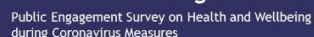


# Covid Population Health Group Showcase

## 2021-2022



## A basic income to improve population health and well-being in Wales?



# #SAFE TO SAY



# The Sustainable Steps Series

*Helping to make the Well-being of Future Generations Act a positive reality*



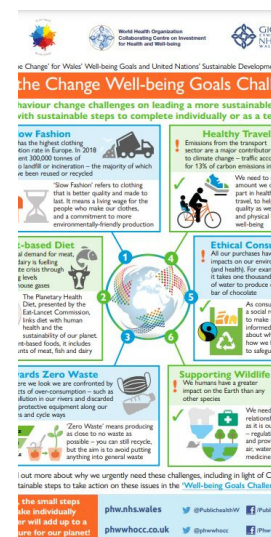
## Sustainable Home and Agile Working

Each and every one of us in the Welsh public sector has a part to play in making the Well-being of Future



## What Works to Prevent Violence against Women, Domestic Abuse and Sexual Violence (VAWDASV)?

## Systematic Evidence Assessment



Over the past two-years, Public Health Wales has played a critical part in the control of COVID-19. Our expertise has influenced the identification of infection, underpinned advice on self-protection and informed the necessary restrictions put in place across Wales in order to minimise the spread of the virus. However, even in the early stages of pandemic it was clear that such dramatic changes to people's live would have profound repercussions for their immediate and long term mental and physical health. We required new information on how people were coping with greater isolation, restrictions on their movements and less access to services. We needed to understand how other countries were coping with new ways of living and working, learn from them and help them learn from us. Further, although the pandemic was the predominant concern for people and public health professionals, we still needed to ensure that other existing and potential threats to people's health were monitored, assessed, and addressed as the pandemic progressed. In order to meet many of these challenges, Public Health Wales established the Population Health Group, pulling individuals together from across the whole organisation in order to consider and help address the broader harms arising from or continuing through the pandemic. With a little funding and a lot of good will and enthusiasm, the group and the staff they represent have undertaken critical work to influence how we and others protect and promote broader health throughout the pandemic. As pandemic restrictions recede, and the attention of our whole organisation moves back to population health and inequalities, here we have pulled together a record of some of the accomplishment of PHG.

I have had the pleasure of chairing this group through the pandemic and would like to thank my vice-chairs (Tracy Black and Sally Attwood), all members of the group and the wide range of staff across Public Health Wales who have contributed their work and dedication throughout. Thanks is also due to the Executive and Board for recognising the need to address broader health issues during the pandemic and creating the resource and space to make this possible. I hope that we are not faced with another crisis like COVID-19 for many, many years. However, should another pandemic emerge, I hope the learning from the Population Health Group means that we are well prepared for many of the inevitable challenges it will present to public health in Wales.

**Mark Bellis, Director of Policy and International Health, WHO Collaborating Centre on Investment for Health & Well-being**

## April 2020 onwards

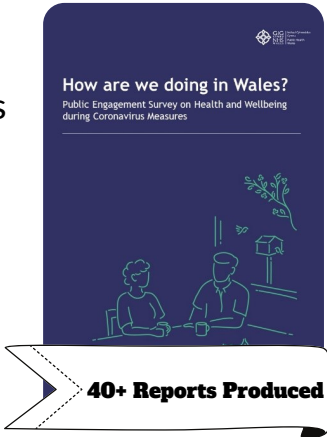
### Public engagement survey on health and wellbeing during coronavirus measures

**The Role:**

The public engagement survey was established to monitor how coronavirus and related control measures were affecting population health and wellbeing in Wales.

**The Impact:**

Over 27,000 adults in the general population have participated in the survey since it began in April 2020  
Over 40 reports have been produced on survey findings, which have fed directly into the Welsh Government and Public Health Wales response.



**How to understand new UK trade agreements and their implications for population health and well-being in Wales**



For over four decades, the EU has handled most of the UK's trade policy. Now, as the country regains autonomy over its trade policy decision-making, the government must carefully consider its approach to pursuing free trade agreements (FTAs). The UK government has already agreed a trade deal with the EU and has recently formally applied to join one of the world's largest FTAs, the Comprehensive and Progressive Trans-Pacific Partnership (CPTPP).

Both of these agreements will have significant implications for a range of health determinants including food standards, tobacco and alcohol regulation, working conditions and environmental protection across the nations of the UK, which includes Wales. But in the public health system ready to maximise opportunities for health, these agreements require doing, and mitigate any potential risks that will be the responsibility for Wales.

This two-part virtual masterclasses aims to equip public health specialists, policy makers and public sector leaders with a better, more detailed understanding of how the UK-EU and CPTPP trade agreements might influence the determinants of health and wellbeing. The aim is to equip participants with the necessary knowledge to support better advocacy for health and health equity in the realm of trade policy.

Part 1	Part 2
Will focus on the health impacts of the UK joining the Comprehensive and Progressive Trans-Pacific Partnership (CPTPP)	Will focus on health impacts in relation to the UK-EU Trade and Cooperation Agreement
<b>When:</b> Tuesday 2 <sup>nd</sup> April 2021, 1pm-2.30pm BST	<b>When:</b> Tuesday 1 <sup>st</sup> May 2021, 1pm-2.30pm BST
<b>REGISTER HERE</b>	<b>REGISTER HERE</b>

Each session will include:

- An overview of findings from previous health impact assessments (HIAs) of free trade agreements;
- An analysis of the language used in trade agreements, with a focus on how to interpret it, and what it means for health and well-being;
- Practical analysis of each agreement and implications for health, well-being and the NHS in the UK.

