

Welcome to our February e-bulletin from the Healthy Working Wales Team. Each month, we produce and distribute our e-bulletin to bring you the latest workplace health news, including Covid-19 guidance, access to helpful information and links to upcoming health promotion campaigns.

Feel free to share this e-bulletin across your networks, subscription information can be found below.

# COVID-19 GUIDANCE, ADVICE & SUPPORT

All of Wales is currently at alert level 4. What you need to do at alert level 4.

# **Healthy Working Wales Website**

A one-stop shop of information, toolkits and resources. Our pages are regularly updated and includes links to sector specific guidance, health events/awareness raising campaigns, webinar support, vaccination information and workforce/workplace risk assessments. Visit us <u>here.</u>

# Welsh Government Workplace Guidance

Information for employers and employees to keep safe in the workplace. This guide provides key information about the Coronavirus Regulations and access to information about risk assessment, working from home, social distancing, reducing transmission risk and implementing Test, Trace and Protect. Follow this <u>link</u> for more information.

### **Business Wales**

A directory of support, guidance and FAQ's for Welsh businesses. Click <u>here</u> for more information.

# FREE PPE PACKS FOR TAXI DRIVERS

Welsh Government has announced plans to support taxi and private hire drivers in Wales by providing a free pack of high quality PPE and vehicle cleaning materials.

Drivers are strongly recommended to wear face coverings when transporting passengers as long as it does not interfere with their ability to drive safely. The chosen face coverings are intended to be comfortable to wear for a long period of time. The legal requirement for passengers to wear face coverings remains in place. For more information on how to apply for a free pack, please visit: <u>https://gov.wales/free-ppe-packs-taxi-drivers</u>

For information on coronavirus (COVID-19) travel and transport advice and guidance for operators follow this <u>link</u>.

#### PREPARING FOR THE COVID-19 VACCINATION: GUIDE FOR EMPLOYERS

At the end of 2020, the NHS commenced a UK wide rollout of the Covid-19 vaccine. In Wales, the <u>Covid</u> <u>Vaccination Strategy</u> sets out the priorities, infrastructure and communication to enable the biggest vaccination programme in recent times. As vaccine delivery gathers pace, employers may require information for any employees classed as clinically extremely vulnerable that have received the vaccine, and how a workplace risk assessment could support a future return to the workplace. The Chartered Institute of Personnel Development (CIPD) has recently published an employer guide containing support and information on the following workforce topics:

- Encouraging vaccination
- Ways to communicate encouragement
- Adopting a vaccination policy
- Risk assessments
- Supporting employee health needs, concerns and beliefs

To view and download this guide, click here.

### **Remote Working Wales**

Welsh Government are currently exploring a workplace model where staff can choose to work in the office, at home or in a hub location across towns and communities. This plan seeks to include the opinions and feedback of everyone across Wales at a time where, for many, remote working or working from home has become the norm due to the Covid-19 pandemic.

If you would like to help shape the future of the Welsh workplace, please follow this <u>link</u> to complete the survey by 26 March.

#### MONEY NAVIGATOR TOOL FROM THE MONEY AND PENSIONS SERVICE (MaPS)

Covid-19 is profoundly impacting the lives of people in Wales and right across the UK. It is not only affecting physical health – it has also created a financial wellbeing crisis that is likely to continue to worsen for many people. The Money and Pensions Service (MaPS) is playing a critical role in helping people to deal with the crisis and has developed a free, bilingual online Money Navigator Tool (MNT) to support people who have seen their finances impacted by Covid-19.

By answering a series of questions (in under 30 seconds), it helps show people what financial matters they should consider for their circumstances. The tool provides tailored guidance on their circumstances, and where appropriate it directs them to specialist third party advice that can help with their problems.

#### Follow these links to find out more:

www.moneyadviceservice.org.uk/cy/tools/money-navigator-tool www.moneyadviceservice.org.uk/en/tools/money-navigator-tool

For more information on the Money and Pensions Service visit <u>https://moneyandpensionsservice.org.uk/</u>

# **KEY DATES**

### 1 – 7 March Eating Disorders Awareness Week

From 1 - 7 March join the Beat Eating Disorders campaign to create a future where people experiencing binge eating disorder are met with understanding and compassion. A range of posters, leaflets and factsheets can be downloaded <u>here</u>.



#### Throughout March Ovarian Cancer Awareness Month

Sign up to a number of awareness raising activities including 11,000 steps in March and the <u>1 in 50 Awareness</u> Challenge.

#### LOOKING FORWARD

#### 29 April On Your Feet Britain.

Take part in a national day when workers across Britain unite together and participate in a variety of fun and simple activities to #SitLess and #MoveMore at work.

For new subscribers, to receive these monthly e-bulletins please email <u>workplacehealth@wales.nhs.uk</u> and include **SUBSCRIBE** in the subject box. If you no longer wish to receive this e-bulletin, please email <u>workplacehealth@wales.nhs.uk</u> with **UNSUBSCRIBE** in the subject box and we will remove your address from our database.

To view the January Healthy Working Wales e-bulletin, click here.

Due to the pandemic we have paused the HWW programme, however we remain active with our role to promote health and wellbeing. We are also contacting organisations where their workplace health award has/is due to expire to offer a Revalidation Status Check. If this applies to your organisation, please email us on the above address.