

Amgylchedd Bwyd Ysgolion yn Helpu i Lunio Dyfodol Iachach: Rhannu Dysgu o Dystiolaeth i Ysgogi Gweithredu

School Food Environments to Shape Healthier Futures: Sharing Learning from Evidence to Action

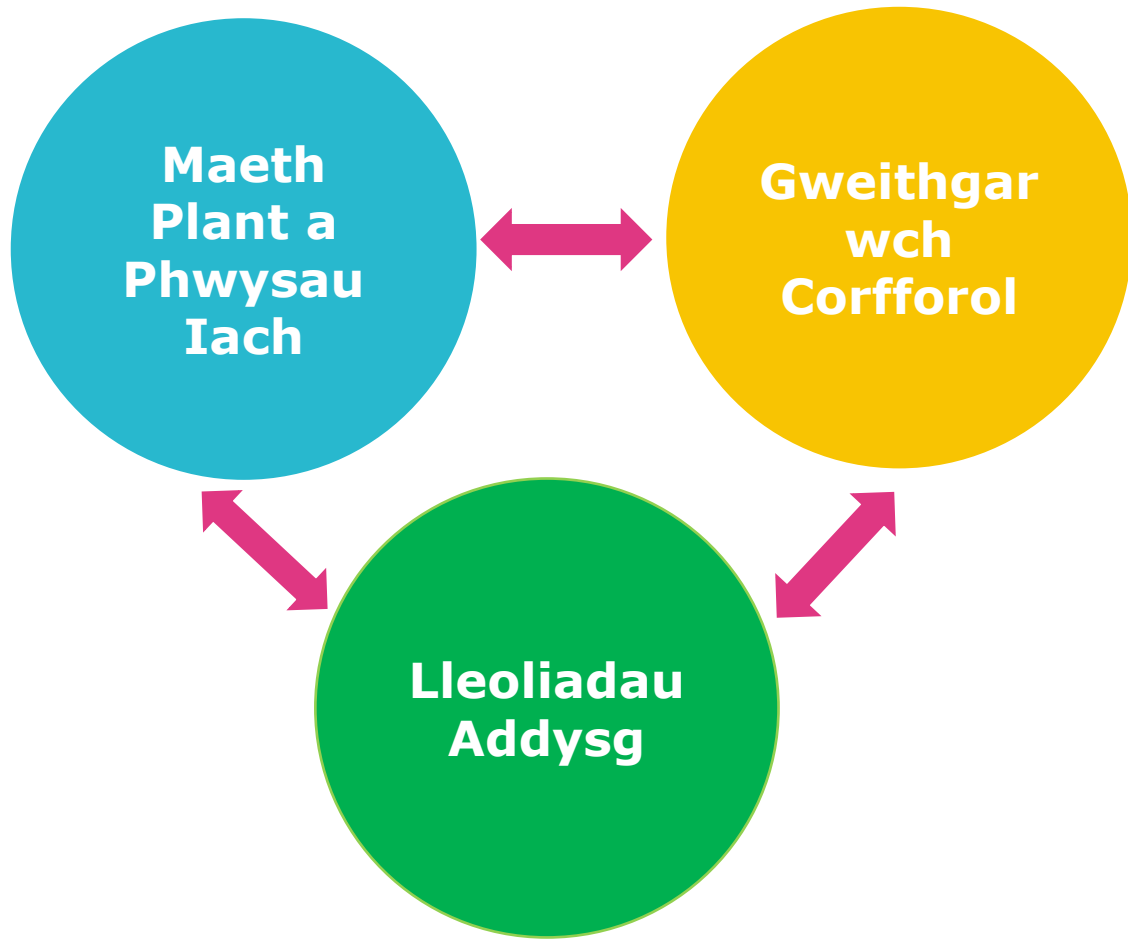


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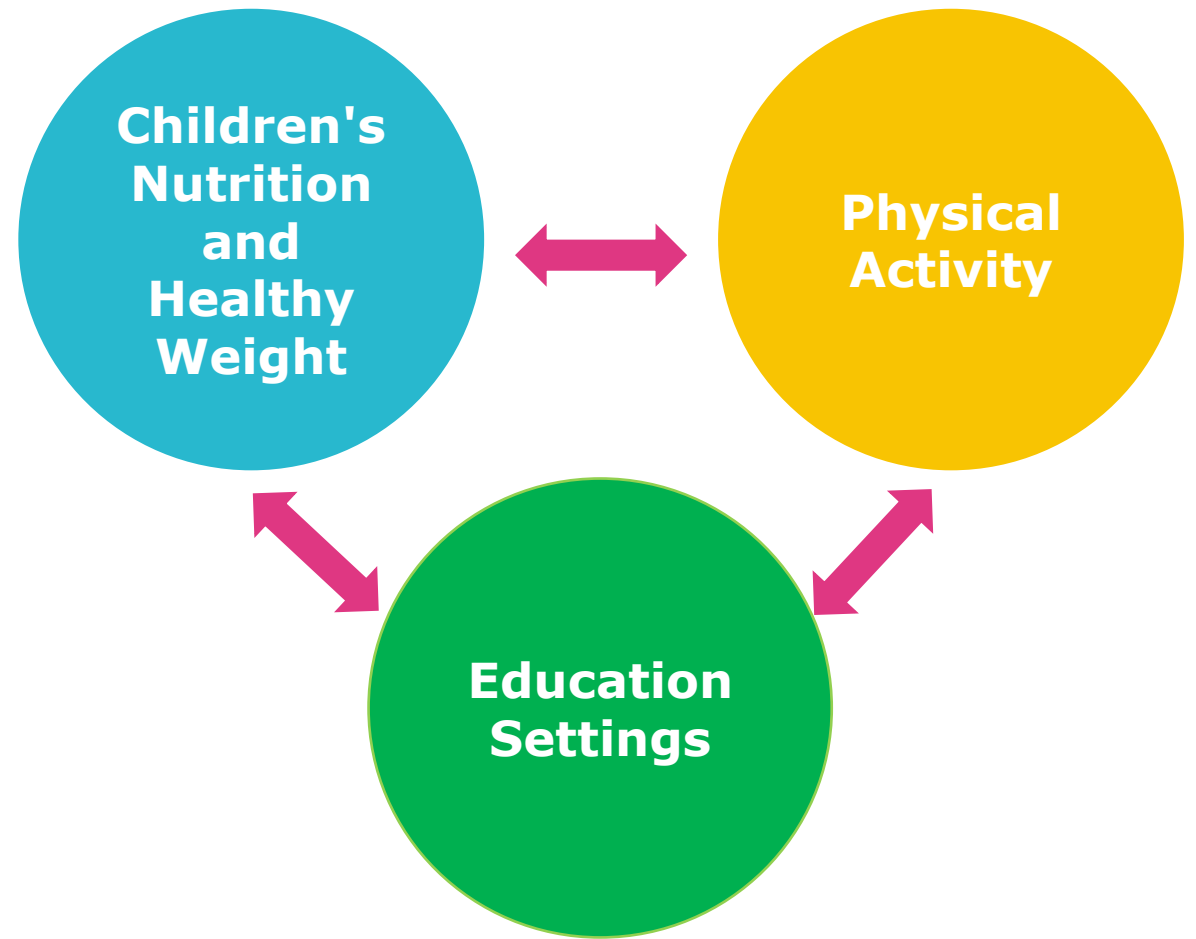
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Is-adran Gwella Iechyd, Iechyd Cyhoeddus Cymru



Health Improvement Division Public Health Wales



***Mewn un gair,
beth sy'n dod i'r
meddwl pan
fyddwch chi'n
meddwl am fwyd
ysgol?***

***In one word, what
comes to mind
when you think of
school food?***



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Amcanion

Erbyn diwedd y sesiwn, bydd y cyfranogwyr yn:

Deall rôl bwyd ysgol fel ymyrraeth iechyd y cyhoedd – gan archwilio sut mae prydau maethlon mewn ysgolion yn cefnogi iechyd, dysgu a llesiant plant.