**Guidance:** Policy makers, public sector leaders, third sector, public health specialists

**Registration may occur in one or both parts:**

<https://www.publichealthwales.org.uk>



## April and May 2021

### Trade and Health Masterclasses

**The Role:**

These were held to enable health and other interested stakeholders to better understand the Brexit Trade Cooperation Agreement and the upcoming Comprehensive and Progressive Trans Pacific Partnership Pact.

**The Impact:**

Led to the establishment of a Devolved Administrations health and trade group which meets quarterly in order to understand each other's work and how we can advocate for health and equity.

## May 2021

### Communities4Change Wales Blueprint

**The Role:**

Evidence informed Communities4Change Wales blueprint developed for accelerating collaborative action on the wider determinants of health.  
Approach piloted with Cwm Taf Morgannwg Health and Housing Partnership to develop an information sharing mechanism for health and housing partners.

**The Impact:**

Blueprint being put into action to strengthen collaborative working between health, housing and local authority partners in a pilot across Cwm Taf Morgannwg.



**Communities4Change Wales:**  
Scope and development

Catherine Widdow, Christian Healthcare Estate, and Dr Gwyn Humphreys







May 2021

## COVID-19 and Employment Changes in Wales Report Series

### The Role:

Good Work, Good Health – Securing Our Future virtual conference with around 90 attendees to highlight findings from reports and engaging with stakeholders on improving access to good work with a focus on young people.

Shared with 400 stakeholders.

Findings presented to Policy groups in Welsh Government.

### The Impact:

BBC News television news coverage/interview.

Led to Public Health Wales' establishment of expert panel.

May 2021

## Be the Change Well-being Goals Challenge

### The Role:

Sets out six separate behaviour change challenges that inspire us to act to live more sustainably. They are designed to be undertaken on your own, with your team mates or as a team to team challenge.

Drawing on Wales' Well-being Goals and the wider United Nations Sustainable Development Goals, the challenges focus on Slow Fashion, Plant-based Diet, Towards Zero Waste, Healthy Travel, Ethical Consumer and Supporting Wildlife, with sustainable steps provided to guide you on your challenge journey.

Highlights each and every one of us has a part to play in securing the future for our planet and in 'being the change' towards the Wales we want for our current and future generations.



May 2021

## Be the Change: Sustainable Home & Agile Working

### The Role:

Provides ideas, examples and simple steps to support individuals to work sustainably at home, to help improve Wales' well-being now and in the future.

Provides sustainable steps covering IT, mental well-being, lunch, commuting and travel  
Highlights how the simple steps supports Wales' well-being goals and the United Nations Sustainable Development Goals.

### The Impact:

Includes case studies from staff within Public Health Wales and across partner organisations and provides information and links for people to learn more to improve their sustainable behaviour while working at home or agilely.



May August and November 2021

## Green Opportunities e-briefing (Summer, Autumn and winter editions)

### The Role:

The quarterly updates capture learning to aid Wales' green recovery from COVID-19, identifying sustainable opportunities to support population health – and receive positive feedback from partners.  
Each e-briefing has a different themes, linked to the World Health Organisation Manifesto for a Healthy and Green Recovery from the pandemic, but keep the same sub headings to support the priorities of the Public Health Wales Population Health Strategic Group.

Themes covered to date include the impact of COVID-19, energy and air pollution, sustainable and active travel, biodiversity and waste minimisation/ circular economy.



June 2021

## #SafeToSay Campaign Phase One

### The Role:

This pilot sought to encourage prosocial bystander responses toward individuals who demonstrate inappropriate and harmful behaviours in the night time economy.

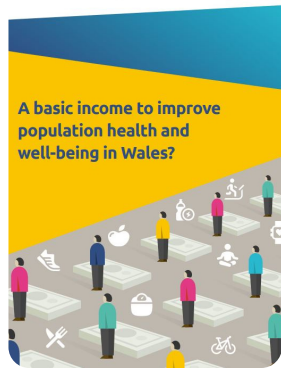
An evaluation of phase one is soon to be published and a second phase of the campaign is currently underway, following additional funding from the Home Office Safety of Women at Night Fund.

### The Impact:

A post-campaign public survey found that 71% of the 265 respondents felt that the campaign helped people know how to intervene safely when they witnessed sexual harassment or violence.

Of those who had seen the campaign whilst it was live, 44% felt the campaign helped them recognise sexual violence, 26% felt the campaign increased their confidence to take action and 42% felt the campaign provided them with the information they needed to take action.





June 2021

## Report: A basic income to improve population health and well-being in Wales?

### **The Role:**

This report was aimed at decision-makers considering basic income in Wales, drawing together international examples of policy design and implementation.

### **The Impact:**

The report introduced the concept of basic income, appraised the evidence from pre-existing schemes and trials, provided evidence to inform the debate, to support future decision-making, and shape thinking for further research and led to the author being seconded to Welsh Government to help design and deliver their basic income pilot.

