

Monitoring childhood heights and weights in Wales:
Developing a feasibility study
Friday 7th December 2007



Novotel Hotel, Cardiff

7th December 2007

Delegate Pack

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1. Objectives:

1. Share objectives of feasibility study with stakeholders
2. Gain broad agreement on specific aspects of the feasibility study
 - a. Which children will be included and how they will be approached?
 - b. What form consent will take?
 - c. What will be measured?
 - d. Which staff will undertake the measurement?
 - e. How will data be collected?
 - f. Level of feedback to be provided?
 - g. Outcome measures to be included?
3. Nominate individuals for a steering group to oversee implementation of the feasibility study
4. Agree a timeframe for the next steps

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2. Agenda:

10:15 Tea, Coffee & Registration

10:30 Welcome, introduction and Objectives

Dr J Greenacre

Presentations session 1:

10:45 Background and practicality.
Dr C Humphreys

11:05 Which Staff? What equipment?
G Arthur

11:20 Measures of obesity in Children.
N. Thomas, M. Kingsley

11:35 Coffee

Presentation session 2:

11:45 Adjusting for bias with pictograms
Prof R. Williams

12:05 Data systems
N Lester

12:25 Outcome measures
Dr C Humphreys

12:40 Lunch

13:10 Group Sessions

(Please see later sheets in this pack for information)

Coffee (optional)

13:55 Feedback from group sessions

15:10 Conclusions and way forwards

Close and completion of Evaluation Forms

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3. Group sessions: Topics.

Red Group: Approaching children

- Which children to include (age, schools)?
- How should children be identified?
- What information will be available before approaching children?
- What form should consent take? opt-in / opt-out; parent / child
- Is stigma a risk to the approached children and what should be done to avoid any negative effects?

Yellow Group: How measurements are taken

- Who should take measurements?
- What tools should be used?
- How should it be delivered - should it be piggy-backed on other school programmes?
- Should it be part of whole school interventions

Green Group: Data-collection and data quality

- Which database to identify children?
- Which database to collect results?
- How should data quality be assured?

Blue Group: Feedback and outcomes

- Should parents be encouraged to seek feedback?
- When feedback is requested what information should be supplied? Height, weight, BMI, descriptive, etc?
- What additional support needs to be provided at the time of feedback for the feasibility study?
- Which measures of programme quality and outcomes should be used?

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5. Evaluation.

Please mark a score in the box for each question, using the scale below

Below Average		Average	Excellent
1	2	3	5

	Score	Comments
Pre-arrival details		
Venue		
Reception/arrival		
Conference pack		
Catering		
Organisation		
Format of the day		
Quality and content of presentations		
Quality and content of workshops		
Achievement of aims		

1. Please comment on the positive or negative aspects of the day.

2. What content would you like to see covered at future conference events?

3. Any further comments?

Name:	<i>Thank you for completing this form.</i>
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