Mae Brechu yn achub bywydau
Vaccination saves lives

GIG CYMRU NHS WALES
Iechyd Cyhoeddus Cymru
Public Health Wales

# Mae brechu yn eich amddiffyn chi a'ch baban

Sganiwch fi i fynd i wefan Iechyd Cyhoeddus Cymru

Dewch â'r cofnod hwn i bob un o'ch apwyntiadau cyn-geni fel y gall staff gofal iechyd gofnodi eich brechiadau. **Mae angen yr wybodaeth sydd ar y sticer hwn ar gyfer Ystadegau Gwladol.**

| Brechiadau | Wedi trafod Do | Naddo | Wedi gwrthod (ticiwch) | Dyddiad a roddwyd | Beichiogrwydd (wythnosau) | Blaen lythrennau |
|---|---|---|---|---|---|---|
| Y pas (o 16 wythnos oed) | ☐ | ☐ | ☐ | | | |
| RSV (o 28 wythnos oed) | ☐ | ☐ | ☐ | | | |
| Y ffliw (tymhorol) | ☐ | ☐ | ☐ | | | |

**I gael yr amddiffyniad gorau, gwnewch yn siŵr eich bod yn gyfredol o ran yr holl frechlynnau a argymhellir.**

# Vaccination protects you and your baby

Scan me to go to the Public Health Wales website

Please bring this record to all your antenatal appointments so healthcare staff can record your vaccinations. **The information on this sticker is required for national statistics.**

| Vaccination | Discussed Yes | No | Declined (please tick) | Date given | Gestation (weeks) | Initials |
|---|---|---|---|---|---|---|
| Whooping cough (from 16 weeks) | ☐ | ☐ | ☐ | | | |
| Respiratory syncytial virus (RSV) (from 28 weeks) | ☐ | ☐ | ☐ | | | |
| Flu (seasonal) | ☐ | ☐ | ☐ | | | |

**For the best protection, make sure you are up to date with all recommended vaccines.**