June 2021

## Voices of Carers during the COVID-19 Pandemic: Messages for the future of unpaid caring in Wales

### **The Role:**

The findings were discussed by Dr Daniel Burrows and Chris Williams, a social work practice educator and trainer in a Podcast on ExChange (CASCADE) in August 2021,

The findings were also presented to the Children's Commissioner for Wales (August 2021).

### **The Impact:**

Cardiff University is organising a workshop in March 2022 which will bring together unpaid carers and carer groups, policy makers and researchers to discuss recent research findings and identify future research priorities.

**Voices of Carers during the COVID-19 Pandemic:**  
Messages for the future of unpaid caring in Wales



June 2021

## Wales Violence Surveillance System Evaluation

### **The Role:**

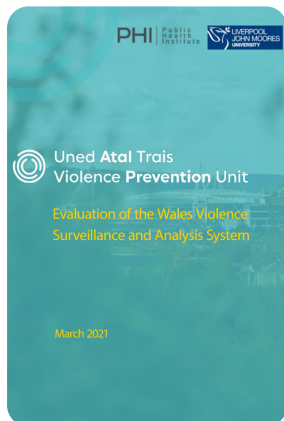
Wales Violence Prevention Unit commissioned the first independent evaluation of the Wales Violence Surveillance and Analysis System (WVSAS). This system enables the Violence Prevention Unit to produce Violence Monitoring Reports, which bring together data on violence from organisations across Wales to help identify trends and inform violence prevention activity.

### **The Impact:**

The evaluation found that since the Violence Monitoring Reports began in April 2020, the number of agencies contributing data has increased from five to 22, indicating enhanced collaboration enabled by the WVSAS.

In the evaluation, 90% of survey respondents agreed that through its Violence Monitoring Reports, the Violence Prevention Unit is facilitating multi-agency data sharing for the purposes of violence prevention across Wales.

The majority (97%) of survey respondents supported the development and continuation of the Violence Monitoring Report, which will be delivered through the Violence Prevention Unit's Violence Intelligence for Prevention Hub.



June 2021

## Who are most vulnerable to employment changes during the COVID-19 pandemic? Key findings from a national survey

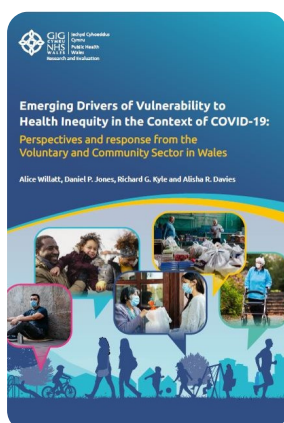
### **The Role:**

Presented at the Good Work, Good Health: Securing Our Future conference (7th June 2021), hosted by Public Health Network Cymru and with Dr Frank Atherton, Chief Medical Officer for Wales as keynote speaker.

### **The Impact:**

The abstract was featured in the Public Health Science Conference (26th November 2021)

Published in BMJ Journal of Epidemiology & Community Health.



July 2021

## Emerging Drivers of Vulnerability to Health Inequity in the Context of COVID-19

### **Impact:**

Featured in EuroHealthNet Magazine, December 2021.

Voluntary/Community Sectors across Wales recognised the report as an important piece of work for the voluntary sector. The report was discussed at the Vaccine Equity Committee and 'unanimously welcomed' by the members of the committee. Dr Sally Rees, National Third Sector Health and Social Care Manager at WCVA said "The findings from this research highlights the important role the VCS has played, from the outset, in supporting vulnerable people in our communities during COVID-19. As this research identifies, there is a need for a co-ordinated approach that values, understands and acknowledges the role the sector in the co-design and co-delivery with citizens of sustainable, well-resourced voluntary and community-based services now, and in the future to reduce the prevalent health inequalities across Wales."



# July 2021

## Using health impact assessment (HIA) to understand the wider health and wellbeing implications of policy decisions: the COVID-19 'staying at home and social distancing policy' in Wales

### The Role:

Staying at Home and Social Distancing HIA as a case study in BMC Public Health  
 This journal paper outlines the HIA which was carried out by Public Health Wales and notes the role of the organisation as a Public Health Institute in facilitating this work.

### The Impact

Cited in other papers and grey literature relating to lockdown and the wider health impacts of COVID-19.



# July 2021

## Fair work for health, well-being and equity expert panel

### The Role:

Panel established, bringing together diverse Experts from across Wales.

### The Impact:

Received multiple sources of evidence, including bespoke synthesis.  
 Submitted recommendations to inform Welsh Government Employability Plan.



# July 2021

## Step Change for a Sustainable Planet: Implementing the United Nations Sustainable Development Goals

### Role:

The toolkit was developed as part of the response by the Health and Sustainability Hub to take clear and positive action to help organisations and their staff respond to the United Nations Sustainable Development Goals (UN SDGs).

### The Impact:

The toolkit supports staff, on an individual level or by working together as teams, to become 'change makers' by helping them to put into practice the principles of sustainable development.

# July 2021

## Wales and the global goals infographic

### The Role:

The Wales and the global goals infographic provides a background summary of the global and Wales' approaches to sustainable development, including the steps to deliver the global agenda in the Well-being of Future Generations (Wales) act 2015. The infographic includes:

A literature review on embedding Wales' Sustainable Development Principle ('five ways of working')

Annual 'Well-being of Wales Report' on progress towards sustainable development.

Wales' national indicators to measure progress and a short case-study on Wales' 'Health in All Policies' approach to public policy.



