

Treatment:

Treatment is available to everyone.

Hepatitis C can be cured with a simple course of tablets.

Treatment is just one dose of tablets a day. No injections.

Treatment has very few side effects and a very high success rate. Treatment needs to be taken for 8-12 weeks in most cases.

12 weeks after your treatment finishes a further test will be taken to check that treatment has been effective.

If a person remains at risk from hepatitis C it's good practice to test them every 12 months.

Patient Stories:

'Hepatitis is silent, so you don't know what it's doing until you're tested. You may feel weak or tired, but that's all. The test and meds saved my life.'

Andy, South Wales

To order a free hepatitis C testing kit to be delivered to your home, scan the QR code below, or visit: phw.nhs.wales/hep-c/



This picture shows an at home testing kit. There are other ways of testing available.

Support:

Support is available for anyone affected by hepatitis C through The Hepatitis C Trust's confidential phone number: **020 7089 6221**.



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Hepatitis C

Get tested. Get treated.
Get cured.



What is Hep C?

Hepatitis C is a blood borne virus. It is transmitted when blood from someone with hep C enters another person's blood stream.

If untreated, it can cause damage and cancer to the liver

Treatment is easy and available.

Risk Factors - have you...



Had unprotected sex (with possibility of blood-to-blood contact) with someone who may have had hepatitis C?



Had beauty treatments using needles which may not have been sterilised, including semi-permanent make up?



Had a piercing, tattoo, cut-throat shave or acupuncture using equipment which may not have been sterilised?



Had a blood transfusion before 1996?



Had dental or medical treatment abroad in unsterile conditions?



Not been tested after a needle stick injury?



Had a chance of your mother having hepatitis C during childbirth?



Shared needles or other equipment used for injecting and snorting drugs, including crack pipes?



This picture shows a dry blood spot test. There are other ways of testing available.

Early Symptoms of a Hepatitis C Infection:

Not everyone experiences symptoms of an early hepatitis C infection. Symptoms can sometimes be misinterpreted as another illness, and a person might not experience all symptoms.

- High temperature (above 38C)
- Tiredness
- Loss of appetite
- Abdominal pain
- Feeling sick/vomiting
- Jaundice (yellowing of skin or eyes)

You can also find out more about the symptoms of hepatitis C by visiting our website here:

hepculater.com/what-is-hep-c/