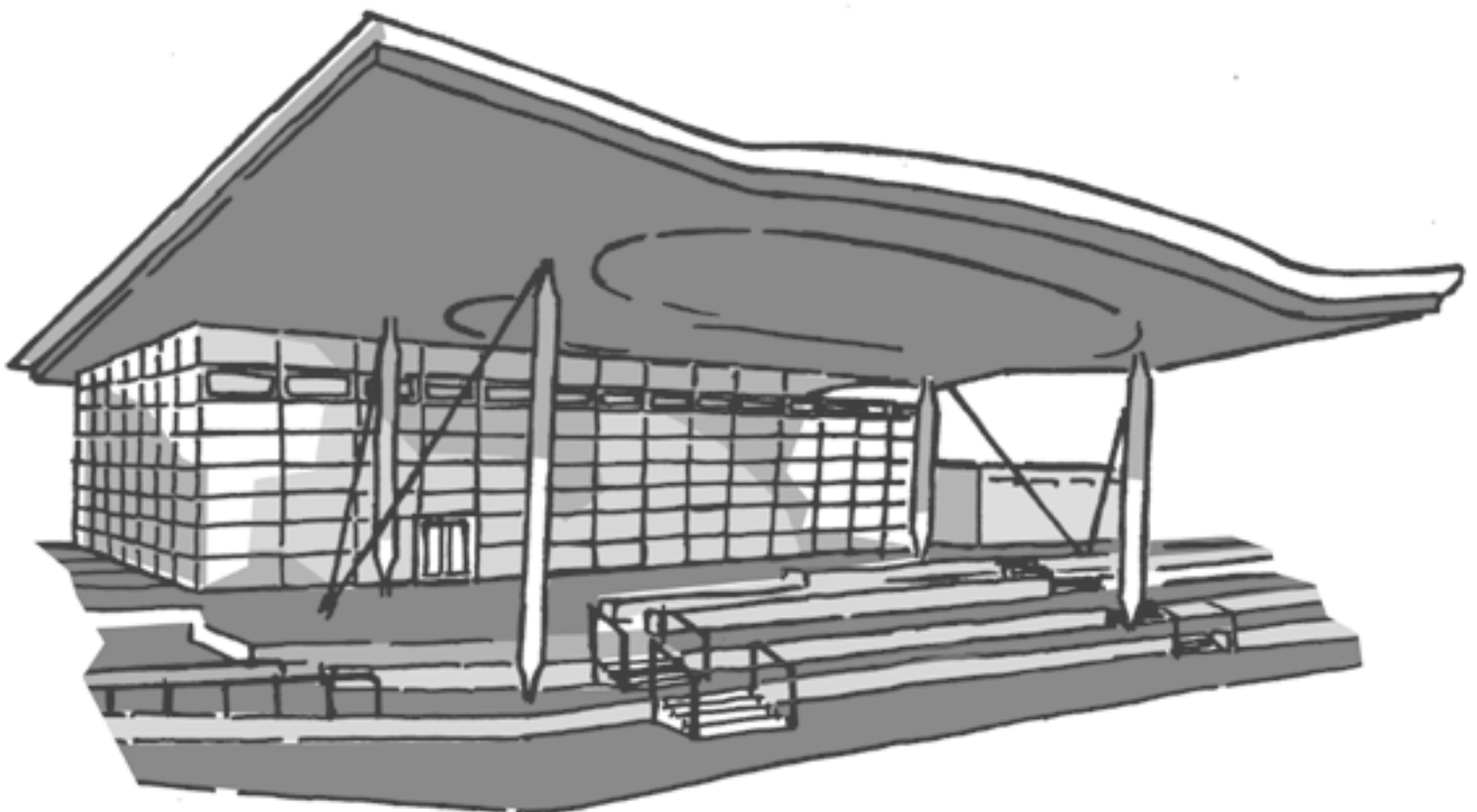


Llywodraeth Cymru
Welsh Government

www.gov.wales

Giving your organs after you die: what you need to know

This is an **Easy Read** version of
Organ Donation Wales A5 leaflet



October 2015

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Some words are hard to understand. If we use hard words we explain what they mean.

You may need help to read and understand this leaflet. Ask someone you know to help you.

If you want a copy of this leaflet in Welsh, please e-mail organ.donation@wales.gsi.gov.uk.

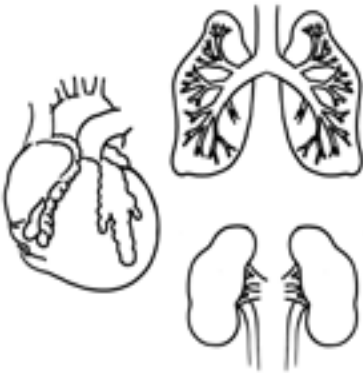
Chapter 1

What are organs?



We all have **organs** inside our bodies.

**Organs are parts of your body.
They help keep you alive and feeling well.**



Organs are things like

- Heart – it keeps blood moving around your body.
- Lungs – they help you breathe.
- Kidneys – they clean your blood.



Some people get ill because their organs do not work well. They might need a new organ.