# August 2021

## International Horizon Scanning and Learning to Inform Wales' COVID-19 Public Health Response and Recovery

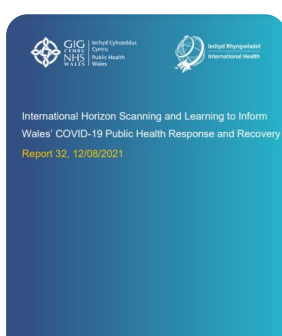
### The Role:

Different aspects of COVID-19 reviewed and summarised with full referencing throughout to enable quick access to reliable information and evidence.

### The Impact:

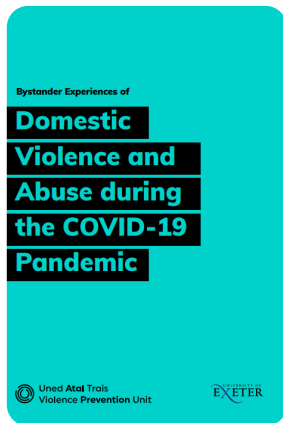
International evidence and good practice shared weekly at the height of the pandemic and more recently monthly, with policy makers influencing the topics to be considered and utilising this in decision making.

Thirty seven reports produced to date with a calendar showing the timeline and evidence at different stages of the pandemic and a summary report on health inequalities published.



37 Reports Produced





September 2021

## Bystander Experiences of Domestic Violence and Abuse during the COVID-19 Pandemic

### The Role:

This research by the Wales Violence Prevention Unit in collaboration with the University of Exeter, explores the experiences and behaviours of bystanders to domestic abuse during the COVID-19 pandemic, to help inform policy and bystander intervention training programmes in light of the changes to daily lives brought about by COVID-19 restrictions.

### The Impact:

The research was featured on BBC Wales broadcast, radio and online. The Violence Prevention Unit hosted a webinar to mark its publication, with 145 attendees. 85% of post-webinar survey respondents rated the webinar as very good or excellent and 93% rated it as very or extremely helpful, with collaboration and information sharing mentioned positively in feedback.

The Wales Violence Prevention Unit have been invited to the European Network on Gender and Violence Conference to present the research.

September 2021

## Closing the educational engagement gap for young carers.

### The Role:

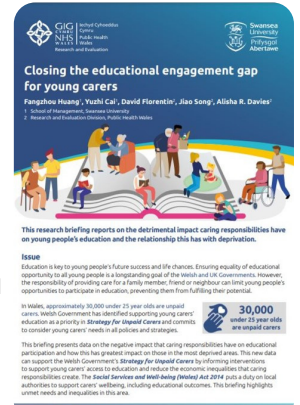
This Research Briefing reports on the detrimental impact caring responsibilities have on young people's education and the relationship this has with deprivation.

### The Impact:

Members of the Senedd requested to see the infographic.

The findings were also presented to the Children's Commissioner for Wales (August 2021)

Kate Cabbage (Head of External Affairs, Carers Trust Wales): "We strongly welcome today's publication which makes a useful contribution to our understanding of the interrelation between young carers, poverty and education. I can't tell you how valuable this evidence will be in helping to shape the Unpaid Carers Strategy Delivery Plan. We've really struggled to prove many of the things the publication demonstrates. This work will significantly improve our ability to influence key education focused actions within the delivery plan."



September 2021

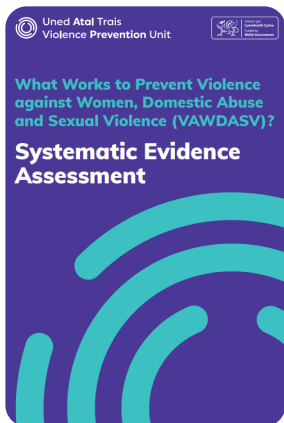
## What Works to Prevent Violence against Women, Domestic Abuse and Sexual Violence (VAWDASV)?

### The Role:

This research, delivered by the Wales Violence Prevention Unit and funded by Welsh Government, identifies effective primary and secondary prevention interventions for VAWDASV, to inform the adoption of evidence-based policy and practice.

### The Impact:

In the first instance, this report has been used to inform the Welsh Government's VAWDASV Strategy Refresh. The report has been viewed 530 times on the Violence Prevention Unit website, and it has been accessed 513 times from the initial mailout to stakeholders. The publication's launch tweet earned 22,000 impressions and a 2% engagement rate. The report has been presented at 8 meetings with senior stakeholders and partners within Wales and across the UK, including the Youth Endowment Fund, Scottish Government and Public Health Scotland, and the Metropolitan Police.



September/October 2021

## Public Services Boards workshop: future trends and local well-being assessments

### The Role:

A series of four workshops for Public Service Boards to support them to think long-term and use future trends in their well-being assessments by introducing them to practical tools.

### The Impact:

This round of well-being assessment is significantly improved in terms of futures and the long-term way of working according to The Future Generations Commissioner for Wales analysis.

The technique introduced in the workshops was used in the assessments/ in meetings to inform the assessments. Project has strengthened value that Welsh Government sees in working closely with Public Health Wales, Natural Resources Wales and The Future Generations Commissioner for Wales in this area, with commitment to future joint working.

