



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

Measles: what you need to know

Preventing measles

2 MMR VACCINATIONS



FIRST
at 12-13
months



SECOND
at 3 years and
4 months

What does MMR vaccinate against?



The MMR vaccine



SAFE



EFFECTIVE



FREE

Why don't people get the vaccination?



Frightened
of needles



Discredited
report



Don't
understand
importance

What are the symptoms?

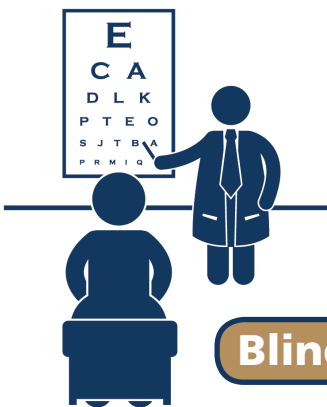


COLD-LIKE SYMPTOMS
(including fever)

COUGH

RASH

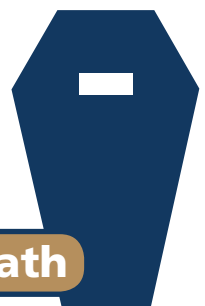
Possible consequences of measles



Blindness

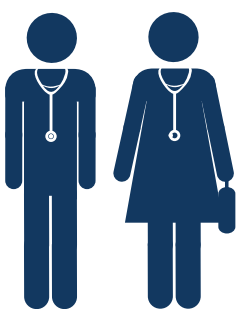


Deafness



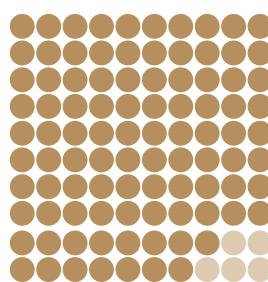
Death

Where to go for vaccination?



**GP
surgery**

Importance of vaccination



Need
95%
vaccinated to
protect everyone

Further information:
NHS Direct Wales
www.nhsdirect.wales.nhs.uk
0845 4647



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Y frech goch:

yr hyn y mae angen i chi ei wybod

Atal y Frech Goch 2 FRECHIAD MMR



Y CYNTAF
12-13
mis oed



YR AIL
3 blwydd a 4
mis oed

Beth mae'r brechlyn MMR yn amddiffyn yn ei erbyn?

Clwy'r
pennau

Y frech
goch

Rwbela
(y frech
Almaenig)

Y brechlyn MMR



DIOGEL



EFFEITHIOL



AM DDIM

Pam nad yw pobl yn cael eu brechu?



Ofn
nodwyddau



Adroddiad
a
danseiliwyd



Ddim yn
deall y
pwysigrwydd

Beth yw'r symptomau?

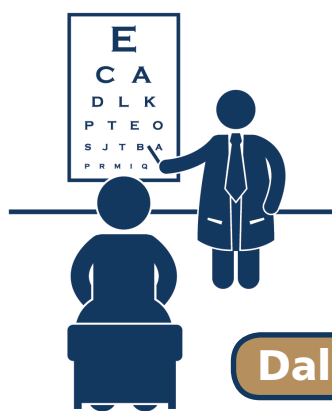


TEBYG I ANNWYD
(gan gynnwys twymyn)

PESWCH

BRECH

Canlyniadau posibl y frech goch



Dallineb

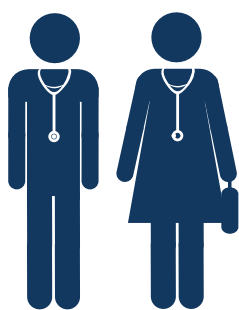


Byddardod



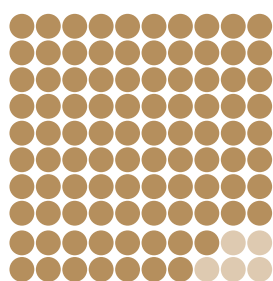
Marwolaeth

Ble i fynd i gael brechiad?



Meddygfa

Pwysigrwydd brechu



Mae angen i

95%

gael eu brechu er
mwyn diogelu pawb

Rhagor o wybodaeth:
Galw Iechyd Cymru
www.galwiechydymru.wales.nhs.uk
0845 4647