Cael cipolwg ar y cyfleoedd cyfredol yng Nghymru – gan gynnwys datblygiadau polisi, buddsoddi mewn prydau ysgol am ddim i bawb, a safbwyntiau plant a phobl ifanc ar sut y gellir gwella bwyd ysgol.

Dysgu o enghreifftiau ymarferol ledled Cymru – gan glywed sut mae timau iechyd y cyhoedd lleol a phartneriaid yn bwrw ymlaen â dulliau arloesol i gryfhau darpariaeth bwyd ysgolion a chreu amgylcheddau ysgol iachach.

Objectives

By the end of the session, participants will:

Understand the role of school food as a public health intervention – exploring how nutritious meals in schools support children's health, learning, and wellbeing.

Gain insight into the current opportunities in Wales – including policy developments, investment in universal free school meals, and children and young people's perspectives on how school food can be improved.

Learn from practical examples across Wales – hearing how local public health teams and partners are taking forward innovative approaches to strengthen school food provision and create healthier school environments.



Bwyd Ysgol ar gyfer iechyd, dysgu a hapusrwydd

School Food for health, learning and happiness

"Rwy'n mwynhau
bwyd poeth yn
enwedig pan
mae'r tywydd yn
oer"

"Rwy'n mwynhau
rhoi cynnig ar
fwydydd newydd"

"Eistedd gyda fy
ffrindiau a siarad am
ein diwrnod"



"I enjoy a hot
food especially
when the
weather is cold"

"I enjoy trying
new foods"

"Sitting with my
friends and talking
about our day"



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***"Beth ydych chi'n
ei gofio am eich
prydau ysgol eich
hun?"***

**Postiwch eich ymatebion
yn y swyddogaeth
sgwrsio**

***"What do you
remember about
your own school
meals?"***

**Post responses in the
chat**



Pwysigrwydd Deietau Plant

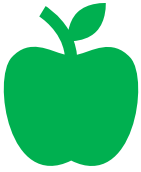
- Sylfaen llesiant, twf a datblygiad
- Yn cefnogi cerrig milltir corfforol, cymdeithasol, gwybyddol ac emosiynol.
- Twf esgyrn a chyhyrau
- Datblygiad yr ymennydd
- Iechyd y geg
- Iechyd a chyrhaeddiad addysgol
- Iechyd hirdymor ac arferion bwyta cadarnhaol

The Importance of Children's Diets

- The foundation of well-being, growth and development
- Supports physical, social, cognitive and emotional milestones.
- Bone and muscle growth
- Brain development
- Oral health
- Health and educational attainment
- Long-term health and positive eating habits

T:

What we know about children's diets today



Ffrwythau a llysiau
Fruit and vegetables



Grawn cyflawn
Wholegrains



Pysgod olewog
Oily fish



Brecwast
Breakfast



**Siwgr a diodydd llawn
siwgr**
**Sugar and sugary
drinks**



Halen
Salt



**Bwydydd sydd wedi'u
Prosesu'n Fawr**
Highly Processed Foods



Braster Dirlawn
Saturated Fat



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Deietau Plant yng Nghymru

- Mae llawer o blant a phobl ifanc yng Nghymru yn methu â chyflawni argymhellion deietegol cenedlaethol.
- Roedd 26.9% o blant 4-5 oed yng Nghymru dros bwysau.
- Mae lefelau gordewdra a gorbwysau yn uwch na'n cymdogion
- Mae Iechyd y Geg yn gwella
- Mae ansawdd maethol bwyd a fwyteir yn gysylltiedig ag amddifadedd.
- Mae ansicrwydd bwyd yn cynyddu.

Children's Diets in Wales

- Many children and young people in Wales fall short of national dietary recommendations.
- 26.9% of children ages 4-5 in Wales were above a healthy weight.
- Obesity and overweight levels are higher than our neighbours
- Oral Health is improving
- Nutritional quality of food consumed is linked to deprivation.
- Food insecurity is increasing.

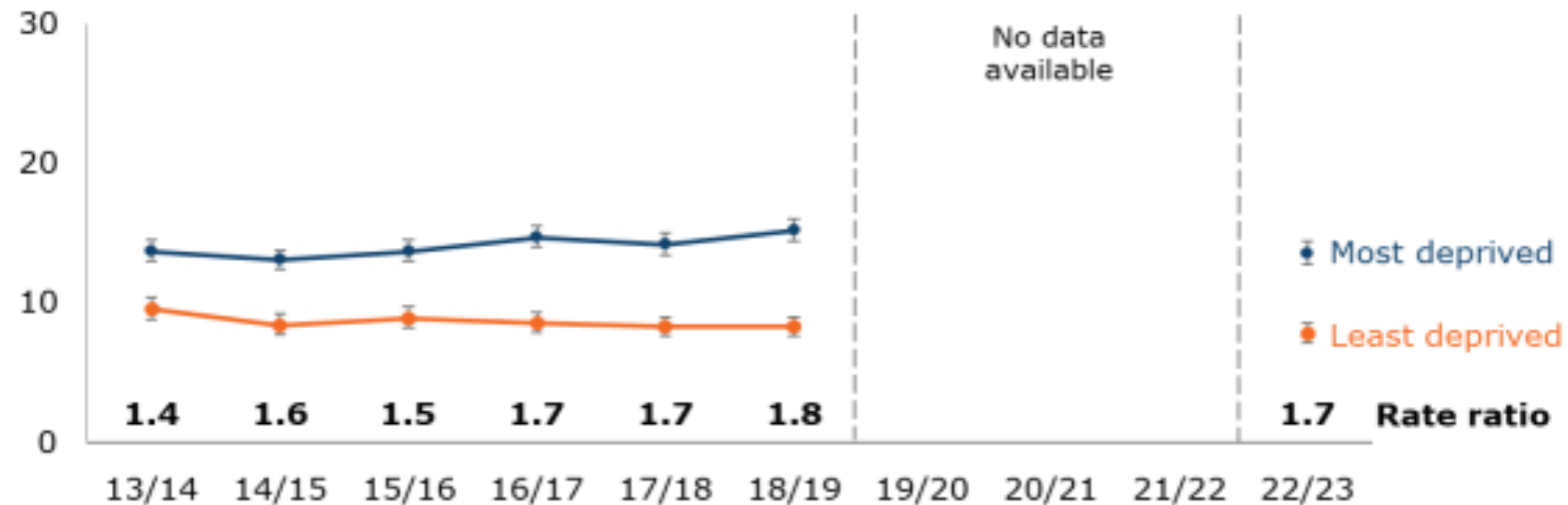
Deietau Plant yng Nghymru

Children's Diets in Wales

Percentage of children aged 4 to 5 years with obesity, Child Measurement Programme, Wales by most and least deprivation fifth, 2013/14 - 2022/23*

Produced by Public Health Wales, using CMP data (DHCW) & WIMD 2019 (WG)

┌ 95% confidence interval



*Reporting of the Child Measurement Programme was severely affected due to the COVID-19 pandemic. Data is not available for all periods.



