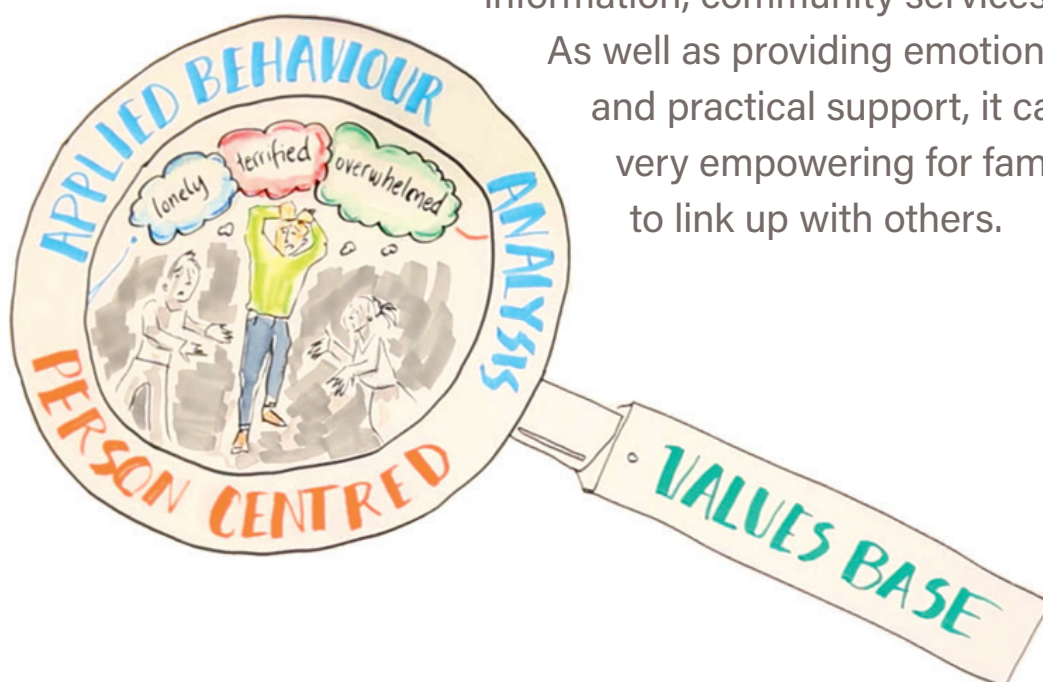

07 Additional Resources

Many families with lived experience of supporting a loved one with a learning disability report that reaching out to other organisations and groups is hugely beneficial. There are many resources available to families to help support them in their caring role. These can help you to share your experience as a family and provide support with more practical aspects of care, like accessing training, information, community services etc.

As well as providing emotional and practical support, it can feel very empowering for families to link up with others.





The Challenging Behaviour Foundation

The Challenging Behaviour Foundation (CBF)

<https://www.challengingbehaviour.org.uk/>

Provides families and other carers with a wide range of useful resources including:

Positive Behavioural Support (PBS) Information Pack; it explains what it is; what it looks like in practice; provides questions to ask to check that PBS is being delivered well in the setting you are looking at and guidance on how family carers can find out more including advice on training.

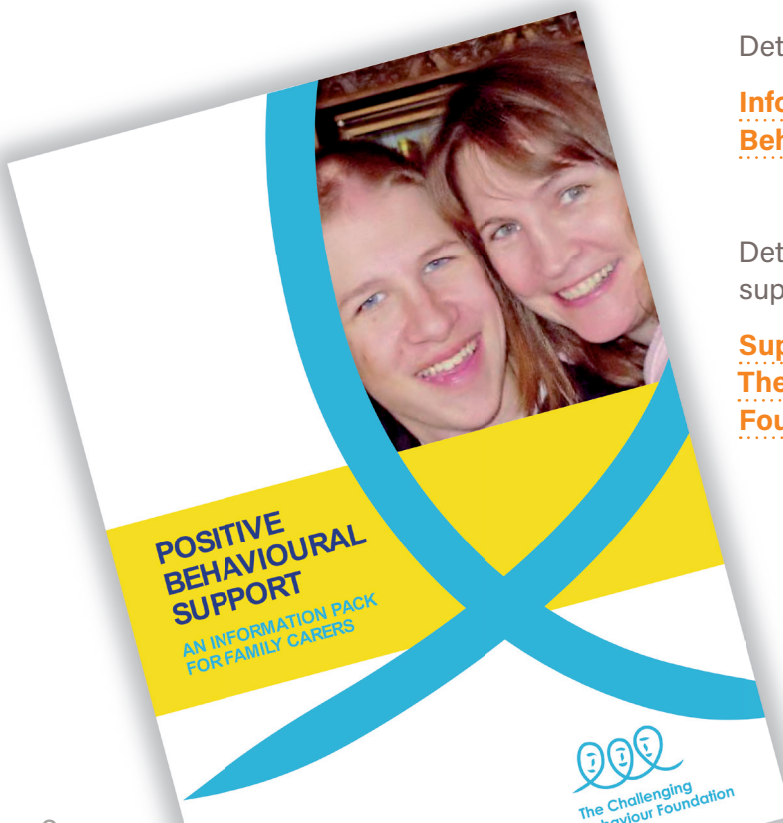
- PBS Positive Behaviour Support Resource Family Carer Guide ([challengingbehaviour.org.uk](https://www.challengingbehaviour.org.uk/))
- PBS workshops (co-designed and co-delivered by family carers) that are practical, and which receives very positive feedback.
- Workshops
The Challenging Behaviour Foundation, UK

Details of all resources are here:

[**Information. The Challenging Behaviour Foundation, UK**](#)

Details of helpline and casework support for families is here:

[**Supporting You. The Challenging Behaviour Foundation, UK**](#)





British Institute of Learning Disability (BILD)

<https://www.bild.org.uk/>

Provides a range of accessible information and training opportunities for carers and professionals.



Sibs

<https://www.sibs.org.uk/>

Aims to enhance the lives of siblings by providing information and support.



All Wales Forum of Parents and Carers

<http://www.allwalesforum.org.uk/>

Provides a collective voice for all families and carers of people with learning disabilities in Wales.



Learning Disability Wales

<https://www.ldw.org.uk/>

Brings together the learning disability sector in Wales.



MENCAP

<https://www.mencap.org.uk/>

Mencap provides support to people with learning disabilities, their families and their carers.

My Communication Passport

<https://mycommpass.com/>

Provides information on, and examples of Communication Passports; a tool to support positively and ensure the persons voice is heard.



Positive and Active Behaviour Support

<https://www.pabss.org/>

Communication passport guidelines and template



Home and Community Positive Behaviour Support Network

<https://hcpbs.org/>

Embracing Principles, Processes and Practices of Positive Behavior Support in Homes and Communities

Further information

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