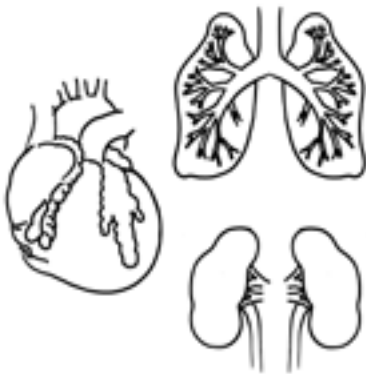
If they get a new organ it is called a **transplant**.

Chapter 2

What is organ donation?



When you die you might be able to give someone your organs. You might help someone get better.



Giving your organs to someone is called organ donation.

People can give their organs after they have died.



People who give organs need to die in a hospital. Usually they are in a special place for very sick people called intensive care.

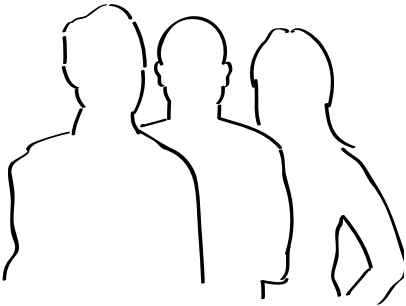
Most people will not die in that way. So very few people give their organs.

Chapter 3

Why do we need a new law?



A lot of people are waiting for new organs.
But there are not enough organs for
everyone who needs them.



3 people die each day in the United
Kingdom waiting for a new organ.

We want to help people waiting for a new
organ.

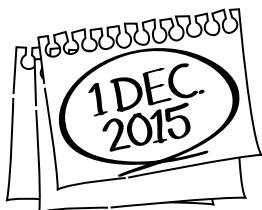


The new law will help us get more new
organs.

This should mean less people die waiting
for a new organ.

Chapter 4

About the new law



There is a new law on how you can give your organs.

The new law will start on 1 December 2015.

The new law gives you **3 choices**. You can



- choose that you want to **give your organs** or



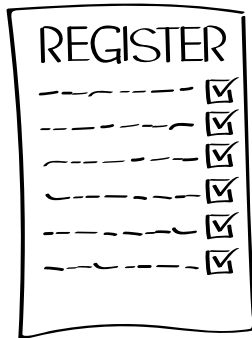
- choose that you **do not want to give your organs** or



- **do nothing**. This is like saying you are happy to give your organs.

Chapter 5

The Organ Donor Register



You can ask for your choice to be put on the **Organ Donor Register.**

The Organ Donor Register is a list used by people who work in hospitals. It tells them who wants to give their organs and who does not want to give their organs.

You can put your name on the Register by:



- filling out a form on the computer
or
- calling 0300 123 23 23.

You do not have to put anything on the Register if you decide to do nothing.

Chapter 6

Who does the new law cover?

The new law covers you if



- you are **over 18** years old and



- you **live in Wales for over 1 year** and

- die **in Wales**.



The new law will not cover you if you

- Live in Wales for less than 1 year or

- Do not die in Wales or

- Can not choose by yourself or

- Can not understand what doing nothing means.

Chapter 7

Will my family be asked?



Yes. If you could give your organs, someone in the hospital will talk to your family.

They need to ask your family

- If you understood about giving organs.
- If you lived in Wales for over 1 year.
- About your health.



Tell your family if you want or do not want to give your organs.

Your family can tell the people in the hospital about your choice.

Chapter 8

What will I need to do



You need to

- **Choose** if you want to **give your organs or not**.
- **Tell your family and friends.**



- Write down your choice by filling in a form on a computer. You can ask someone to help you do this.



- Or you can phone the help line who can write it down for you.

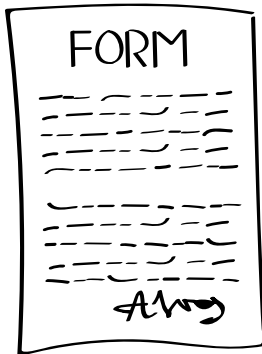
Chapter 9

Can someone make the choice for me?



Yes. You can pick a person to choose if you will give your organs or not.

This person is called your Representative.



If you want do this then you need to fill in a form.

The form lets doctors know who can make the choice for you. It also tells them that person's phone number.

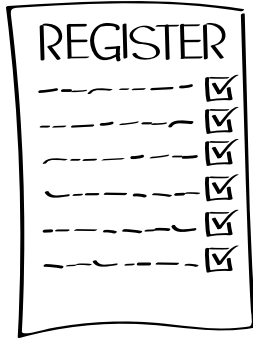


You can find the form on our website at www.organdonationwales.org.

If you need help you can ask the person you want to choose for you. Or you can call 0300 123 23 23.

Chapter 10

What if I have already made my choice?



You may have already put your name and choice on the Organ Donor Register.

If you have, you do not need to do anything else.



But you can change your choice at any time.

Chapter 11

Who can help me



You or your helper can ask your doctor, carer or family if you have any questions.

You or your helper can also



- Call the helpline – [0300 123 23 23](tel:03001232323) or

- Visit our website – www.organdonationwales.org or

- Email – organ.donation@wales.gsi.gov.uk



- Talk to us on Facebook – www.facebook.com/organdonationwales