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***Pa eiriau fydddech
chi'n eu defnyddio
i ddisgrifio rôl
ysgolion wrth lunio
diwylliant bwyd?***

**Postiwch eich ymatebion
yn y swyddogaeth
sgwrsio**

***What words would
you use to describe
the role of schools
in shaping food
culture?***

**Post responses in the
chat**



**Ysgolion: Lleoliad
allweddol ar gyfer
iechyd a llesiant
plant**

**Schools: Key setting
for children's health
and wellbeing**

Ysgolion fel lleoliadau ar gyfer gwella iechyd

Mae ysgolion yn chwarae rhan hanfodol wrth wella iechyd plant ac maent yn lleoliadau amlwg ar gyfer ymyriadau iechyd y cyhoedd ar lefel y boblogaeth.

Mae darparu prydau ysgol maethlon yn un elfen o ddull ysgol gyfan o ymdrin â bwyd a maeth

Nod bwyd ysgol heddiw yw cyfrannu at fwyta deiet maethlon, a datblygu arferion bwyta iach i wella iechyd a llesiant a helpu plant i gyrraedd eu potensial llawn.



Schools as settings for improving health

Schools play a crucial role in improving children's health and are an obvious setting for population-level public health interventions.

Provision of nutritional school meals is one component of a whole school approach to food and nutrition

School food today aims to contribute to the consumption of a nutritious diet, and the development of healthy eating habits to improve health, wellbeing and help children reach their full potential.

