GIG CYMRU NHS WALES | Iechyd Cyhoeddus Cymru Public Health Wales

Sgrinio Smotyn Gwaed Newydd-anedig Cymru Newborn Bloodspot Screening Wales

Your baby's screening result: Cystic fibrosis (CF) is suspected

Your baby's newborn bloodspot test (heel prick test) suggests they may have cystic fibrosis (CF).

Your baby will need more tests to confirm whether they have CF.

What is CF?

CF is a rare but treatable inherited condition.

Babies with CF can produce a thick and sticky mucus that affects the lungs and digestive system. If left untreated, CF can lead to long term health problems.

With early diagnosis and treatment, babies with CF can grow and develop normally, and people with CF can live healthy, active lives.

What happen next?

A specialist team will arrange more tests to confirm whether your baby has CF.

It may take a few days for you to receive the results of these tests.

If tests confirm that your baby has CF, you will receive further support and care from the specialist team who will explain the condition in more detail, answer your questions and start treatment promptly.

How you might be feeling:

It's completely natural to feel worried or unsure when your baby needs further testing. You can find more information and support from the following groups:

Cystic Fibrosis Trust

- Website: www.cysticfibrosis.org.uk
- Phone: 0300 373 1000 or 020 3795 2184 (Monday–Friday 10am-4pm)
- Email: helpline@cysticfibrosis.org.uk
- WhatsApp: 07361 582053

Contact details for the specialist team:

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Version 2, May 2026

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Clarity approved by Plain English Campaign