

# Reasons why you need more tests



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Wales



[phw.nhs.wales/breast-screening](http://phw.nhs.wales/breast-screening)

# How to use this leaflet

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This is an Easy Read leaflet. The words are easy to read and understand. Difficult words are in **bold** the first time they are used.



You may need help and support to read and understand this leaflet. Ask someone you know to help you.



This leaflet is available in Welsh.

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# Reasons why you need another test

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You have been asked to come back for more tests. This is because changes have been found on your **breast X-rays**.



Most changes are not breast cancer and nothing to worry about. But we need to make sure.



Your letter will tell you where and when to go for your appointment.



Tests may take some time.

You may spend a morning or afternoon at the screening centre.

# Going for more tests



Let us know before your appointment if you have a disability or need support.



You can come with a family member, carer or support worker.



It is easier to wear a top with trousers or a skirt. This is because you will need to take off your top and bra.



There are different tests we carry out. You may need some or all of them.

# About the tests

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More breast breast x-rays are taken.



We will check your breasts for any lumps or changes.



**Ultrasound scan** - We will put some gel on your breast and move the scanner over the gel.

This will give a picture of inside your breast.

# About the tests



**Biopsy** - A small piece of **tissue** from your breast or armpit will be taken. A special needle will be used.

**Tissue** is made up from cells under your skin.



You will be given an injection of **local anaesthetic**.

This is put into the breast to stop any pain.



It is safe for most people to have a **local anaesthetic** and **biopsy**.

The doctor will talk to you about having these tests.

# About the tests

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Sometimes there can be problems after having a **biopsy**. You may:

- need to have it again
- get an infection
- have bruising that needs to be drained.



If you have **breast implants** they may be damaged.

Implants are put into your breasts to change the shape or size.



Contact your doctor or ring 111 if you feel unwell or your breast is:

- Painful
- Hot
- Red
- Swollen



# Your breast test results



You may be told your results before you leave the screening centre.



If you have a **biopsy**, results will take up to 2 weeks.

You will be given an appointment before you leave.



Some people will have breast cancer.

A doctor will talk to you about the treatment you can have.

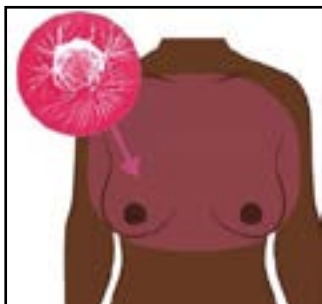
A nurse will support you.



Finding cancer early gives you the best chance of getting better.

# Your breast test results

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Screening does not stop you from getting breast cancer.

Screening does not find all breast cancers.



You may have tests and not have breast cancer.



Talk to your doctor if you see or feel a change in your breasts.

It is important even if you have had screening.



# Where can I get more information

## South East Wales



Phone: 029 2039 7222



Minicom: 029 2078 7907

Email: [south-breast-screening@wales.nhs.uk](mailto:south-breast-screening@wales.nhs.uk)

## West Wales



Phone: 01792 459988



Minicom: 01792 453110

Email: [west-breast-screening@wales.nhs.uk](mailto:west-breast-screening@wales.nhs.uk)

## North Wales



Phone: 01492 860888



Minicom: 01492 863503

Email: [north-breast-screening@wales.nhs.uk](mailto:north-breast-screening@wales.nhs.uk)



You can contact us in Welsh or English. It will take us the same amount of time to answer you in Welsh or English.



You can visit our website:

[www.phw.nhs.wales/breast-screening](http://www.phw.nhs.wales/breast-screening)



For more information and support about breast cancer visit:

[www.breastcancernow.org](http://www.breastcancernow.org)

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