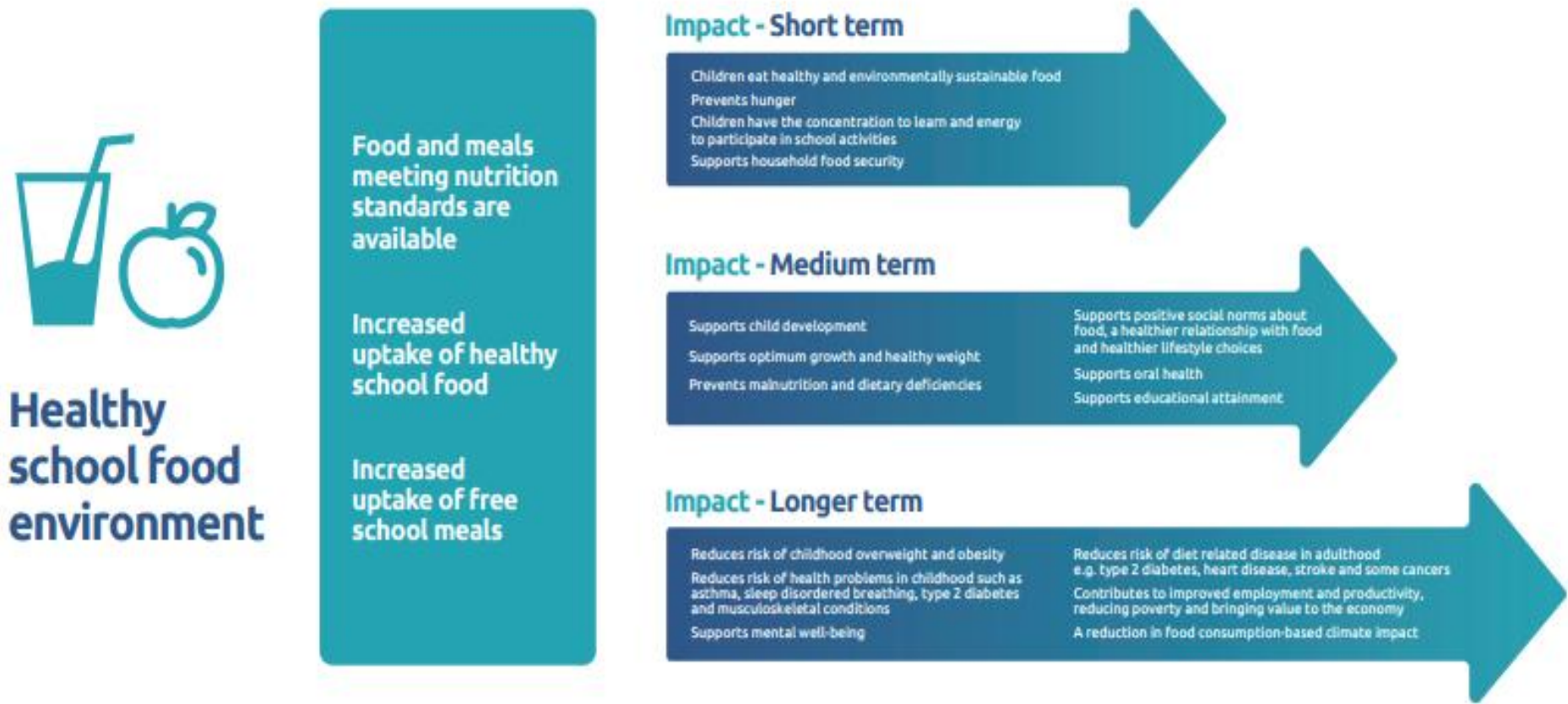
Amgylchedd bwyd yr ysgol

The school food environment

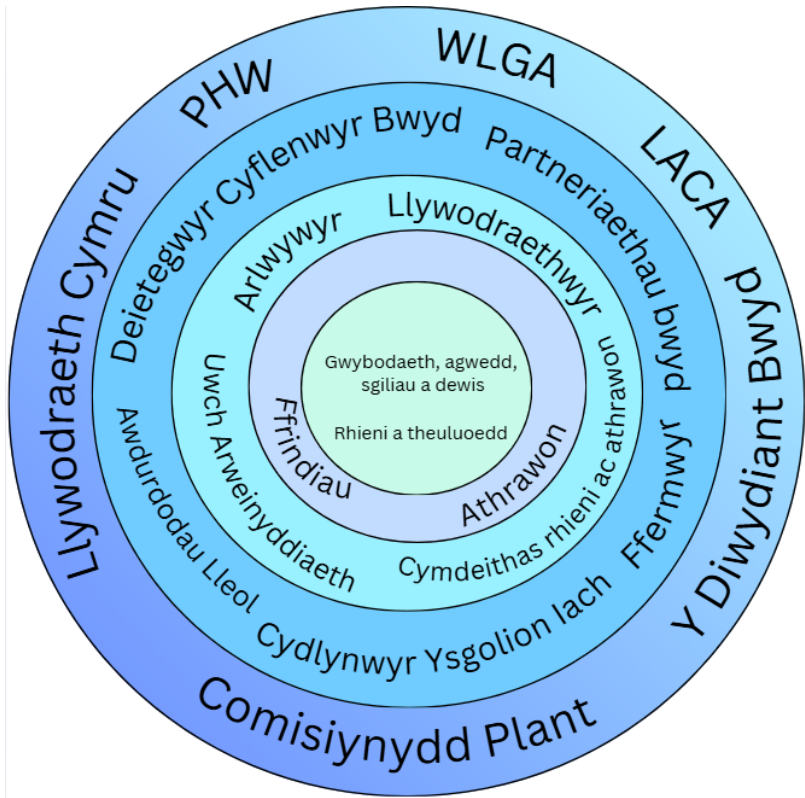


Effeithiau tymor byr, canolig a hir

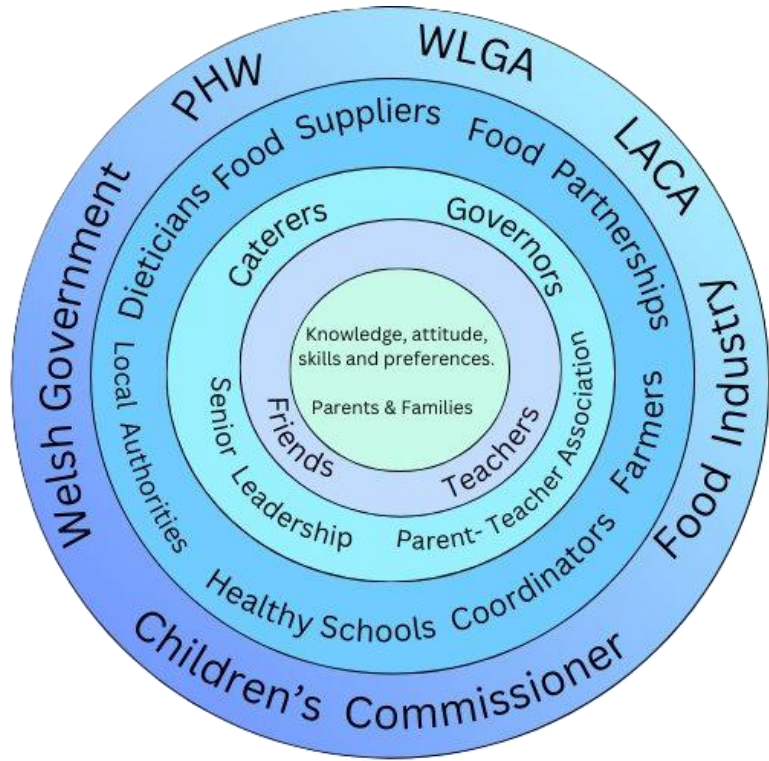
Short, medium and long-term Impacts



Beth sy'n gweithio mewn amgylcheddau bwyd ysgolion i hyrwyddo bwyta'n iach a chyrraedd pwysau iach?



What works in the SFE to promote healthy eating and healthy weight attainment?



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Y tu hwnt i gatiau'r ysgol....

Beyond the school gates....



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**Pwysau Iach: Cymru Iach
Cymryd Dull System Gyfan**

Healthy Weight: Healthy Wales Taking a Whole System Approach

Lydia Orford - Principal Public Health Practitioner
Betsi Cadwaladr University Health Board



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Pwysau Iach: Cymru Iach yn Cymryd Dull System Gyfan

Healthy Weight: Healthy Wales Taking a Whole System Approach

Cyfarwyddiaeth Iechyd Cyhoeddus,
Bwrdd Iechyd Prifysgol Betsi Cadwaladr
Public Health Directorate
Betsi Cadwaladr University Health Board



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Pwysau Iach: Cymru Iach

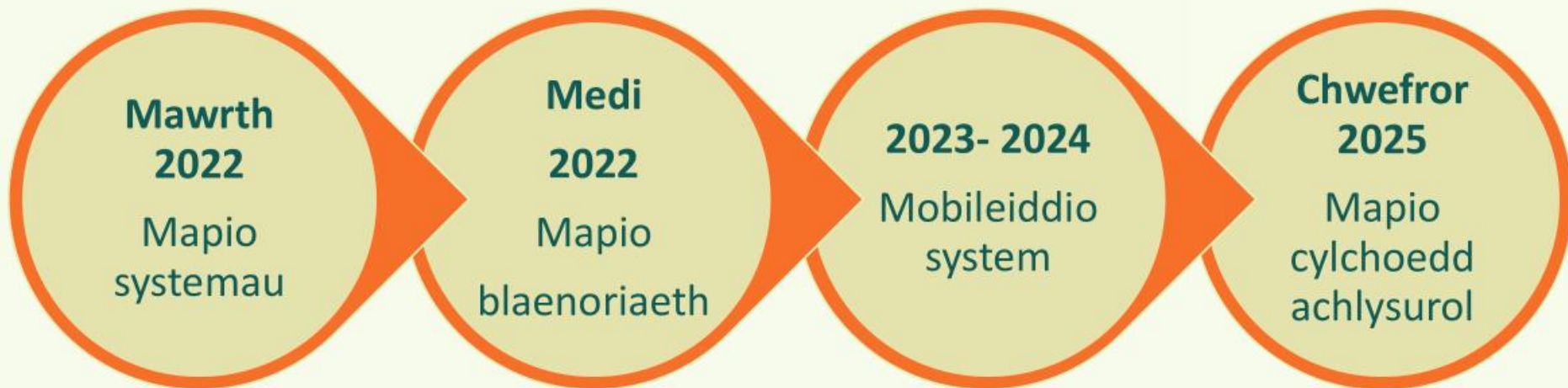


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Healthy Weight: Healthy Wales





- 97 achosion
- 23 mapiau
- 5 themâu

- 3 is-system blaenoriaeth

- Sefydlwyd GPS
- CCS wedi'i ddatblygu, adnewyddu a weithredu

- 6 mapio cylchoedd achlysurol



- 97 causes
- 23 maps
- 5 themes

- 3 priority sub systems

- SPG established
- SDP developed, refreshed and actioned

- 6 causal loop maps



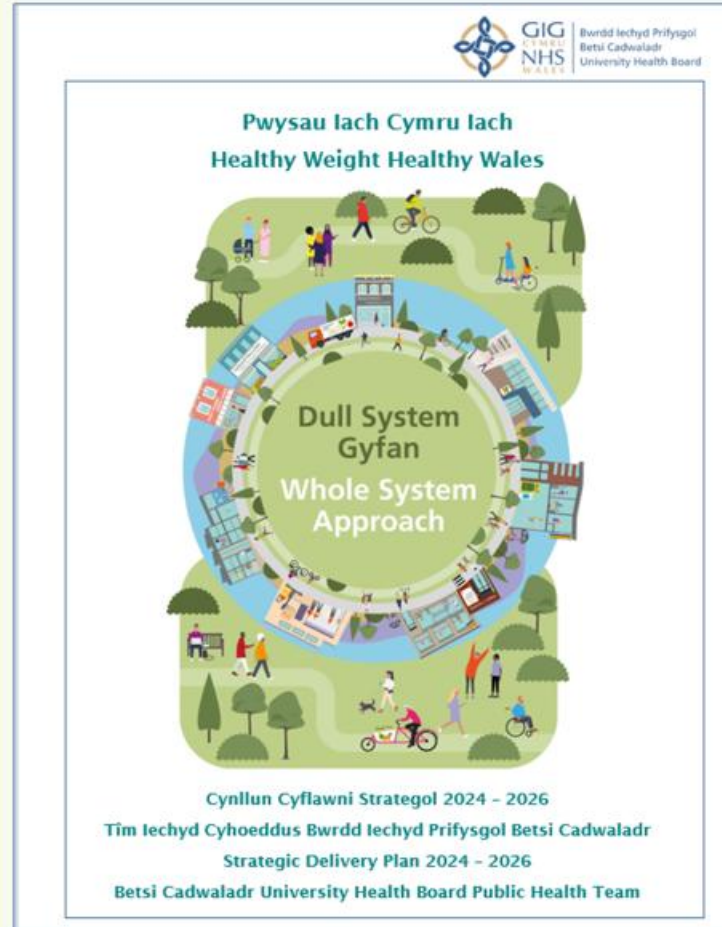


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Is-systemau blaenoriaeth

- Mynediad at fwyd fforddiadwy ac iach
- Bwyta'n dda a bod yn actif mewn ysgolion
- Bwyta'n dda a bod yn actif mewn gweithleoedd