### Public Services Boards workshop: future trends and local well-being assessments

**Focus on outcomes:** 2021  
In partnership with Public Health Wales, Natural Resources Wales, and the Future Generations Commissioner's Office, Welsh Government recently held a series of workshops with Public Service Boards (PSBs) across Wales to consider future trends as part of their local well-being assessments. The aim of the workshops was to explore the trends that could be driving change in the long term and how future thinking techniques can help PSBs evaluate what they mean for their well-being assessment.  
**Background:**  
Ahead of the publication of the Future Trends Report Wales 2021 in December, the Welsh Government wanted to explore the importance of embedding long-term thinking into their well-being assessment.  
Under the Well-being of Future Generations Act, PSBs must submit an assessment of the state of economic, social, environmental and cultural well-being in their areas no later than the date of an ordinary local government election. The aim of the workshops was to explore the trends that could be driving change in the long term and how future thinking techniques can help PSBs evaluate what they mean for their well-being assessment.  
**Expanding the dynamics of change:**  
The aim of the workshops was to provide an opportunity for PSBs to discuss the key trends that will be featured in the Future Trends Report, to what extent these trends may relate to the various regions within Wales, and how they may affect planning for the future.  
**Workshop attendees:** were provided with a list of future trends and were asked to complete an impact assessment using the digital collaboration platform (Miro).  
Considering the trends in this way can help identify what local steps, if any, are required (see Figure 1). This future exercise requires attendees to consider what the impact of the trends will be on their local area and then, about how they think they are about the impact, and how important they think it will be in terms of affecting well-being. Officers completed the PSB assessment by exploring the potential impacts of a specific trend where they felt the potential impact was important but uncertain. Some key



October 2021

## Rising to the Triple Challenge of Brexit, COVID-19 and climate change: Strategic Overview

### The Role:

The report provides a strategic overview of the cumulative and interconnected health and well-being impacts of Brexit, COVID-19 pandemic and climate change in Wales and the 'triple challenge' that this poses for the population. It identifies the key social determinants and population groups affected by this Triple Challenge and provides some key examples i.e. health behaviours such as alcohol and those on low incomes and fishers and farmers. It highlights the important pathways of impact for example, the content of Free Trade Agreements.

### The Impact:

The report is aimed at a wide range of audiences including public bodies, public health and policy officials but will also have huge relevance to the Third Sector and wider civil society.

October 2021

## Understanding and addressing the barriers and facilitators for influenza and COVID-19 vaccine uptake among NHS employees in Wales: Qualitative insights and co-produced interventions.

### **The Role:**

The project consisted of two phases with employees at Cwm Taf Morgannwg University Health Board (CTMUHB). In Phase 1 36 interviews were conducted with CTMUHB employees to explore the barriers and facilitators influencing influenza and COVID-19 vaccine uptake using the COM-B model. Using the findings from Phase 1, Phase 2 co-production workshops were then held with CTMUHB to design interventions to support influenza and COVID-19 vaccination uptake using the COM-B model and the Behaviour Change Wheel.

### **The Impact:**

Cwm Taff Health Board and Sheffield Hallam University organised a webinar to discuss the findings in March 2022. The report was used by Health Boards across Wales to inform best practices around vaccine roll outs among NHS employees. It was shared with the National Influenza Action Group and with the Vaccine Equity Committee.

October 2021

## What could post-Brexit trade agreements mean for public health in Wales?

### **The Role:**

A briefing for public health professionals and officials who are interested in how Brexit and trade agreements may affect their work, and for those in trade policy to raise awareness of public health impacts.

### **The Impact:**

Raised the profile of Public Health Wales as a stakeholder in trade policy. For example: PHW is now a member of WG's Trade Policy Advisory Group, Public Health Wales is being actively consulted by the Trade Justice Wales stakeholder alliance, Public Health Wales is working with Public Health experts from England, Scotland and NI on trade and health issues.



November 2021

## Unpaid carers in Wales: The determinants of mental wellbeing

### **The Role:**

The aims of this study are to understand the association between caring intensity and mental wellbeing for unpaid carers in Wales and whether this differs across demographic groups and to examine the impact of socio-economic position (employment and education) on average and gradations of mental wellbeing among unpaid carers with different levels of caring intensity.

### **The Impact:**

Welsh Government launched the Strategy for Unpaid Carer: delivery plan. The plan identified this programme of work as sources of evidence to measure success and progress across all four of the key priorities identified in the plan in the Strategy for Unpaid Carers.

The report was presented at the Royal Statistical Society Conference in September 2021.

Carers Trust Wales organised a Lunch and Learn in February 2022 to discuss the findings.

Julie Morgan MS (The Deputy Minister for Social Services): "The physical and emotional impact of caring can be overwhelming and it is vital we support unpaid carers in looking after their own health and wellbeing. These studies will help us all to improve outcomes for unpaid carers and increase wellbeing, educational attainment and employment opportunities."

November 2021

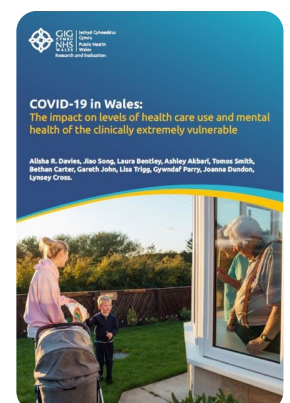
## COVID-19 in Wales: The impact on levels of health care use and mental health of the clinically extremely vulnerable

### **The Role:**

The aim of this short report is to describe the characteristics of the CEV population in Wales and examine changes in secondary health care activity and the mental health of this population during the COVID-19 pandemic.

