NHS Flu and which ones to take?

Understanding who's eligible for the NHS Flu 

Flu vaccination is free for certain groups. To check if you're eligible, you must be a UK resident and fall into one of the following categories:

- Chronic respiratory conditions such as COPD
- Heart conditions
- Kidney disease
- Chronic liver disease
- Chronic neurological conditions
- Receiving regular dialysis
- Receiving regular chemotherapy
- Pregnant
- Aged 65 or over
- Have a long-term physical or mental health condition
- Have a BMI of 40 or more

Visit www.beatflu.org for more information.

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Eligibility flyer – Punjabi/Pakistani