Priority sub-systems

- Access to affordable and healthy food
- Eating well and being active in schools
- Eating well and being active in workplaces



Bwyta'n dda a bod yn actif mewn ysgolion

- Cefnogi darparu bwyd iachus o ffynonellau lleol mewn Ysgolion
- Ymgorffori gweithgarwch corfforol trwy gydol y diwrnod ysgol
- Cefnogi gweithredu'r cwricwlwm ysgol newydd sy'n ymwneud â bwyta'n iach a bod yn actif yn ystod y diwrnod ysgol

Eating well and being active in schools

- Supporting the provision of healthy and locally-sourced food in schools
- Embedding physical activity throughout the school day
- Supporting the implementation of the new school curriculum around eating well and being active within the school day



System Progress

Adeiladu
perthnasoedd ar
draws y system
addysg

Sefydlu'r grŵp
is-system
blaenoriaeth

Cario allan
rhaneddeiliaid y
system mapio

Arsylwi
ymweliadau cinio
ysgol

Cyfrannu at
Bwyta'n iach o
fewn Rheoliadau
Ysgol

Mewnbwn i
Arlwyo Ysgolion
Gogledd Cymru

Polisi Bwyd a
Ffitrwydd wedi'i
adnewyddu



System Progress

Build relationships
across the
Education system

Establish the
priority sub system
group

Carry out
stakeholder
mapping of the
system

Observe School
lunch visits

Contribute to
Healthy Eating in
Schools
Regulations

Input in to North
Wales School
Catering

Refreshed Food
and Fitness policy

Diolch yn fawr

Os oes gennych chi unrhyw gwestiynau neu os hoffech chi drafod unrhyw beth, anfonwch e-bost ataf

Thank you

Any questions or you want to chat through anything please do drop me an e-mail

Lydia.orford@wales.nhs.uk



Prydau Ysgol am ddim i holl blant Ysgolion Cynradd (UPFSM)

O 2024, gall pob plentyn ysgol gynradd yng Nghymru gael mynediad at UPFSM.

Roedd yr ymrwymiad hwn mewn ymateb i'r pwysau cynyddol o ran costau byw ar deuluoedd ac uchelgeisiau LIC o ran:

- Mynd i'r afael â thlodi plant
- Sicrhau nad oes unrhyw blentyn yn mynd heb fwyd yn yr ysgol

Universal Primary Free School Meals (UPFSM)

From 2024 all primary school children in Wales can now access UPFSM.

This commitment was in response to the rising cost-of-living pressures on families and WG ambitions of:

- Tackling child poverty
- Ensuring no child goes hungry in school

Rheoliadau Bwyta'n Iach mewn Ysgolion

Pa fwyd a diodydd y gellir eu darparu
mewn ysgolion i gefnogi iechyd plant.
Canllawiau ar gyfrifoldebau dros
hyrwyddo bwyta ac yfed yn iach
mewn ysgolion

Adolygiad ar y gweill:

- Gweithgor: 2024 - 2025
- Ymgynghoriad: Mai - Gorffennaf 2025
- Gweithredu: Hydref 2026

Healthy Eating in Schools Regulations

What food and drinks can be
provided in schools to support child
health.

Guidance on responsibilities for
promoting healthy eating and
drinking in schools

Review in progress:

- Working group: 2024 - 2025
- Consultation: May - July 2025
- Implementation: Autumn 2026



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T: Rheoliadau Bwyta'n Iach mewn Ysgolion

Safonau sy'n seiliedig ar faetholion:

- ↑ Isafswm gofynion ffeibr
- ↓ Uchafswm siwgrau rhydd

Safonau sy'n seiliedig ar fwyd:

Mwy o      

Amrywiaeth  

Llai o   

Healthy Eating in Schools Regulations

Nutrient based standards:

- ↑ Minimum fibre requirements
- ↓ Maximum free sugars

Food based standards:

More      

Variety    

Less   



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Gwneud y mwyaf o effaith y rheoliadau drwy eu gweithredu

- Amserlen gam wrth gam ar gyfer gweithredu i gyrraedd yr holl ddyheadau a amlinellir yn y canllawiau statudol
- Ymgysylltu parhaus ar draws ffiniau sefydliadol i gefnogi darparu a defnyddio bwydlenni newydd – gweithgorau cenedlaethol i gefnogi ailfformiwleiddio, ymgysylltu â'r cyhoedd, hyfforddiant
- Sefydlu mecanweithiau ar gyfer monitro gweithredu a gwerthuso effaith ar ganlyniadau iechyd plant a fwriadwyd
- Casglu a dadansoddi data i ddeall yr effaith ar anghydraddoldebau
- Adolygu a mireinio parhaus o ganllawiau statudol i gefnogi gweithrediad effeithiol a dylanwadol.

Maximising impact of the regulations through implementation

- Phased timeline for implementation to reach all aspirations outlined in statutory guidance
- Continued engagement across organisational boundaries to support provision and uptake of new menus – national working groups to support reformulation, public engagement, training
- Establishment of mechanisms for monitoring implementation and evaluating impact on intended child health outcomes
- Data collection and analysis to understand impact on inequalities
- Ongoing review and refinement of statutory guidance to support effective and impactful implementation.

Ysgolion sy'n Hybu Iechyd a Lles

Health and Well-Being Promoting Schools

Lorna Bennett – Consultant in Public Health

Gemma James – Principal Public Health Practitioner



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Beth yw Ysgol Iach?

‘Dull Ysgol Gyfan’

Mae ysgol iach yn **“ysgol sy’n cryfhau ei chapasiti’n gyson fel lleoliad iach ar gyfer byw, dysgu a gweithio”**.

Mae’r cysyniad o ysgolion iach yn ymgorffori dull ysgol gyfan (WSA) o hybu iechyd a chyrhaeddiad addysgol mewn cymunedau ysgol drwy ddefnyddio potensial trefniadol ysgolion i feithrin amodau ffisegol, cymdeithasol-emosiynol a seicolegol ar gyfer iechyd yn ogystal ag ar gyfer canlyniadau addysg cadarnhaol.

***Sefydliad Iechyd y Byd (WHO) /
UNESCO, 2021***



What is a Health Promoting School?

‘A Whole School Approach’

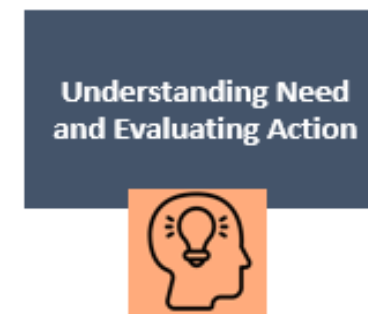
A health-promoting school is ***“a school that is constantly strengthening its capacity as a healthy setting for living, learning and working”***.