### **The Impact:**

The findings were discussed in form of a briefing and article by the Health Foundation. The findings were also presented to the Children's Commissioner for Wales.



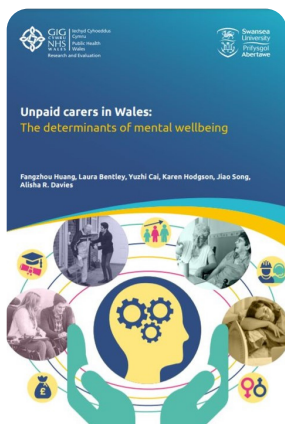
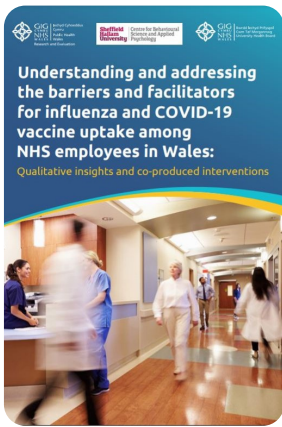
November 2021

## Global Citizenship Modules

### **The Impact:**

It was launched at the Wales for Africa Health Links Network Conference in November 2021 and has been very positively received.

It has been utilised both internally to the NHS in Wales for example, Public Health Wales ESR platform but externally – for example, the Global Health module at Cardiff University. Several stakeholders have expressed an interest in using the platform including in the Third sector.



November 2021

## Unpaid carers in Wales: The creation of an e-cohort to understand long-term health conditions amongst unpaid carers in Wales

### **The Role:**

This is the first study in Wales providing a comprehensive assessment of the prevalence of physical and mental long-term health conditions and multimorbidity as managed in primary care amongst unpaid carers, and compared to a matched comparison group of non-carers in Wales.

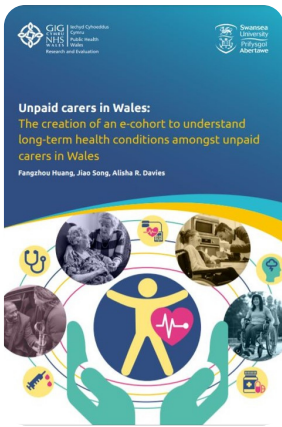
### **The Impact:**

Carers Trust Wales organised a Lunch and Learn in February 2022 to discuss the findings.

Swansea University, presented the methodology used for the creation of this e-cohort during the Public Health Science Conference.

Welsh Government launched the Strategy for Unpaid Carer: delivery plan. The plan identified this programme of work as sources of evidence to measure success and progress across all four of the key priorities identified in the plan in the Strategy for Unpaid Carers.

Claire Morgan (Director of Carers Wales): "The use of an e-cohort of carers in this research, which we were pleased to support, has added an important new dimension to our understanding of the negative health and wellbeing impacts on this group."



November 2021

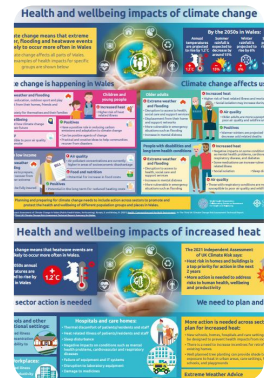
## Climate Change HIA infographics

### **The Role:**

A set of 4 infographics depicting the health and wellbeing impacts of climate change in Wales on the population and settings.

### **The Impact:**

Due to be included in the forthcoming Chief Medical Officer report.



November 2021

## How might new trade agreements affect public health in Wales?

### **The Role:**

Webinar to explore what trade agreements are and why they have important potential consequences for health and well-being in Wales as well as future public health policy.

### **The Impact:**

Watched by nearly 40 people from Public Health Wales, health boards, third sector and Welsh Government. Attendees said they would share with colleagues and discuss content to inform action, and find further information. PHNC had new members join due to the webinar.

November 2021

## Inequality in a Future Wales: Areas for action in work, climate and demographic change

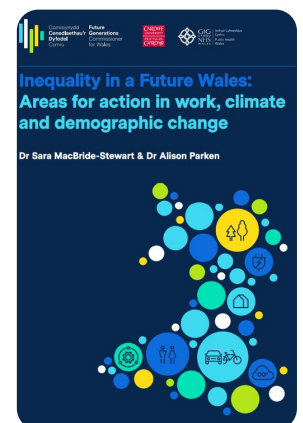
### **The Role:**

A rapid review of literature evidence to explore how three key trends – changes to how we work, climate change and demographic change – may affect inequalities in a future Wales.

### **The Impact:**

Received significant media coverage and engagement.

Has led to many public bodies contacting the Future Generations Commissioner to speak in more detail about inequalities. Has been recommended as important reading for PSBs in feedback by the Commissioner on their well-being plans.



December 2021

## Welsh Health Equity Solutions Platform – stakeholder engagement exercise

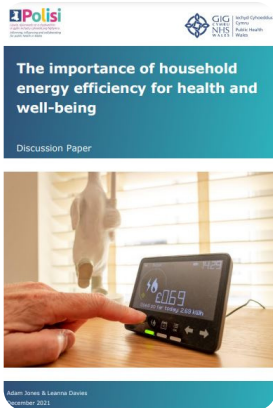
### **The Role:**

40 stakeholder engagement sessions held internally and with external organisations and groups.

