

## Welcome to the Healthy Working Wales August E-bulletin

Our monthly e-bulletin provides the latest from the Healthy Working Wales (HWW) Team, including Covid-19 guidance, workplace health and wellbeing news, links to upcoming campaigns and events plus keeping you updated on future plans for the programme.

With the continued relaxation of Welsh Government lockdown measures, the HWW Team are looking forward to resuming our programme of activities and working alongside employers to create healthy workplaces and promote the health and wellbeing of the Welsh workforce.

Feel free to share with colleagues and your networks, subscription information can be found below.

## **Covid-19 Latest Guidance**

The **<u>HWW</u>** website provides a one-stop shop of Covid-19 related information, toolkits and resources including risk assessments, sector guidance, vaccination information and wider health campaigns and information.

# Alert Level 0: guidance for employers, businesses and organisations

Providing essential information to help businesses, employers and other organisations to meet their legal obligations to minimise the risk of people being exposed to, or spreading, coronavirus on their premises. To view this guidance click **here.** 

Business Wales directory of support, guidance and FAQs can be found here.

# **Covid-19 Vaccine Guidance for employers**

As Covid-19 vaccination increases throughout the UK, employers should think about the implications for their staff, visitors and workplace as a whole including: communication to encourage take up; risk assessment; and vaccine policy.

Employers will also need to take account of contractual terms and data protection, disciplinary, grievance and dismissal policies. The Chartered Institute of Personnel and Development (CIPD) has published a **guide** for employers on the implications of Covid-19 vaccination on the workplace, addressing issues such as adopting your

own vaccination policy and managing employees who cannot, or refuse to, be vaccinated.

Visit **Public Health Wales** for information about the Covid-19 vaccine. If you or your staff are due a Covid-19 vaccination but have not yet been contacted, click **here**.

## Long Covid

The Society Of Occupational Medicine (SOM) has recently published a new **podcast** focussing on Long Covid and work. Delivered by health and employment professionals, the episode discusses emerging work-related issues around Long Covid and explores both the individual and economic impact.

To learn more about Long Covid and where to access support and recovery, visit **NHS Wales**.

## **Healthy Working Wales Podcasts**

The Healthy Working Wales Team are pleased to share a series of podcasts they have developed as part of a new set of resources aimed at supporting employers.

There are four x 30 minute podcasts which feature a range of topical conversations with experts about workplace health. Packed full of helpful and practical information, these podcasts have been designed to provide employers with the knowledge and support that they need in order to keep the Welsh workforce healthy and in work.

<u>Covid-19 and Mental Wellbeing of Employees</u> <u>Mental Health in the Workplace</u> <u>Fit For Work</u> <u>Keeping The Workplace Safe during the Covid-19 pandemic</u>

You can access the podcasts by visiting the **Healthy Working Wales website.** 

## Healthy Working Wales Covid-19 Commendation Event

The HWW team is planning a virtual Covid-19 commendation event to take place in Autumn 2021 to recognise and celebrate employers in Wales who have demonstrated innovative practice in adapting to protect their workforce and wider community during the pandemic.

The commendations will cover a range of topics and seek to highlight innovation in areas such as physical health, mental health, home working, returning to work, sustainability and diversity and inclusion.

Further details about the event and how to submit entries for the commendations will be coming soon!

#### **Healthy Working Wales Status Revalidation Checks**

From February to May this year, phase 1 of our **<u>Status Check</u>** programme saw a total of 52 organisations achieving a revalidation to their existing Corporate Health or Small Workplace Health Award.

Delivered in conjunction with Emma George Consulting, the Status Check offers

organisations an opportunity to retain their current HWW Award level via a short assessment to explore ongoing commitment to the health and wellbeing of staff. The check also considers new developments or approaches implemented in response to the pandemic to instigate new ways of working and protect employees' wellbeing. Feedback from one of our successful Status Check organisations:

"The resounding feedback I have received from the team is how engaging they found the Status Check session. It is rare we get the opportunity to focus on the progress being made, the positives being achieved and the challenges we are striving to overcome. We are very grateful and appreciative of your time, your approach to the session and for providing everyone with an opportunity to contribute. We look forward to continuing to live up to Platinum Status." Velindre University NHS Trust.

HWW would like to offer congratulations to all organisations that have successfully revalidated their Award and we look forward to continued success during the next phase of the Status Check programme.

Please email **workplacehealth@wales.nhs.uk** if you would like further information about a Revalidation Status Check.

### **Key Dates**

10 September World Suicide Prevention Day

Observed every year, World Suicide Prevention Day provides the opportunity for people across the globe to raise awareness of suicide and suicide prevention.

20 – 26 September **Organ Donation Week** Encourages people to join the NHS Organ Donation Register and to share their donation decision.

Links to a range of health awareness campaigns can also be accessed via our Healthy Working Wales **website**.

To sign up for monthly Healthy Working Wales e-bulletins and view previous ebulletins, click **here**.

**Healthy Working Wales** 