The concept of health-promoting schools embodies a whole-school approach to promoting health and educational attainment in school communities by using the organizational potential of schools to foster the physical, social–emotional, and psychological conditions for health as well as for positive education outcomes.

WHO/UNESCO, 2021

Safonau Gofynnol Cenedlaethol:

7 Cydrannau Craidd



Sail Resymegol

- Uchelgais i **bob ysgol** fod yn ysgol sy'n hybu iechyd a lles
 - **Symleiddio'r dirwedd** ar gyfer ysgolion
 - Ffocws ar **elfennau craidd** a rennir ar draws canlyniadau
 - Galluogi ysgolion i **nodi eu blaenoriaethau**
 - Cydnabod **unigolrwydd** ysgolion
 - Cefnogi diwylliant o **hunanwerthuso** a **chynllunio gwella**
 - **Lleihau'r baich tystiolaeth** i ganolbwyntio ar wreiddio gweithredu
 - **Alinio** ag offer polisi ac ymarfer allweddol
-

Rationale

- An ambition for **all schools** to be health and well-being promoting schools.
- **Simplifying the landscape** for schools
- Focus on **core components** shared across outcomes
- Enabling schools to **identify their priorities**
- Recognising school **individuality**
- Supporting a culture of **self-evaluation** and **improvement planning**
- **Reducing evidence burden** to focus on embedding action
- **Aligning** with key policy and practice tools

Adnoddau mewn datblygiad

■ Arweiniad:

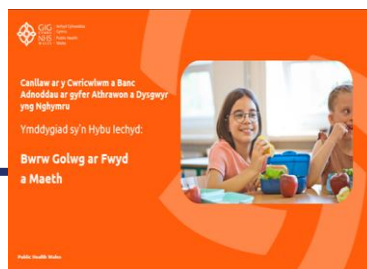
- Pam mae safon yn bwysig, sut mae'n edrych yn ymarferol, annog hunanwerthuso, cysylltiadau polisi, enghreifftiau, cyfeiriadau

■ Canllaw ar y Cwricwlwm:

- Canllaw ar y Cwricwlwm a Banc Adnoddau ar gyfer Arthrawn a Dysgwyr yng Nghymru- Bwrw Golwg ar Fwyc a Maeth

■ Adnoddau archwiliad dwfn:

- Offer thematig i gefnogi ysgolion i archwilio angen blaenoriaethol e.e. Dull Ysgol Gyfan i fwyta iach



Supporting resources in development

□ Guidance:

- Why a standard is important, what it looks like in practice, prompts for self-evaluation, policy links, examples, references.

□ Curriculum Resources:

- Curriculum guidance and resource bank for teachers and learners in Wales- Focus on Food and Nutrition

□ Deep dive resources:

- Thematic tools to support schools in exploring a priority need e.g. Whole School Approach to Healthy Eating



Lleihau Anghydraddoldebau mewn Amgylcheddau Bwyd Ysgolion (RISE)

Ei nod yw gwella'r ddarpariaeth, y nifer sy'n cael prydau bwyd ysgol a'r nifer sy'n bwyta prydau bwyd ysgol ledled y DU.

Mapio systemau ar draws pedair gwlad

Gweithio gyda 2 awdurdod lleol yng Nghymru. Bydd casglu data gwell yn llywio gwelliannau mewn darpariaeth a defnydd, ac yn hyrwyddo dewisiadau iachach

Reducing Inequalities in School food Environments (RISE)

Aims to improve the provision, uptake and consumption of school food across the UK.

System mapping across four nations

Work with 2 LAs in Wales.

Improved data collection will inform improvements in provision and uptake, and to promote healthier choices.

Bwyd Ysgol fel Rhan o Ddull Systemau Cyfan ar gyfer Iechyd Plant

School Food as Part of WSA to Children's Health

Shelley Powell - Dietetic Professional Manager
Cwm Taff Morgannwg University Health Board



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Amgylcheddau Bwyd Ysgol i Llunio Dyfodol Iachach **School Food Environments to Shape Healthier Futures**



Shelley Powell
Rheolwr Proffesiynol Dietetig - Iechyd y Cyhoedd
Dietetic Professional Manager - Public Health
25 Medi / 25th September 2025



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Maeth a Deieteg
Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board
Nutrition and Dietetics

What is PIPYN?

- Welsh Government funded
- Pilot until March 2026
- Children aged 3-7
- Whole systems approach
- Settings approach
- Nested family based intervention
- Supporting healthy behaviours
- Group or 1:1 support

Beth yw PIPYN?

- Ariennir gan Lywodraeth Cymru
- Cynllun peilot tan fis Mawrth 2025
- Plant 3-7 oed
- Dull systemau cyfan
- Dull lleoliadau
- Ymyrraeth teulu nythu
- Cefnogi Ymddygiad Iach
- Cymorth grwp neu deulu 1:1

PIPYN

the bear
yr arth



Insight Data

46% Healthy meals and snacks at school 

40% Education for children and parents 

36% Access to healthy food 

27% Support from the community 

78% Delivery on school sites 

30% School grounds open outside of term time 

65% Cooking skills and recipes 

n = 151

Data Mewnwelediad

46% Prydau a byrbrydau iach yn yr ysgol 

40% Addysg i blant a rhieni 

36% Mynediad at fwyd iach 

27% Cefnogaeth gan y gymuned 

78% Dosbarthu ar safleoedd ysgolion 

30% Mae tiroedd yr ysgol ar agor y tu allan i amser tymor 

65% Sgiliau coginio a ryseitiau 



School based
programme
delivered by school
& LA qualified
staff & partners.



Minimum of 12
days over the
summer holidays.



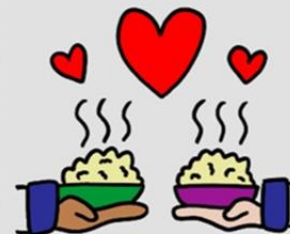
Healthy
breakfast and
lunch each day.



Minimum of 1 hour
of physical
activity each day.



All Wales 'Food &
Fun' Nutrition
Education sessions.



Family breakfast
or lunch served at
least once a week.



Enrichment
sessions delivered
by school staff
and/or partners.



Rhaglen yn yr ysgol
yn cael ei darparu
gan staff
a phartneriaid
cymwys yr ysgol ac
ALI.



Lleiafswm o 12
diwrnod dros
wyliau'r haf.



Brecwast iach
a chinio bob
dydd.



Lleiafswm o 1 awr
o weithgarwch
corfforol bob
dydd.



Sesiynau Addysg
Maeth 'Bwyd a
Hwyl' Cymru
Gyfan.