### **The Impact:**

Feedback presented in a stakeholder engagement report and is informing development and build of the Solutions Platform in readiness for launch in summer 2022.





December 2021

## The importance of household energy efficiency for health and well-being

**The Role:**

Outlines how efforts to improve household energy efficiency can have a positive impact on ambitions for de-carbonisation and climate change, and can also lead to improvements in health and well-being.

**The Impact:**

Informed Public Health Wales's response to a Welsh Government consultation on their Fuel Poverty and the Warm Homes Programme.

December 2021

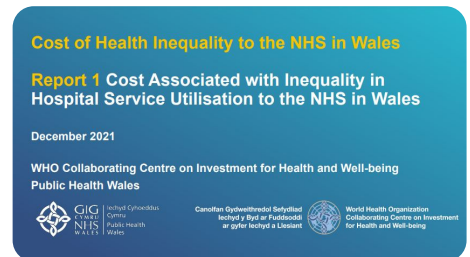
## Cost of Health inequality to the NHS in Wales Report 1: Cost associated with inequality in hospital service utilisation to the NHS in Wales

**The Role:**

The report is accompanied by an interactive dashboard, allowing users to explore in detail, the costs associated with inequality by service category, sex, age and level of deprivation.

**The Impact:**

This report aims to estimate the financial cost associated with inequality in hospital service utilisation to the NHS in Wales to help inform decision-making and resource prioritisation towards prevention and early intervention through an equity lens, contributing to COVID-19 sustainable and inclusive recovery.



January 2022

## Navigating the Storm Animation

**The Role:**

Collaborative piece between the ACE Hub and Wrexham Glyndwr University (WGU), created by students to help people understand what it is to be trauma informed and how we can all do it.

**The Impact:**

Positive feedback on how impactful the animation is and has the potential to be used on a global platform. The animation was launched by Lynne Neagle and received high profile attention.

February 2022

## Self-isolation confidence, adherence and challenges: behavioural insights from contacts of cases of COVID-19 starting and completing self-isolation in Wales

**The Role:**

This report shares evidence about confidence to self-isolate and the challenges of self-isolation among contacts of COVID-19 in Wales, and makes recommendations for public health communication and interventions to support self-isolation adherence.

**The Impact:**

A summary of the report was presented to Welsh Government in the form of a slideshow to inform policy and action. The work was presented at the Public Health Science Conference: The chair of the session, Dr Dale Weston, who is Principal Behavioural Scientist at the Public Health Advice, Guidance and Expertise Function at the National COVID-19 Response Centre said that the report was used to inform some of their work in the Response Centre at Public Health England.

Published in Oxford Academic Journal of Public Health.



February 2022

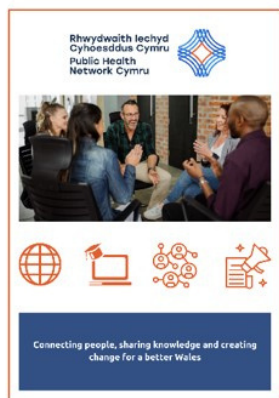
## Creating Healthy Places and Spaces: a collaborative approach conference

**The Role:**

The Conference was organised to help understand the major challenges facing communities including the COVID-19 pandemic impacts.

**The Impact:**

104 delegates attended Welsh Health Impact Assessment Support Unit conference hosted by Public Health Network Cymru. Highest attendance was from Local Authority (42%) colleagues. Engagement with planners positively received "Hope to see more events like this, and engagement with the planning system in general".



## February 2022 Public Health Network Cymru

### **The Impact:**

1,958 members in February – an increase of 12% since March 2021.  
9 webinars, including themes on broader harms of Covid since April 2021 with an audience of up to 179 at a single event and two conferences.  
New website in August 2021 with 95,698 page views since launch of which 40% were new visits.

## February 2022

### Call to Action Online workshops for all NHS Wales Staff

#### **The Role:**

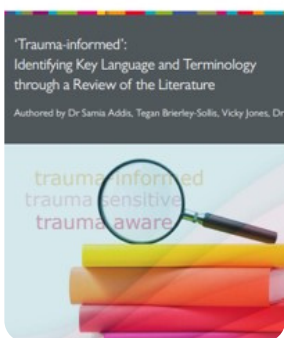
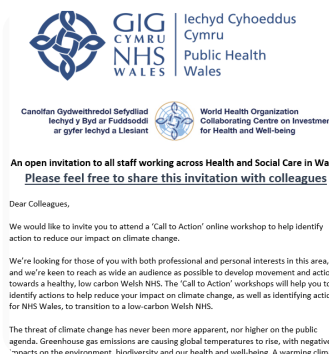
The Call to Action workshops were held to enable individuals to identify actions to help reduce their impact on climate change, as well as identifying actions for NHS Wales, to transition to a low-carbon Welsh NHS.

8 workshops held, catering for 100 members of staff.

#### **The Impact:**

Raised awareness of the threat of climate change and impact on health and well-being.

Identified actions for both work and home life, to support Public Health Wales and NHS Wales to reduce emissions to achieve net carbon zero.



## February 2022

### 'Trauma-informed': Identifying Key Language and Terminology through a Review of the Literature

#### **The Role:**

Joint report with Wrexham Glyndwr University (WGU) to address the lack of clarity around how the term 'trauma-informed' is understood and used in practice.

