

**Easy Read**

# Reasons why you need more tests



V3: 06/26



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WALES**

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Wales



[www.phw.nhs.wales/breast-screening](http://www.phw.nhs.wales/breast-screening)

Scan here



# How to use this leaflet



You may need help and support to read and understand this leaflet.

Ask someone you know to help you.

Public Health Wales manages the NHS **screening** programmes in Wales.

**Screening** means checking people for some types of cancer and other health problems.

Difficult words will be explained in a blue box.



This leaflet is also available in Welsh.



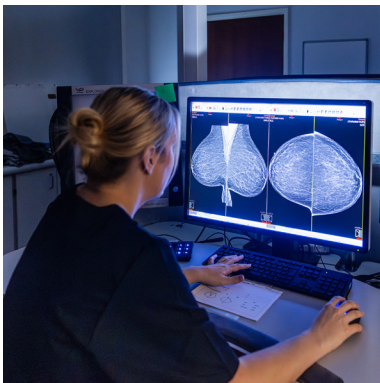
At the top of each page there is a different colour.

This is to help you find what you are looking for.

# Contents: What is in this leaflet

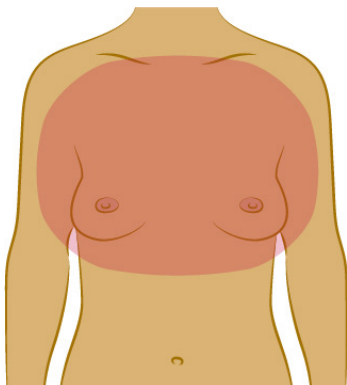
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# Reasons why you need more tests



You have been asked to come back for more tests.

This is because changes have been found on your breast X-rays.



Most changes are not breast cancer. More tests will help to find out what the changes are.



Your letter will tell you where and when to go for your appointment.



You may spend a morning or afternoon at the screening centre.

# Going for more tests



[Contact us](#) before your appointment if you have a disability or need support.



You can come with a family member, friend, carer or support worker.



Wear clothes you can take off easily.

You will need to take off your top and bra.



We will tell you what tests you need when you come for your appointment.

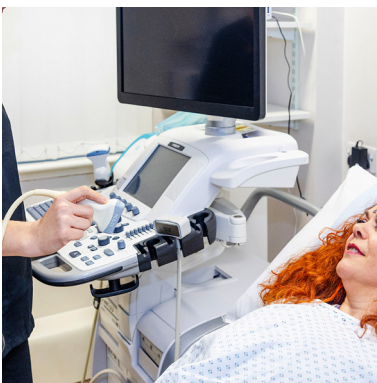
# About the tests



Breast X-rays are taken.



We will check your breasts for any lumps or changes.



**Ultrasound scan** - We will put some gel on your breast and move the scanner over the gel. This will give a picture of inside your breast.

An **ultrasound scan** takes a picture of inside your breast.

# More about the tests



You will be given an injection of **local anaesthetic**.

A **local anaesthetic** is a medicine that helps stop pain. This is put into your breast.



A **biopsy** from your breast or armpit will be taken. A special needle will be used.

A **biopsy** means taking a small piece of tissue from under your skin.



It is safe for most people to have a local anaesthetic and biopsy.

The doctor will talk to you about having these tests.

# More about the tests



Sometimes there can be problems after having a biopsy. You may:

- need to have it again;
- get an infection; or
- have bruising.



If you have had a biopsy and you feel unwell, or your breast is:

- painful;
- hot;
- red; or
- swollen.

Contact your doctor or ring 111.

# Your breast test results



You may be told your results before you leave the screening centre.



If you have a biopsy, results will take up to 2 weeks.

You will be given an appointment before you leave.



Some people will have breast cancer.

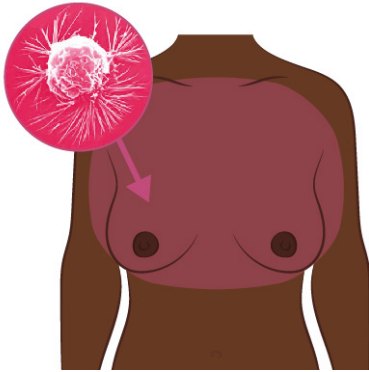
A doctor will talk to you about the treatment you can have.

A breast care nurse will support you.



Finding cancer early gives you the best chance of getting better.

# More about your breast test results



Screening does not always find breast cancer.

Having breast screening does not stop you from getting breast cancer.



If you have more tests, it does not mean you have breast cancer.



Talk to your doctor if you see or feel a change in your breasts.

This is important even if you have had screening.

# Where can I get more information?



You can phone or email us:

## South East Wales:

Phone: [029 2039 7222](tel:02920397222)

Email: [south-breast-screening@wales.nhs.uk](mailto:south-breast-screening@wales.nhs.uk)

## West Wales

Phone: [01792 459988](tel:01792459988)

Email: [west-breast-screening@wales.nhs.uk](mailto:west-breast-screening@wales.nhs.uk)



## North Wales

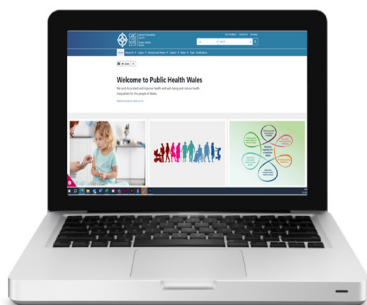
Phone: [01492 860888](tel:01492860888)

Email: [north-breast-screening@wales.nhs.uk](mailto:north-breast-screening@wales.nhs.uk)



You can contact us in Welsh or English.

It will take us the same amount of time to answer you whichever language you choose.



You can visit our website:

[www.phw.nhs.wales/breast-screening](http://www.phw.nhs.wales/breast-screening)

**BREAST  
CANCER  
NOW** The research &  
support charity

For more information and support about breast cancer visit:

[www.breastcancer.org](http://www.breastcancer.org)