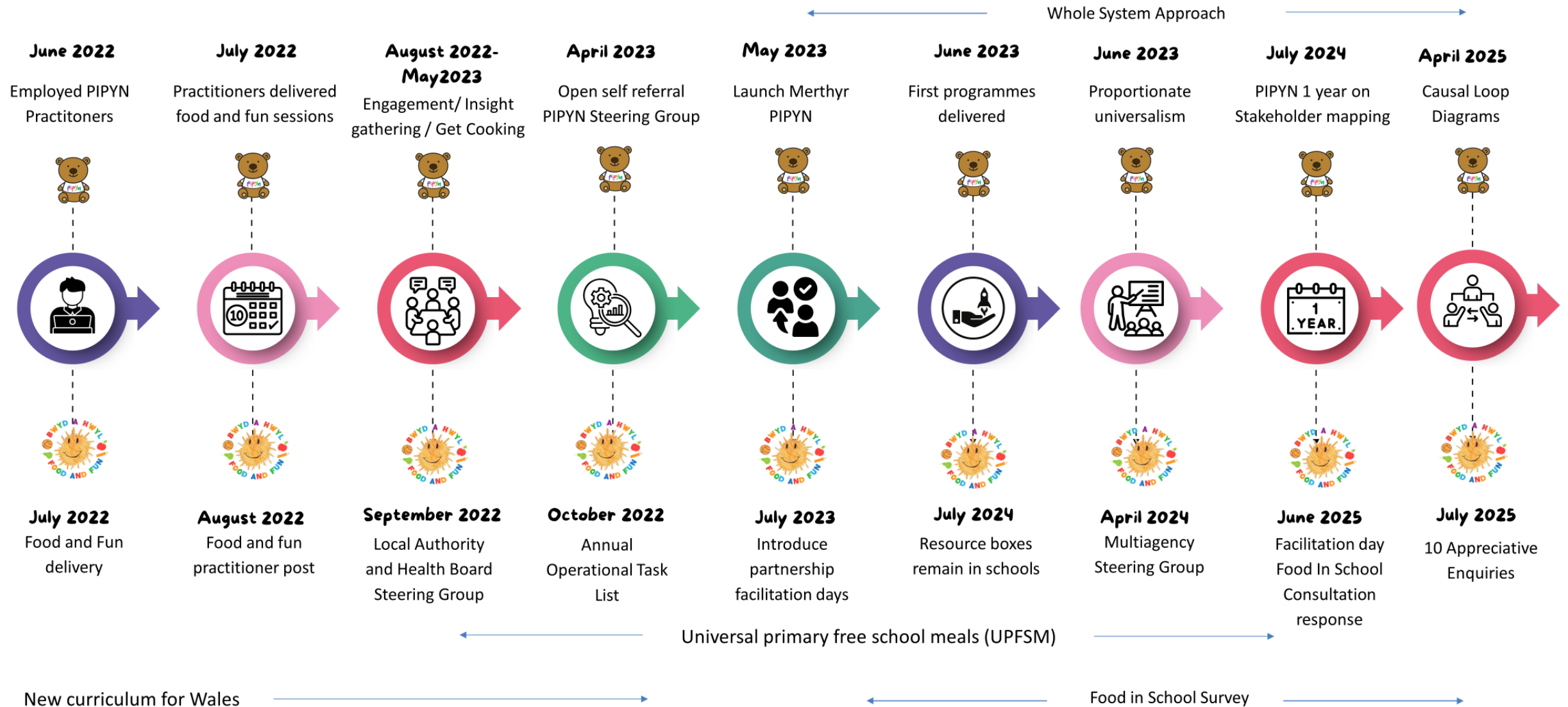


Brecwast teuluol
neu ginio o leaf
unwaith yr
wythnos.

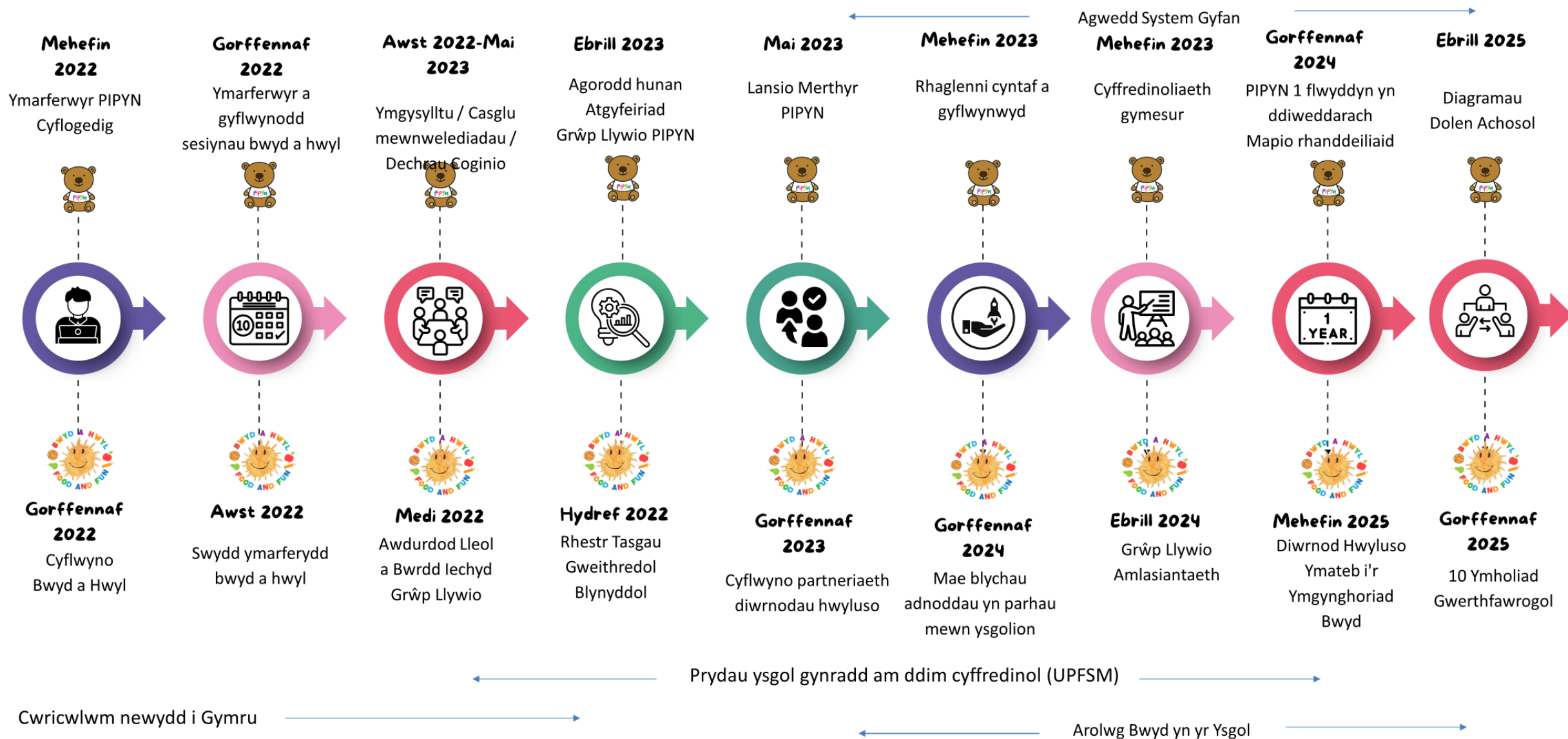


Sesiynau cyfoethogi
a ddarperir gan
staff yr ysgol a/neu
bartneriaid.