#### **The Impact:**

The report has been used to underpin collaborative work with Traumatic Stress Wales to develop a National Trauma Practice Framework.

Feedback from senior partners was that it is a 'ground breaking' piece of work.

## February/March 2022

### SIFT Healthy Environment Train the Facilitator Workshops

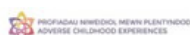
#### **The Role:**

Free training for 36 individuals from public bodies across Wales via online workshop to train facilitators to deliver the SIFT healthy Environment workshop within their own organisation.

#### **The Impact:**

The workshops were very popular – oversubscribed with a waiting list of people keen to attend. The Healthy Environment Workshop has been developed as an online activity to enable teams to identify their environmental impacts - to reduce the negative and maximise the positive impacts.

The workshop looks at the activities of the whole team as well as the individuals within the team.



## March 2022

### What Works to Prevent Adverse Childhood Experiences (ACEs) at the Community Level? An Evidence Review and Mapping Exercise

#### **The Role:**

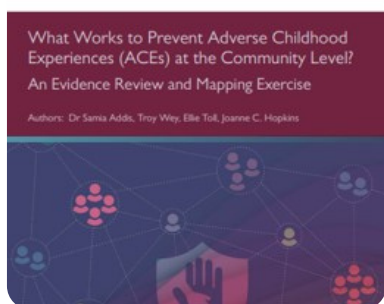
To identify effective interventions at the community level relating to the prevention of ACEs and to identify initiatives undertaken across Wales.

#### **The Impact:**

A joined-up community approach can have a significant impact on children facing adversity.

Highlights numerous community projects across Wales providing a range of services to prevent and mitigate factors associated with ACEs and adversity.

Helped to inform Welsh Government's decision to make funding available for grass roots organisations which were administered with South Wales Police.



# The Sustainable Steps Series

Helping our staff to make the Well-being of Future Generations Act a positive reality

March 2022

## Be the Change Sustainable Procurement E-guide

### The Role:

The Be the Change Sustainable Procurement e-guide will provide ideas, examples and simple steps to support individuals to purchase goods and services sustainably and responsibly.

### The Impact:

Include simple steps in line with the waste hierarchy – Refuse, Reduce, Reuse, Recycle. It will highlight the carbon footprint of Procurement for NHS Wales along with the annual spend. It will include quick wins and best practice case studies.

March 2022

## E-catalogue of Resources from the Health and Sustainability Hub

### The Role:

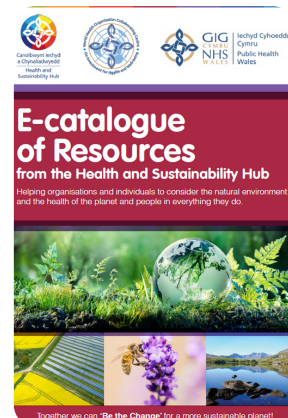
The E-catalogue of Resources provides a list of the resources developed by the Health and Sustainability Hub, along with brief description of the resource and how it links to relevant legislation.

### The Impact:

Helping individuals and organisations access suitable online resources developed by the Hub.

Helping organisations and individuals to consider the natural environment and the health of the planet and people in everything they do.

Helps promote the Hubs resources to partners, stakeholders, public bodies, organisations and community groups etc. across Wales.



## Carbon Literacy Project



March 2022

## Carbon Literacy Training for PHW staff

### The Impact:

The Carbon Literacy training ensures that every participant understands the links between human activity and climate change while empowering individuals, communities and organisations to take action to reduce emissions of carbon dioxide and greenhouse gases.

Encourages people to learn together, sharing knowledge and experiences along the way.

Five cohorts of training being held for 150 members of staff.

March 2022

## Public Health Wales' Draft Decarbonisation Plan

### The Role:

Developing Public Health Wales' Draft Decarbonisation Action Plan, in line with the requirements of the NHS Wales Decarbonisation Strategic Delivery Plan (SDP).

The plan will identify actions under the six headings identified within the NHS Wales Decarbonisation SDP and include details on timescales and responsibilities for delivering individual actions.

The plan is being developed with involvement from staff across all eight directorates in Public Health Wales.

### The Impact:

13 workshops were held in December to engage with staff and capture their ideas on what should be included to help reduce emissions.

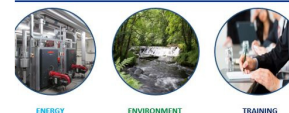
The plan will also highlight the links between biodiversity, the Well-being of Future Generations (Wales) Act and help embed the five ways of working into delivery of actions.



Report for  
Public Health Wales  
(Iechyd Cyhoeddus Cymru)

**Draft Decarbonisation Action Plan**

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Tel: 030 2022 7744  
Date: 28 February 2022  
Version: 1.1 DRAFT



## Sustainable development: the impact of Covid-19

Public Health Wales' Green Advocates Group  
18<sup>th</sup> March 2021



Ongoing

## Green Advocates Staff Network

### The Role:

Green Advocates, an internal staff network, has been established to enable discussion, learning and action on sustainable development at an individual level.

### The Impact:

Quarterly meetings to date have focussed on the impact of COVID-19 on sustainable behaviour, deforestation and our impact in Wales, arts and climate change to help raise awareness and understanding and sustainable diets.

The March 2022 meeting will focus on Sustainability in Action, sharing best practice of some local sustainable projects.