Aseptic Technique describes the measures we take to protect you from infection during invasive clinical procedures, such as surgery, insertion of medical devices and administration of intravenous medications. ANTT is a unique type of aseptic technique (NICE 2012).

**Hand Cleaning**
We clean our hands immediately prior to commencing your procedure, and use protective equipment like gloves.

**Using Aseptic Fields**
We protect procedure equipment from microorganisms by using a cleaned procedure tray and individual equipment covers, or, for more complex procedures, use a sterilized drape.

**Using Non-Touch Technique**
We avoid touching the ‘Key-Parts’ of procedure equipment & any open wound or procedure skin site. If we must touch them we wear sterilized gloves.

**Preventing Cross Infection**
We remove our gloves and wash our hands immediately after we have tidied up your procedure.

If you have questions or concerns about aseptic technique please ask the Nurse in Charge.

www.antt.org

www.antt.org
enquiries@antt.org