PUBLIC HEALTH DIETETIC TIMELINE



AMSERLEN DEIETEG IECHYD CYHOEDDUS



Nutrition in School Survey

Arolwg Maeth yn yr Ysgol

Easy Read



88 primary school teachers
and LSA's

88 o athrawon ysgol gynradd
a CCD

50% not trained

50% heb eu hyfforddi

75% not confident

75% ddim yn hyderus byddai

97% would find resources helpful

97% yn gweld adnoddau yn
ddefnyddiol

The new Curriculum for Wales

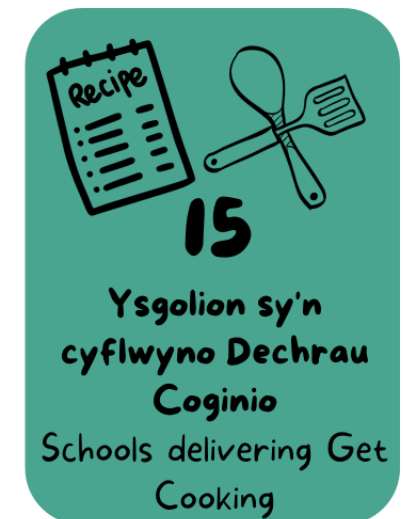
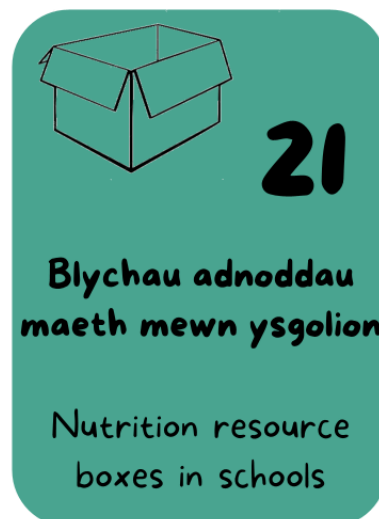
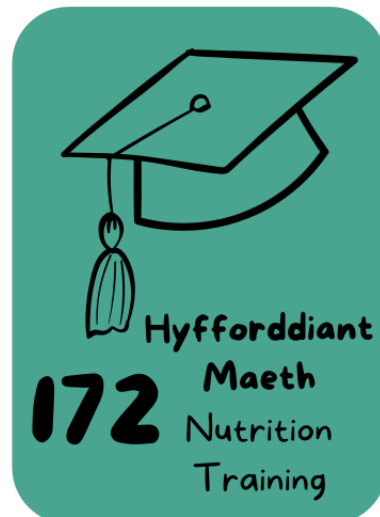
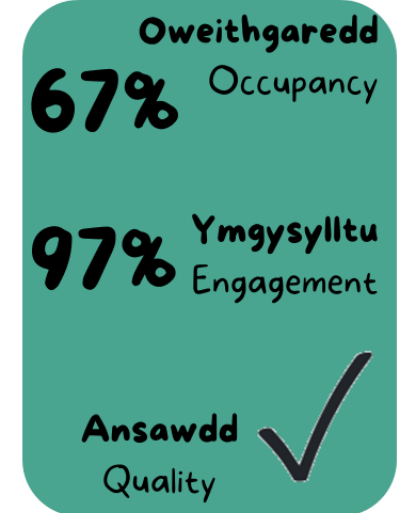
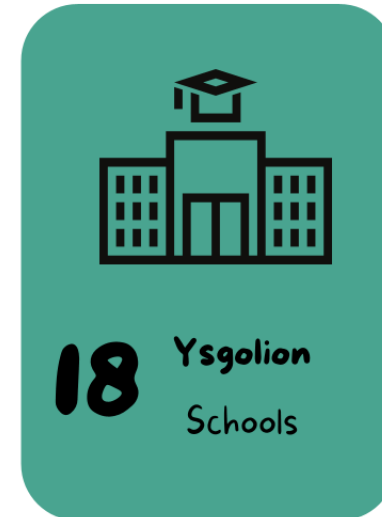
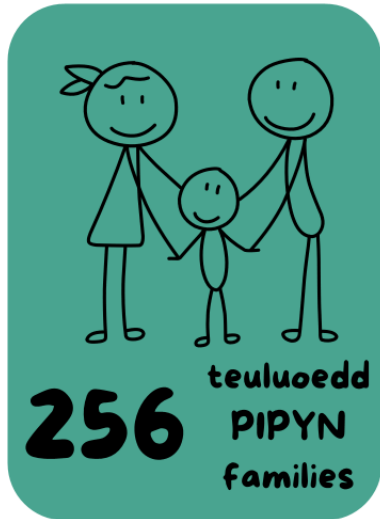
An easy read guide for young people



This document was written by the Welsh Government. It is an easy read version of 'A young person's guide to the new Curriculum for Wales.'

February 2022

Healthy Settings Lleoliadau Iach





Achievements



Cyflawniadau

Joint partnership work plan

Improved understanding of the importance of food and drink

Improved Food and drink provision

Dovetailing messages across services and the curriculum

Increased uptake of Free School Meals

WG example of best practice

Improved staff behaviours and role modelling

Cynllun gwaith partneriaeth ar y cyd

Gwell dealltwriaeth o bwysigrwydd bwyd a diod

Gwell darpariaeth bwyd a diod

Cydblethu negeseuon ar draws gwasanaethau a'r cwricwlwm

Mwy o bobl yn manteisio ar Brydau Ysgol am Ddim

Enghraifft o arfer gorau gan Lywodraeth Cymru

Ymddygiadau staff gwell a modelu rôl

Next Steps

Annual support timetable for schools-based staff

Appreciative Enquiry feedback from families and stakeholders

Continue building connections, trust and influencing healthy settings

Investigate causal loop diagrams further

CTM Health and Education Partnership

Improved food and drink provision for events

Camau Nesaf

Amserlen gymorth flynyddol ar gyfer staff mewn ysgolion

Parhau ag adborth Ymchwiliad Gwerthfawrogol gan deuluoedd a rhanddeiliaid

Parhau i adeiladu cysylltiadau, ymddiriedaeth a dylanwadu ar leoliadau iach

Ymchwiliwch ymhellach i ddiagramau dolen achosol

Partneriaeth Iechyd a Addysg CTM

Darpariaeth bwyd a diod well ar gyfer digwyddiadau/dathliadau



Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board



HEALTHY
START



Pwysau lach: Cymru lach



Healthy **Weight**: Healthy Wales



**Any intervention is meaningless unless we can
create healthy environments around people**



**Mae unrhyw ymyrraeth yn ddiystyr oni bai ein bod
yn gallu creu amgylcheddau iach o amgylch pobl**



**Thank you!
Diolch!**



@CTMfoodandfun



@CTMUHBDietetics



@MerthyrPIPYN

Beth yw'r her fwyaf o
ran bwyd ysgol yn
eich barn chi? Maeth,
blas, neu logisteg?

Which do you think is
the biggest challenge
in school food?
Nutrition, taste, or
logistics?





GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

**Beth yw'r un peth yr
ydych chi wedi'i
ddysgu a byddwch
chi'n gweithredu
arno ar ôl heddiw?**

**What's the one thing
you'll take away and
act on after today?**



Diolch i bawb sydd wedi cyfrannu at y gwaith a'r weminar hon:

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Beth Preece, Prif Faethegydd Iechyd y Cyhoedd

Lucy Jayne RNutr, Lillie Price RNutr

Tania Jones, Gemma James, Lorna Bennett, Iechyd
Cyhoeddus Cymru

Ruth Fairchild ac Alice Gilmour, Prifysgol
Metropolitan Caerdydd

Laura England, Lydia Orford, Bwrdd Iechyd
Prifysgol Betsi Cadwaladr

Shelley Powell, Bwrdd Iechyd Prifysgol Cwm Taf
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University

Laura England, Lydia Orford, Betsi Cadwaladr University
Health Board

Shelley Powell, Cwm Taf Morgannwg University Health
Board



**Thank you for listening.
Any questions?**